

London's Child & Youth Network  
2018 Progress Report



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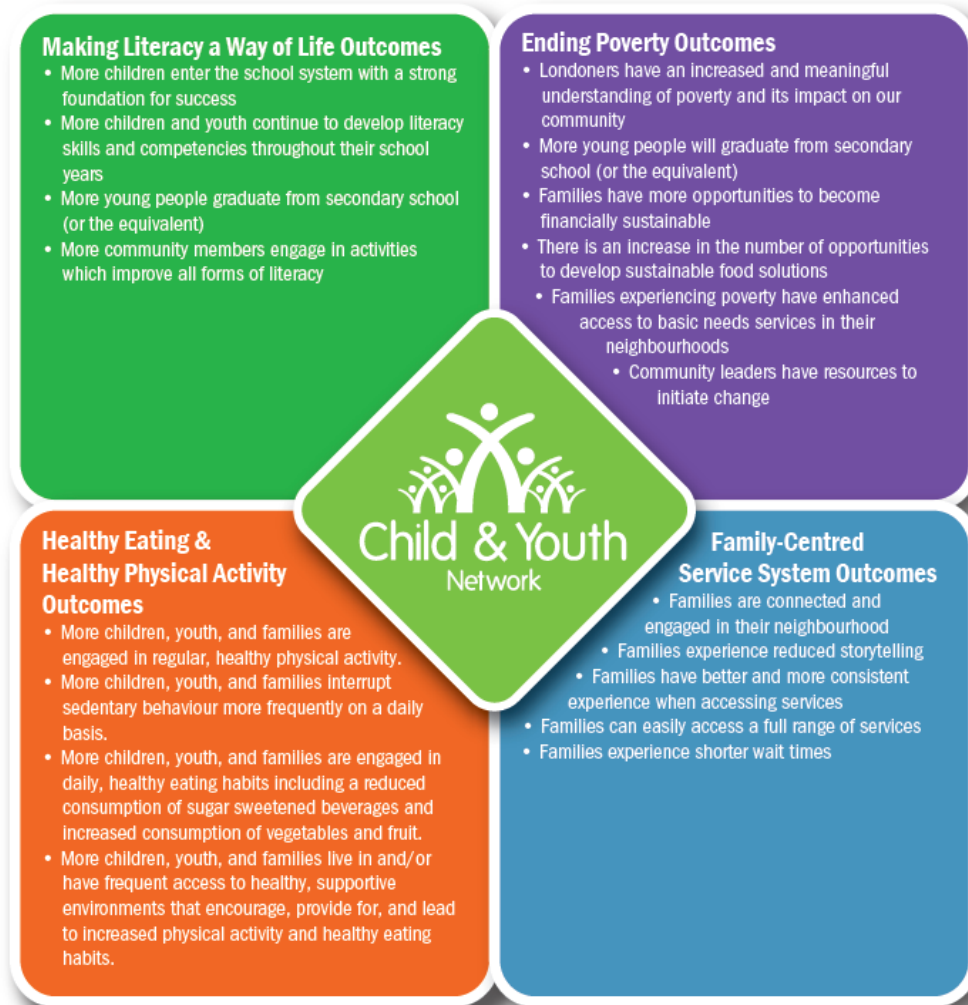
# How to read this document

This document outlines the progress the Child & Youth Network (CYN) has made this year toward reaching its collective goals. The first section of this document describes the CYN and what the network aims to achieve. The second section describes the actions and accomplishments that were achieved throughout 2018, and the steps the CYN will take in 2019 to further this work. The third section outlines how the network hopes to understand the impact in the community through different levels of measurement.

Different symbols are used throughout the document. These symbols describe the status of each of the projects and initiatives. A legend has been provided that outlines what each of these symbols mean.

| Legend               |  |
|----------------------|--|
| ✓ Complete           | An action step is completed in line with the project plan  |
| ↑ In progress        | An action step is in progress and carried over to the next year  |
| □ Under review/ended | An action step is under review or has ended due to lack of evidence and/or resources to support implementation |

# Child & Youth Network Priorities and Outcomes



## Child & Youth Agenda

London's Child & Youth Agenda 2017-2021

### Introduction

It has been over 10 years since the London community brought different perspectives, backgrounds and interests to the table. For over a decade, the Child & Youth Network (CYN) has been thinking differently about how community partners work together to support families in London. The challenges the CYN has taken on – poverty, health, literacy, and service integration – are complex, yet change is happening.

Since 2017, CYN partners have been implementing *London's Child & Youth Agenda, 2017-2021*. This is the third collaboratively developed plan for change in our community. This agenda is the CYN's (re) commitment to London families, and it is with London families that this work is accomplished. 2018 marked the completion of the second year of deepening the CYN's efforts in a more intentional and impactful way. The purpose of this report is to provide an overview of the progress and key achievements made in 2018. As well, this report highlights some community impacts and the allocation of resources to support implementation of the Child and Youth Agenda.

### Vision

*"Happy, healthy children and youth today; caring, creative, responsible adults tomorrow"*

### Network Membership

London's Child & Youth Network is proud to be made up of over 170 organizations and service providers. Please visit [londoncyn.ca](http://londoncyn.ca) for a list of our partners.

### 2018 Highlights

- Implemented *"On the Move" Let's Start Talking Conversation cards*, bus activities and promotion, a 4 month *It all Starts with Words / 2000 Words to Grow* Literacy Education Campaign refresh focused on healthy screen time and family time, and a locally created video imparting the importance of literacy...right from the start! through the Healthy Kids Community Challenge
- Increased literacy in built environments, namely community spaces where families live and play
- Implemented multiple outdoor physical activity based built environment projects to provide more opportunities for outdoor play, community gatherings, and physical activity, including planting trees and shrubs, installing play circle and Frisbee golf nets, and upgrading playgrounds
- Scaled up the Harvest Bucks program with over \$205,000 worth of Harvest Bucks to increase access to healthy fruits and vegetables
- Launched *Healthy Words*, a new intervention, co-created with Nurse Practitioners and literacy experts, for implementation by healthcare providers, that builds on Baby's Book Bag to reach families with quality literacy resources and information at the 15 month well baby visit
- Implemented the London Good Food Box training where 12 organizations were trained on the program, which has resulted in an average of 360 food boxes per month to Londoners
- Scaled up the Holiday Toy and Food Collaborative to 9 organizations participating in the coordination efforts for over 6,500 London families
- Recruited two more service providers for the ACT-I-Pass Program: YMCA Bostwick and Palasad South
- Opened the doors to Family Centre Fanshawe, our 7th Family Centre, and began operating programs and delivering services
- Developed and began implementing a community plan to move our Family-Centred Service System into high-performance by 2020

## Making Literacy a Way of Life

Making Literacy a Way of Life

### Introduction

Literacy Priority partners continued to make significant strides toward the community's vision of making literacy a way of life in London. Partners focused on reviewing and modifying program models required for the ongoing operation of collective projects, as demonstrated by the London Public Library's investment in streamlining, increasing efficiencies, and taking on an even bigger role in the behind-the-scenes work required for getting *Baby's Book Bag* to families. Also this year, Literacy priority partners increased collective efforts to extend the reach of family literacy to more parents and children across the city with new and scaled up activities in neighbourhoods and across the city as a whole.

For 2019, Literacy Priority partners will continue to scale up proven interventions, such as *Baby's Book Bag*, with the launch of online training that is more accessible and attainable for the diverse range of professionals connected to expecting and new families. Partners are also committed to incubating new interventions, such as a literacy-focused wraparound initiative to support young people with the successful transitions to secondary school and a local, co-created community-wide model for increasing secondary school graduation rates.

#### Chair(s)

Lisa Manax Skikos, London Public Library

### Vision

Literacy is a way of life in London.

### Goal

To ensure children, youth and families in London develop strong literacy skills and competencies needed to fully participate, engage and thrive throughout their lives.

### Examples of Success

"London Public Library will start making board games and card games available for borrowing. A selection of 10 games per location for children, teens, and families. Supports literacy, critical thinking and problem-solving skills (also reducing screen time)." -London Public Library

- "Introduced a spring literacy initiative 1,2,3 Read Write Succeed Grades 4-6). Centre based program on reading, writing, and spelling patterns for students with a learning disability in reading and/or writing. Enhanced learning technology is also implemented with LEXIA" -Learning Disabilities Association of London Region
- "Continued to promote literacy through book time with toddlers and preschool age children in daycare" -Salvation Army London Village
- "Investing in Children has ramped up their Family Literacy & Math events that have been part of an existing partnership with TVDSB since 2005 at identified schools." -Investing in Children

2018 Action Steps

Making Literacy a Way of Life

| Strategy                             | Initiative                              | Action Steps  | Accomplishments and Variance   |
|--------------------------------------|---|---|--|
| <p>↑ Promote Literacy from Birth</p> | <p>↑ Baby's Book Bag</p>                | <p>↑ Partners will host refresh training sessions with 50 key partners already sharing Baby's Book Bags and coupons with families in London</p>   | <ul style="list-style-type: none"> <li>Initiated development of online webinar to increase the number of trained partners, and, in turn, the reach of families receiving Baby's Book Bag and key messages about the importance of early literacy; training to launch in January 2019</li> </ul>  |
|                                      |   | <p>✓ Partners will produce a short educational video about the importance of literacy for babies, to share with parents and professionals. Partners will develop and implement plans for effective promotion and distribution of the video, including in presentations to new and expecting parents and in training sessions with service providers who work with the target audience</p> | <ul style="list-style-type: none"> <li>Launched Literacy...right from the start! video featuring Dr. Jean Clinton and local families and community resources in four key languages</li> </ul>  |
|                                      |   | <p>↑ Partners will seek ongoing community funding / sponsorship so the initiative can be fully incubated as a community-led and sustained initiative</p>  | <ul style="list-style-type: none"> <li>Kiwanis Club of Forest City-London contributed \$19,000</li> </ul>  |
|                                      |   | <p>↑ Partners will reach more families by increasing the number and diversity of organizations trained and distributing the resource, including: settlement service organizations; Social Service caseworkers; Doulas, midwives and other healthcare providers; organizations supporting children in care; and others who have trusting relationships with expecting and new parents</p>  | <ul style="list-style-type: none"> <li>Distributed 1,465 Baby's Book Bags to families via the London Public Library, Middlesex-London Health Unit, Family Centres / EarlyON locations in London, London Health Sciences Centre's Paediatric Family Resource Centre, City of London Social Services sites and others</li> <li>Trained 25 City of London Social Services Caseworkers to distribute Baby's Book Bag and key messages</li> </ul> |
|                                      | <p>↑ Healthcare Provider Engagement</p> | <p>✓ Partners will continue to build the network of healthcare provider champions</p>   | <ul style="list-style-type: none"> <li>Completed presentation to 26 Nurse Practitioners about early literacy, the role healthcare providers can play, CYN resources and engagement in development of pilot initiative to engage families in literacy at check ups and office visits</li> </ul>   |
|                                      |   | <p>✓ Partners will utilize opportunities such as Grand Rounds, Conferences, and others to share key messages about the connections between health and literacy with healthcare providers</p>  | <ul style="list-style-type: none"> <li>Completed presentation about Baby's Book Bag and <i>Your Prescription for Literacy</i> to 30 healthcare professionals at a Paediatric Grand Rounds</li> </ul>   |
|                                      |   | <p>↑ Partners will work with post-secondary institutions to understand programs that are connected to healthcare and education fields. Further, they will explore where there is potential for the inclusion of more and different key literacy messages into programming and curriculum</p>  | <ul style="list-style-type: none"> <li>Continued conversations previously initiated with Schulich School of Medicine and Dentistry; further conversations will take place in 2019</li> </ul>   |
|                                      |   | <p>✓ Partners, including healthcare champions will finalize the development and evaluation plans for the pilot of the local model for increasing access to literacy resources and messages for parents and other key influencers of babies and young children via healthcare providers</p>  | <ul style="list-style-type: none"> <li>Developed <i>Healthy Words</i>, a pilot initiative, where healthcare providers provide families with a quality board book and key messages about engaging toddlers and young children at the 15 months well-baby check up</li> </ul>  |

| Strategy   | Initiative  | Action Steps  | Accomplishments and Variance  |
|--|---|---|---|
|  |   | <ul style="list-style-type: none"> <li>✓ Partners, including healthcare champions will implement the co-created local model for increasing access to literacy resources and messages for parents of babies and young children</li> </ul>  | <ul style="list-style-type: none"> <li>• <i>Healthy Words</i>, a pilot intervention wherein healthcare providers provide families with a quality board book and key messages about engaging toddlers and young children at the 15 month well-baby check up launched in 2 sites in London</li> </ul> |
| <ul style="list-style-type: none"> <li>↑ Improve Literacy in the School Age Years</li> </ul> | <ul style="list-style-type: none"> <li>↑ Literacy-focused Wraparound Project</li> </ul>   | <ul style="list-style-type: none"> <li>■ Initiate and implement a process to determine whether each of the developed literacy interventions include core intervention elements (identified in <i>Literacy and Transition to High School: A Review of the Literature</i>)</li> </ul>   | <ul style="list-style-type: none"> <li>• This step will be initiated once mapping of community programs and supports is completed in 2019</li> </ul>  |
|  |   | <ul style="list-style-type: none"> <li>■ Partners will address gaps in core intervention elements</li> </ul>  | <ul style="list-style-type: none"> <li>• This step will be initiated once community programs and supports are reviewed in 2019</li> </ul>   |
|  |   | <ul style="list-style-type: none"> <li>↑ Partners will engage in a process to map the programs and activities that will make up the Grade 7 and 8 Wraparound Demonstration Project that will intentionally incorporate literacy interventions (identified in <i>Literacy and Transition to High School: A Review of the Literature</i>)</li> </ul>  | <ul style="list-style-type: none"> <li>• Steering Committee established to guide this initiative</li> <li>• Initiated process in order to understand current community programs and supports in Argyle neighbourhood</li> </ul>   |
|  |   | <ul style="list-style-type: none"> <li>✓ Partners will re-design the Grade 7 and 8 Wraparound Demonstration Project Logic Model to add literacy as a main component with specific objectives, outputs and outcomes</li> </ul>   | <ul style="list-style-type: none"> <li>• Completed logic model</li> </ul>   |
|  |   | <ul style="list-style-type: none"> <li>■ Partners will review community programs and supports and (1) Approach organizations currently offering literacy interventions to determine their interest in becoming a partner, and (2) If it is determined that appropriate interventions do not exist, partners will identify new initiatives to develop that will support young people involved in the initiative</li> </ul> | <ul style="list-style-type: none"> <li>• This step will be initiated once mapping of community programs and supports is completed in 2019</li> </ul>  |
| <ul style="list-style-type: none"> <li>↑ Improve Youth Literacy</li> </ul>                   | <ul style="list-style-type: none"> <li>↑ CYN Youth Project Design (YDP)</li> </ul>  | <ul style="list-style-type: none"> <li>↑ For YPD action steps, review the following initiatives in the Ending Poverty section: Supporting at Risk Youth; Supporting Newcomer Youth; and, Community Workshops and Training</li> </ul>  | <ul style="list-style-type: none"> <li>• See the following initiatives in the Ending Poverty section: <ul style="list-style-type: none"> <li>• Supporting At-Risk Youth</li> <li>• Supporting Newcomer Youth</li> <li>• Community Workshops and Training</li> </ul> </li> </ul>                     |
|  | <ul style="list-style-type: none"> <li>↑ Community-wide, Coordinated model to Increase Secondary School Graduation Rates</li> </ul> | <ul style="list-style-type: none"> <li>↑ Based on selected option, partners will implement option-specific next steps identified in the report</li> </ul>   | <ul style="list-style-type: none"> <li>• Steering Committee established to guide this work</li> <li>• Deferred implementation to 2019 once an option for proceeding is endorsed and evaluation of Boys and Girls Club's Senior My Action Plan to Education (M.A.P.) program is complete</li> </ul>  |

| Strategy  | Initiative   | Action Steps  | Accomplishments and Variance   |
|---|--|---|--|
|   |  | <p>Partners will address considerations for the selected option identified in the report and identify any additional considerations that have emerged through discussion</p>  | <ul style="list-style-type: none"> <li>Considerations will be addressed in 2019 once option for proceeding is endorsed and the results of Boys and Girls Club's Senior My Action Plan to Education (M.A.P.) program evaluation and recommendations are completed</li> </ul>  |
|   |  | <p>Partners will discuss, select, and endorse an option with Literacy priority partners and subsequently seek endorsement from CYN membership</p>   | <ul style="list-style-type: none"> <li>Recommendation for proceeding with developing a Pathways to Education parallel in London made by Steering Committee</li> <li>Steering Committee to seek endorsement of recommendation from Priority and Network partners in 2019</li> </ul>   |
|   |  | <p>Partners will review research findings from Pathways to Education Research, Analysis, and Implementation Options for London's Child &amp; Youth Network (October 2017) with appropriate stakeholders</p>               | <ul style="list-style-type: none"> <li>Initiated the evaluation of Boy's and Girls Club's Senior My Action Plan to Education (M.A.P.)</li> <li>Results of the evaluation will assist in understanding the effectiveness of the program for this initiative</li> </ul>  |
| <p>Engage Parents and Caregivers in Awareness and Promotion of Literacy</p>   | <p>Community-wide Literacy Education Campaign</p>  | <p>Partners will extend the 2000 Words to Grow narrative through the delivery of a literacy education campaign that promotes digital literacy, screen time balance and positive relationship-building within families</p> | <ul style="list-style-type: none"> <li>Completed a four month community-wide literacy education campaign which utilized the strength and successes of the <i>It all Starts with Words/2000 Words to Grow</i> campaign to focus on healthy screen time and family time</li> <li>Campaign resulted in new digital and print assets, and a reach of: <ul style="list-style-type: none"> <li>1,736 page views</li> <li>1,300 website visits</li> <li>44,672 Facebook impressions</li> <li>almost 10,000 Instagram impressions</li> <li>posters and postcards distributed to all 16 branches of the London Public Library, 7 Family Centres and Community Centres</li> </ul> </li> <li>100% of survey respondents found the new content engaging</li> </ul> |
|   |  | <p>Partners will seek ongoing community funding/sponsorship so the initiative can be fully incubated as a community-led and sustained initiative</p>  | <ul style="list-style-type: none"> <li>Completed the Healthy Screen Time and Family Time refresh of <i>It all Starts with Words / 2000 Words to Grow</i> campaign funded via the Healthy Kids Community Challenge</li> </ul>   |
|   | <p>Build Literacy-rich Environments and Integrate Literacy into Community Spaces Across the City</p> | <p>Partners will co-develop strategies for building literacy-rich environments in identified sites according to research-informed best practices</p>  | <ul style="list-style-type: none"> <li>Developed strategies in process for integrating literacy elements into community centres with 2 centres being completed in 2018</li> <li>Elements included: conversation card stands, visual prompts on floors, walls, and stairways to engage users, large colouring materials and "I Spy" podiums</li> </ul>  |
| <p>Partners will develop strategies to integrate CYN Story Strolls into outdoor spaces families' access across the city</p> |  | <ul style="list-style-type: none"> <li>Initiated Story Stroll project in development for White Oaks park</li> <li>Continued implementation in 2019</li> </ul>   |  |



| Strategy   | Initiative   | Action Steps   | Accomplishments and Variance   |
|--|--|--|--|
|  |  | <p>↑ Partners will disseminate materials and information that help business operators, service providers, and other places families access to create and promote family-friendly and literacy-rich environments for their users</p> <p>✓ Partners will engage neighbourhood residents and community partners in planning for literacy in community spaces</p> <p>✓ Partners will scale up Laundromat and Grocery Store Conversations initiatives. Partners will incubate new conversation settings including: bus rides, wading pools, and waiting rooms</p> | <ul style="list-style-type: none"> <li>• Realignment of Blue Boxes for Books, an initiative of Investing in Children, to better support CYN approaches and literacy best practices in progress</li> <li>• Established working group to support integration of literacy and healthy physical activity elements into community centre spaces</li> <li>• Featured conversation card stands with "Let's Start Talking" cards featured in 16 branches of the London Public Library, 5 City of London Social Services sites, 7 Family Centres, and 5 Community Centres</li> <li>• Developed new "On the Move" cards for families to use during their commutes</li> <li>• Promoted "Let's Start Talking - On the Move" initiative to families on over 200 buses and through bus shelter promotions</li> </ul> |
|  | <p>↑ Make it Easier for Families to Access Literacy Services, Supports and Programs</p>                              | <p>▢ Partners will increase depth and breadth of content on the CYN's family literacy website (thisisliteracy.ca) to support current topics of interest and relevant research for parents and caregivers</p> <p>✓ Partners will launch and evaluate effectiveness and reach of Literacy Resources and Supports Map</p> <p>↑ Partners will scale up existing online resources, or will create new ones that provide a family-centred, comprehensive real-time and accessible collection of services and supports for families in London</p>                   | <ul style="list-style-type: none"> <li>• Reviewed results of the CYN's online planning and presence and determined that a more streamlined presence is required</li> <li>• As a result, required content from thisisliteracy.ca will be streamlined onto londonCYN.ca</li> <li>• Launched guide in January 2018</li> <li>• Distributed 350 guides to educators and community professionals across the city</li> <li>• Over 70% of follow up survey respondents indicated the tool met their needs for making it easier for families to access services, supports, and programs</li> <li>• This action step coincides with a community plan to support familyinfo.ca. This work is anticipated to be reviewed in 2019</li> </ul>  |
| <p>↑ Support Community Partners with Professional Learning and Practices</p> | <p>↑ Continuous Learning/Education, Knowledge Mobilization and Supports for Community Partners and Professionals</p> | <p>✓ In cooperation with other CYN priority areas, partners will explore, promote and deliver training/capacity building that supports inter-priority connections and opportunities (i.e. Indigenous Cultural Safety Training)</p>   | <ul style="list-style-type: none"> <li>• Partnered with the Family Centred Service System to support 24 individuals to complete Indigenous Cultural Safety Training and 84 individuals to participate in one of three Roots of Tolerance Workshops offered in 2018</li> </ul>  |

| Strategy | Initiative   | Action Steps  | Accomplishments and Variance   |
|----------|--|---|--|
|          |  | <ul style="list-style-type: none"> <li>✓ Partners will host the annual CYN Family Literacy Conference for Professionals</li> </ul>  | <ul style="list-style-type: none"> <li>• 227 educators and other community professionals participated in the 8th annual professional learning opportunity featuring Cindy Green and Diane Kashin</li> <li>• Integrated the principles of <i>How Does Learning Happen?</i> into the sessions, which focused on story tables and bookmaking</li> <li>• Partners throughout the community continue to utilize the principles and teaching from the day, as evidenced in displays and programming in Family Centres across the city</li> </ul> |
|          |  | <ul style="list-style-type: none"> <li>↑ Partners will meet with key stakeholders from post-secondary institutions to establish collaborative relationships to integrate literacy practices into student learning and to explore research partnerships</li> </ul> | <ul style="list-style-type: none"> <li>• Presented about CYN Literacy and community Literacy Education Campaign to Masters of Library Sciences students at Western University</li> <li>• Participated in the opening of the Provincial Centre of Excellence for Early Years and Childcare</li> <li>• Engaged with team at Western University's Child &amp; Youth Development Clinic</li> </ul>   |
|          |  | <ul style="list-style-type: none"> <li>✓ Partners will update and increase relevant content and promote the CYN Family Literacy website (<a href="http://thisisliteracy.ca">thisisliteracy.ca</a>)</li> </ul>   | <ul style="list-style-type: none"> <li>• Reviewed the CYN's online planning and presence and determined that a more streamlined presence is required</li> <li>• As a result, required content from <a href="http://thisisliteracy.ca">thisisliteracy.ca</a> will be integrated into <a href="http://londonCYN.ca">londonCYN.ca</a></li> </ul>  |
|          | <ul style="list-style-type: none"> <li>↑ Participation and Alignment with Existing Networks and Partnerships in London to Increase Collective Effectiveness</li> </ul> | <ul style="list-style-type: none"> <li>✓ Partners will design a strategy to connect and drive collective efforts</li> </ul>   | <ul style="list-style-type: none"> <li>• Developed a strategy wherein partners share connections and updates as part of a standing agenda item at Literacy Priority Partners meetings</li> </ul>   |
|          |  | <ul style="list-style-type: none"> <li>✓ Partners will reach out to networks, partnerships, and other groups to learn about common efforts and mutual partners who can act as liaisons</li> </ul>   | <ul style="list-style-type: none"> <li>• Connections to networks and partnerships include: <ul style="list-style-type: none"> <li>• Community Early Years Partnership/ Healthcare Provider Committee;</li> <li>• London Middlesex Local Immigration Partnership</li> <li>• CYN Family -Centred Service System Governance Table</li> <li>• Youth Initiatives Update Group</li> <li>• <i>London for All</i> - Early Learning and Education Strategy</li> <li>• Community Connector Network</li> </ul> </li> </ul>                            |
|          |  | <ul style="list-style-type: none"> <li>↑ Partners will understand where work is taking place and where gaps exist</li> </ul>  | <ul style="list-style-type: none"> <li>• Developed a strategy wherein partners share connections and updates as part of a standing agenda at Literacy Priority Partners meetings</li> </ul>  |

2019 Action Steps

Making Literacy a Way of Life

| Strategy  | Initiative                                   | Action Steps   |
|---|--|--|
| <p>↑ Promote Literacy from Birth</p>              | <p>↑ Baby's Book Bag</p>                     | <ul style="list-style-type: none"> <li>Partners will champion the online training through promotion, engagement, and sharing through their networks and online platforms.</li> </ul>   |
|   |  | <ul style="list-style-type: none"> <li>Partners will develop solutions for continuing to share the resource with expecting parents.</li> </ul>   |
|   |  | <ul style="list-style-type: none"> <li>Partners will increase the number and diversity of organizations trained and distributing the resource including: staff from Family Centres, settlement services organizations, Social Services caseworkers, Doulas, Midwives and other healthcare providers, and others who have trusting relationships with expecting and new parents.</li> </ul> |
|   |  | <ul style="list-style-type: none"> <li>Partners will refine production, logistics, and distribution systems to increase efficiencies.</li> </ul>   |
|   | <p>↑ Healthcare Provider Engagement</p>      | <ul style="list-style-type: none"> <li>Partners will assess and evaluate the Healthy Words pilot initiative and refine accordingly.</li> </ul>   |
|   |  | <ul style="list-style-type: none"> <li>Partners will continue to build the network of healthcare provider champions.</li> </ul>  |
|   |  | <ul style="list-style-type: none"> <li>Partners will continue to use opportunities such as Grand Rounds, conferences, and others to share key messages about the connections between health and literacy with healthcare providers.</li> </ul>   |
|   |  | <ul style="list-style-type: none"> <li>Partners will engage the healthcare sector to lead this initiative.</li> </ul>  |
|   |  | <ul style="list-style-type: none"> <li>Partners will explore where there is potential for the inclusion of more and different key literacy messages into programming and curriculum.</li> </ul>  |
|   |  | <ul style="list-style-type: none"> <li>Partners will work with post-secondary institutions to understand programs that are connected to the healthcare and education fields.</li> </ul>  |
| <p>↑ Improve Literacy in the School Age Years</p> | <p>↑ Literacy-focused Wraparound Project</p> | <ul style="list-style-type: none"> <li>Partners will address gaps in core intervention elements.</li> </ul>  |
|   |  | <ul style="list-style-type: none"> <li>Partners will draft a program model for endorsement by Literacy Priority partners and in turn, CYN membership.</li> </ul>   |
|   |  | <ul style="list-style-type: none"> <li>Partners will finalize the mapping of existing activities, supports and interventions for young people in Grades 7 and 8 in the pilot neighbourhood (Argyle).</li> </ul>  |
|   |  | <ul style="list-style-type: none"> <li>Partners will initiate and implement a process to determine whether each of the developed literacy interventions include core intervention elements (identified in Literacy and Transitions to High School: A Review of the Literature).</li> </ul>   |

| Strategy  | Initiative   | Action Steps  |
|---|--|---|
| <p>↑ Improve Youth Literacy</p>   | <p>↑ CYN Youth Project Design (YDP)</p>  | <p>Partners will review community programs and supports and: - approach organizations currently offering literacy interventions to determine their interest in becoming a partner. If partners determine that appropriate interventions do not exist, partners will identify new initiatives to develop that will support young people involved in the initiatives.</p>   |
|   | <p>↑ Community-wide, Coordinated model to Increase Secondary School Graduation Rates</p>               | <p>Refer to the following initiatives in the Ending Poverty section: Supporting At-Risk Youth, Supporting School Aged Newcomers, Community Workshops and Training.</p>  |
|   |  | <p>Considerations include: Determine which organization can serve as host and identify stable resources for long-term investment in the program, determine how the significant and instrumental Student Parent Support Worker role will be integrated into the model. (2/3)</p>   |
|   |  | <p>Determine if there are stable, viable sources of support to meet the expected annual costs of a typical Pathways to Education program. (3/3)</p>   |
|   |  | <p>Partners will address considerations for developing a Pathways to Education parallel for London (if endorsed) identified in Pathways to Education Research, Analysis, and Implementations for London's Child &amp; Youth Network (October 2017) with appropriate stakeholders. (1/3)</p>   |
|   |  | <p>Partners will conduct and evaluation of Boys and Girls Club's Senior My Action Plan to Education (M.A.P.) to understand the program's alignment to the evidence based Pathways to Education program.</p>   |
|   |  | <p>Partners will discuss, select and seek endorsement to develop a Pathways to Education parallel for London with Ending Poverty partners, and subsequently seek endorsement from CYN membership.</p>   |
| <p>↑ Engage Parents and Caregivers in Awareness and Promotion of Literacy</p> | <p>↑ Community-wide Literacy Education Campaign</p>  | <p>Partners will implement strategies for the existing campaign to be fully accessible and operational by the community. Partners will gather all existing digital materials from past iterations of the campaign into one digital location, and work with backbone staff involved with CYN online presence to determine the digital footprint for 2000wordstogrow.ca and related content on thisisliteracy.ca and how it will be effectively accessed.</p> |
|   | <p>↑ Build Literacy-rich Environments and Integrate Literacy into Community Spaces Across the City</p> | <p>Partners will align the Blue Boxes for Books initiative with CYN Literacy principles and approaches and launch a revised model.</p>  |
|   |  | <p>Partners will develop and pilot a story stroll in the outdoor space at White Oaks park.</p> <p>Partners will engage with family service providers to increase literacy-rich components of reception and waiting areas.</p>   |

| Strategy  | Initiative   | Action Steps   |
|---|--|--|
|   | <p data-bbox="459 354 494 391">↑</p> <p data-bbox="505 310 782 435">Make it Easier for Families to Access Literacy Services, Supports and Programs</p>   | <ul style="list-style-type: none"> <li data-bbox="819 152 2588 217">▬ Partners will scale up existing Let's Start Talking Conversations initiatives to spaces and places across the city and incubate new conversation settings including waiting rooms and restaurants.</li> <li data-bbox="819 228 2588 293">▬ Partners will work with Healthy Eating and Healthy Physical Activity (HEHPA) partners to increase the number of community facilities and other gathering spaces with literacy and HEHPA elements and features integrated into build environment spaces.</li> <li data-bbox="819 305 2588 370">▬ Partner will scale up existing online resources or create new ones that provide a family-centred, comprehensive, real-time, and accessible collection of services and supports for families in London.</li> <li data-bbox="819 451 2588 483">▬ Partners will investigate collaborative school readiness programs for families with children entering Kindergarten at Family Centres.</li> <li data-bbox="819 524 2588 557">▬ Partners will investigate the development of resources and campaigns to educate newcomer families about the importance of literacy.</li> <li data-bbox="819 597 2588 630">▬ Partners will refine the tool based on the evaluation of Literacy Resources in London: A Resource for Professionals.</li> <li data-bbox="819 670 2588 760">▬ Partners will take the opportunity during the refinement and redevelopment of the CYN's online presence to undertake a comprehensive review of thisisliteracy.ca to determine what information is no longer required, what content is important and/or necessary to retain, and where this content will be housed.</li> </ul> |
| <p data-bbox="102 829 137 867">↑</p> <p data-bbox="147 781 405 906">Support Community Partners with Professional Learning and Practices</p> | <p data-bbox="459 862 494 899">↑</p> <p data-bbox="505 781 801 976">Continuous Learning/Education, Knowledge Mobilization and Supports for Community Partners and Professionals</p> <p data-bbox="459 1300 494 1338">↑</p> <p data-bbox="505 1219 787 1414">Participation and Alignment with Existing Networks and Partnerships in London to Increase Collective Effectiveness</p> | <ul style="list-style-type: none"> <li data-bbox="819 781 2588 846">▬ Partners will explore, promote and deliver training/capacity building that supports inter-priority connections and opportunities in cooperation with other CYN priority areas.</li> <li data-bbox="819 992 2588 1024">▬ Partners will host the annual CYN Family Literacy Conference for Professionals.</li> <li data-bbox="819 1065 2588 1130">▬ Partners will meet with key stakeholders from post-secondary institutions to establish collaborative relationships to integrate literacy into student learning and to explore partnerships.</li> <li data-bbox="819 1141 2588 1206">▬ Partners will take the opportunity during the refinement of the CYN's online presence to undertake a comprehensive review of thisisliteracy.ca to determine what information is no longer required, what content is important and/or necessary to retain, and where this key content will be hosted.</li> <li data-bbox="819 1219 2588 1252">▬ Partners will design a strategy to connect and drive collective efforts.</li> </ul>   |

| Strategy | Initiative | Action Steps  |
|----------|------------|---|
|          |            | <ul style="list-style-type: none"> <li data-bbox="809 139 2601 212">■ Partners will reach out to networks, partnerships, and other groups to learn about common efforts and mutual partners who can act as liaisons.</li> <li data-bbox="809 212 2601 285">■ Partners will understand where work is taking place and where gaps exist.</li> </ul> |

## Ending Poverty

Ending Poverty

### Introduction

The Ending Poverty priority partners have a lot to be proud of in 2018. This year was a year of growth and continued exploration of how to align community partners efforts and resources with the Child & Youth Network Agenda. The priority partners welcomed Deb Peckham as a co-chair to the table; Deb brings many years of experience in poverty reduction work from *London for All* and beyond.

While the Ending Poverty priority partners look back on 2018, 2019 is also shaping into a busy year. Partners will be supporting the final phase of development and implementation of the Youth Connector curriculum and the online resource hub. Partners have also committed to exploring the development of a financial empowerment model for London, and increasing secondary school graduation rates through the creation of a community-wide model.

#### Chair(s)

Deb Peckham, London Resident

Cheryl Smith, The City of London

### Vision

To support the vision of *London for All*: London to reach its full potential by ending poverty in a generation (*London for All: A Roadmap to End Poverty*).

### Goal

To support and empower children, youth, and families to break the cycle of poverty.

### Examples of Success

- "Childreach has partnered with Youth for Christ to run Food Families for our teen parents with their children. This began in April." - Childreach
- "The centre has recently transitioned its emergency food cupboard into a 'market' in which individuals can choose items they may need. Along with fresh produce partnership we are able to provide fresh fruits and vegetables as a free option as well. We are also including some of the CYN food based resources to our clients shopping in the market, such as fact sheets, recipes, and further resources" - Glen Cairn Community Resource Centre
- "Through a flow of support to and from Harvest Bucks and Food Families we continue to transition families to self-lead lower cost access to fresh food. This results in more resources in new areas of reducing barriers to support families transitioning out of poverty" - South London Neighbourhood Resource Centre
- "Have initiated organization wide training of Bridges Out of Poverty. London Public Library staff had 2 sessions in 2017 training, with approximately 25 staff. Looking to training all London Public Library staff over 2018-2019" -London Public Library















2018 Action Steps

Ending Poverty

| Strategy                                | Initiative  | Action Steps   | Accomplishments and Variance  |
|---|---|--|---|
| <p>↑ Reducing the Impact of Poverty</p> | <p>↑ Food Families</p>                                    | <p>✓ Partners will increase the number of community organizations trained to deliver Food Families</p>   | <ul style="list-style-type: none"> <li>• 8 new organizations ran a Food Families program in 2018</li> </ul>   |
|   |   | <p>✓ Partners will review Food Families proposed budget, provide options to some modules in order to maximize resources and minimize delivery costs, and engage private sector partners to provide sponsorships, donations and making bulk purchases</p> | <ul style="list-style-type: none"> <li>• The CYN Basic Needs group:                             <ul style="list-style-type: none"> <li>• Reviewed and revised the budget range to run a Food Families program (\$2,500 per program)</li> <li>• Discussed the Food Families evaluation and continued to brainstorm effective solutions at each meeting to expand the program</li> <li>• The equipment lending program was offered to 2 Food Families programs in the Fall of 2018</li> <li>• The bulk purchase of take home equipment has impacted 25 participants of Food Families programming</li> <li>• Sponsorship options will be explored in 2019</li> </ul> </li> </ul> |
|   |   | <p>✓ Partners will support programs in priority neighbourhoods through the Food Families subsidy model.</p>  | <ul style="list-style-type: none"> <li>• Provided subsidies to 8 organizations that hosted a Food Families program in 2018</li> </ul>   |
|   |   | <p>↑ Partners will utilize evaluation feedback to understand gaps in program implementation to develop and implement solutions to increase effectiveness</p>   | <ul style="list-style-type: none"> <li>• The CYN Basic Needs working group discussed the Food Families evaluation and continues to brainstorm effective solutions at each meeting to expand the program</li> <li>• The equipment lending program was offered to 2 Food Families programs in the Fall of 2018</li> <li>• The bulk purchase of take home equipment has impacted 25 participants of Food Families programming</li> </ul>   |
|   | <p>↑ Access to basic needs supports in neighbourhoods</p> | <p>✓ Partners will collaborate with Ontario Works / Ontario Disability Support Program Advocates to discuss current challenges and opportunities in our community to support access to basic needs at the neighbourhood level</p>                        | <ul style="list-style-type: none"> <li>• The CYN Neighbourhood Basic Needs Committee meets monthly with about 20 CYN partners to discuss current challenges and opportunities related to accessing basic needs and services in neighbourhoods</li> </ul>  |



| Strategy                             | Initiative                                  | Action Steps  | Accomplishments and Variance  |
|--------------------------------------|---|---|---|
|                                      |   | <p>Partners will evaluate the “All about Food” Neighbourhood Food Map pilot initiative and use results to develop a process to engage residents and service providers to create a food map for their own neighbourhood. Partners will scale up the initiative to four more neighbourhoods in the city. Partners will develop a process for reviewing maps annually and updating as needed</p> | <ul style="list-style-type: none"> <li>Discussed an evaluation at the CYN Basic Needs Committee in Spring 2018</li> <li>Selected 5 neighbourhoods to participate in this initiative in 2018 through the following partners: <ul style="list-style-type: none"> <li>Glen Cairn Neighbourhood Resource Centre</li> <li>Northwest London Resource Centre</li> <li>South London Neighbourhood Resource Centre</li> <li>Family Centre Argyle</li> <li>Family Centre Westmount</li> </ul> </li> </ul> |
|                                      |   | <p>Partners will scale up the Holiday Toy and Food Collaborative by increasing the number of organizations participating in the initiative</p>  | <ul style="list-style-type: none"> <li>Developed a one page summary of the background, purpose, and call to action to help engage additional organizations to participate in the collaborative</li> <li>10 organizations participated in 2018, up from 5 organizations the year before</li> </ul>   |
|                                      |   | <p>Partners will utilize recommendations from the Good Food Box Evaluation to build program resources, increase community partnerships and scale up the program to ten more neighbourhoods in London</p>  | <ul style="list-style-type: none"> <li>Formed a London Good Food Box committee to create resources and training for the program</li> <li>To date, 11 host organizations are participating in this program</li> <li>On average about 360 food boxes are distributed monthly, up from about 40 boxes a month in 2017</li> </ul>   |
|                                      | <p>Scale up the impact of Harvest Bucks</p> | <p>Partners will participate as members of the Harvest Bucks Steering Committee to provide guidance for the ongoing evaluation of the Harvest Bucks program and to the Harvest Bucks Application Review Committee for funding decision criteria</p>   | <ul style="list-style-type: none"> <li>Continued guidance provided by partners through the Harvest Bucks Steering Committee</li> </ul>  |
|                                      |   | <p>Partners will scale up and support the implementation of Harvest Bucks at neighbourhood food depots and community programs, including the Good Food Box program</p>  | <ul style="list-style-type: none"> <li>Increased the number of locations where Harvest Bucks can be redeemed to 8</li> <li>Onboarded Urban Roots, Gibraltar Weekend Market and the London Good Food Box to the program</li> <li>Approximately \$205,000 was available for this program in 2018, up from about \$65,000 in 2017</li> </ul>   |
|                                      |   | <p>Partners will support and investigate other possible funding sources to scale up the sponsored application program that provides Harvest Bucks to eligible organizations that operate community related food programs</p>  | <ul style="list-style-type: none"> <li>The London Food Bank purchased \$120,000 in Harvest Bucks to provide at the Food Bank, and in addition, provided \$30,000 to go towards the emergency food cupboards in London</li> </ul>  |
| <p>Breaking the Cycle of Poverty</p> | <p>Financial Empowerment</p>                | <p>Partners will continue to participate in the community-wide conversation facilitated by Family Services Thames Valley regarding the development of a financial empowerment model for London</p>  | <ul style="list-style-type: none"> <li>Participated in the 2018 Financial Empowerment conference at the Western Fair District</li> </ul>  |







| Strategy  | Initiative   | Action Steps   | Accomplishments and Variance   |
|---|--|--|--|
|   |  Supporting At-Risk Youth           |  Partners will develop plans for the creation of a community resource hub that effectively connects young people and their mentors to appropriate programs and resources  | <ul style="list-style-type: none"> <li>• Projected completion date of March 2019</li> <li>• Worked with the Healthline to develop this online resource hub to support the natural mentorship program</li> <li>• Connected with the Youth Panel of 12 young people on a bi-monthly basis for input and support throughout the project</li> </ul>  |
|   |  |  Partners will utilize the results of the evaluation of the London Catholic District School Board Co-op Pilot initiative to determine how to refine the initiative to support young people identified as at-risk for not graduating from high school to be successful in obtaining a diploma      | <ul style="list-style-type: none"> <li>• Completed pilot project</li> <li>• Evaluation report was generated by the London Youth Advisory Council</li> <li>• Shared the recommendations and evaluation with the school board to continue to implement this project moving forward</li> </ul>  |
|   |  Supporting School-Aged Newcomers   |  Partners will utilize the findings from the evaluation of the targeted leadership program (City of London and partners) to understand the impact of the initiative and develop plans to refine and expand the initiative to partner organizations that offer leadership programs to young people | <ul style="list-style-type: none"> <li>• Shared evaluation of the pilot in the spring; highlighted the need to provide more certification options for youth</li> <li>• Partners plan to continue these conversations in 2019 to discuss how to overcome some of the challenges identified through the evaluation</li> <li>• Partners will hold a targeted leadership program in 1-2 priority neighbourhoods in the summer of 2019</li> </ul> |
|   |  |  Partners, including the Muslim Resource Centre for Social Support and Integration (MRCSSI) will incubate an initiative in support of Syrian and other newcomer young people that will support successful integration into the elementary and secondary school system                             | <ul style="list-style-type: none"> <li>• The outcomes of this program will be reported April 1, 2019</li> </ul>  |
|  Changing Mindsets |  Poverty Over London/ifyouknew.ca   |  Partners will develop new and refreshed tools that highlight past successes and engagement of the campaign to get new audiences involved   | <ul style="list-style-type: none"> <li>• <i>London for All</i> - Changing Mindsets Table is continuing this work through Recommendation 1.1 Develop a campaign to educate and engage the community on poverty and 1.2 Grow existing awareness and engagement initiatives</li> </ul>  |
|   |  |  Partners will evaluate the impact of the micro-campaign (fall 2017) to understand impacts and to determine future micro-campaign opportunities   | <ul style="list-style-type: none"> <li>• Same as above</li> </ul>  |
|   |  |  Partners will leverage content for ifyouknew.ca from community service providers, individuals with lived experience and others engaged in the issue in order keep the conversation going   | <ul style="list-style-type: none"> <li>• Same as above</li> </ul>  |
|   |  |  Partners will work with organizations that have popular fundraising events, former poverty education campaigns and other assets to leverage the Poverty Over campaign and gain increased awareness and action  | <ul style="list-style-type: none"> <li>• Same as above</li> </ul>  |
|   |  Community Workshops and Training |  Partners will develop, design, pilot, and evaluate the CYN Youth Mentor Curriculum to natural mentors in the community   | <ul style="list-style-type: none"> <li>• Developed, designed, and piloted the Youth Mentorship Curriculum to over 40 partners so far</li> </ul>  |

| Strategy  | Initiative   | Action Steps   | Accomplishments and Variance   |
|---|--|--|--|
|   |  | <ul style="list-style-type: none"> <li>✓ Partners will offer training and workshop opportunities in our community including Indigenous Cultural Safety training and Bridges out of Poverty Workshops</li> </ul>  | <ul style="list-style-type: none"> <li>• Offered training on the new curriculum for Bridges Out of Poverty in the Spring</li> <li>• Partnered with the Family Centered Service System, to support 24 individuals to complete Indigenous Cultural Safety Training and 84 individuals to complete one of three Roots of Tolerance Workshops offered in 2018</li> </ul>   |
|   |  | <ul style="list-style-type: none"> <li>✓ Partners will support/facilitate and develop relevant training and other professional development opportunities for community service providers. Partners will continue to be responsive to new and emerging training and professional development opportunities</li> </ul> | <ul style="list-style-type: none"> <li>• Continued to be responsive to new and emerging training and professional development opportunities</li> </ul>   |
| <ul style="list-style-type: none"> <li>↑ System Change</li> </ul> | <ul style="list-style-type: none"> <li>↑ Research and Advocacy</li> </ul>  | <ul style="list-style-type: none"> <li>✓ Partners will maintain awareness of upcoming provincial and federal policy initiatives, as well as opportunities to engage in issues relevant to ending poverty.</li> </ul>   | <ul style="list-style-type: none"> <li>• Developed a paper on the Ontario Student Assistance Program regarding how that program interacts with other forms of social assistance</li> <li>• Met regularly with the local advocacy groups to learn more about local advocacy efforts</li> <li>• Maintained awareness of both provincial and federal poverty reduction efforts</li> </ul>   |
|   |  | <ul style="list-style-type: none"> <li>✓ Partners will participate in London for All Implementation Body Tables relevant to the strategies, goals and outcomes of the Child &amp; Youth Network.</li> </ul>  | <ul style="list-style-type: none"> <li>• CYN partners participated on the Transportation Implementation table and the Food Security table</li> <li>• Met monthly with <i>London for All</i> about how the CYN can help with the implementation of the plan</li> <li>• Participated in <i>London for All</i> leadership table to support connections and alignment of <i>London for All</i> plans with CYN action steps and activities</li> </ul> |
|   |  | <ul style="list-style-type: none"> <li>✓ Partners will support 2018 Ending Poverty Priority Action Steps through research and advocacy as required.</li> </ul>   | <ul style="list-style-type: none"> <li>• Continued to support the Ending Poverty Action Steps through research and advocacy as required</li> </ul>   |
|   | <ul style="list-style-type: none"> <li>↑ Supporting Londoners with Lived Experiences to Lead/Participate in Community Decision Making</li> </ul> | <ul style="list-style-type: none"> <li>✓ Partners will continue to support opportunities for people with lived experience to be active members of every level of the implementation of London for All</li> </ul>   | <ul style="list-style-type: none"> <li>• Supported the implementation of <i>London for All</i> through monthly meetings with the project manager</li> <li>• Provided honorariums valued at over \$25,000 to honor the time people put into the implementation of this community plan</li> </ul>  |
|   |  | <ul style="list-style-type: none"> <li>✓ Partners will identify, support and provide additional leadership roles for individuals with lived experience across the community</li> </ul>   | <ul style="list-style-type: none"> <li>• Welcomed Deb Peckham as the new co-chair of the CYN Ending Poverty Priority table</li> </ul>  |

| Strategy | Initiative                   | Action Steps  | Accomplishments and Variance   |
|----------|------------------------------|---|--|
|          |                              | <p>✓ Partners will support people with lived experience to participate in, and consult about Ending Poverty Priority initiatives and activities, including young people participating as experts on the CYN Youth Panel</p> | <ul style="list-style-type: none"> <li>Supported people with lived experience to participate in Ending Poverty Priority initiatives and activities</li> <li>The Youth Panel of approximately 12 young people met bi-monthly to provide input and feedback as needed</li> </ul> |
|          | <p>↑ Vibrant Communities</p> | <p>✓ In collaboration with over 50 communities across Canada, partners will continue to collectively advance the work of cities reducing poverty at municipal, provincial and federal levels</p>                            | <ul style="list-style-type: none"> <li>Child &amp; Youth Network backbone staff attended and presented at the 2018 Cities Reducing Poverty conference which took place in Mississauga</li> </ul>   |
|          |                              | <p>✓ Partners will be active members of Vibrant Communities by participating in bi-monthly conference calls, webinars, workshops and other resources and tools offered through their Communities of Practice</p>            | <ul style="list-style-type: none"> <li>Renewed annual membership</li> <li>Continued to participate on monthly conference calls and monthly webinars</li> </ul>   |
|          |                              | <p>✓ Partners will engage in in-person opportunities, such as the annual Cities Reducing Poverty National Conference</p>  | <ul style="list-style-type: none"> <li>Attended and presented at the 2018 Cities Reducing Poverty conference which took place in Mississauga</li> </ul>  |

## 2019 Action Steps

Ending Poverty

| Strategy   | Initiative   | Action Steps   |
|--|--|--|
|  Reducing the Impact of Poverty         |  Food Families  | <ul style="list-style-type: none"> <li>Partners will continue to implement and expand the equipment lending program to support the Food Families and community cooking programs.</li> </ul>  |
|  |  | <ul style="list-style-type: none"> <li>Partners will continue to integrate additional and alternative content into modules, as appropriate.</li> </ul>   |
|  |  | <ul style="list-style-type: none"> <li>Partners will continue to support programs in priority neighbourhoods through the Food Families subsidy model.</li> </ul>   |
|  |  | <ul style="list-style-type: none"> <li>Partners will increase the number of community organizations trained to deliver and delivering Food Families by offering train the trainer sessions.</li> </ul>   |
|  |  | <ul style="list-style-type: none"> <li>Partners will review the Food Families proposed budget, provide options to some modules in order to maximize resources and minimize delivery costs and engage private sector partners to provide sponsorships, donations, and making bulk purchases.</li> </ul>   |
|  |  | <ul style="list-style-type: none"> <li>Partners will utilize evaluation feedback to understand gaps in program implementation to develop and implement solutions to increase effectiveness.</li> </ul>   |
|  |  Access to basic needs supports in neighbourhoods   | <ul style="list-style-type: none"> <li>Partners will evaluate the “All about Food” Neighbourhood Food Map initiative and use results to develop a process to engage residents and service providers to create a food map for their own neighbourhood. Partners will scale up the initiative to four more neighbourhoods in the city. Partners will plan a platform to share and promote each neighbourhood map throughout London.</li> </ul> |
|  |  | <ul style="list-style-type: none"> <li>Partners will continue to increase community partnerships and scale up the London Good Food Box program to 6 more neighbourhoods in London. Partners will evaluate the effectiveness of the current London Good Food Box program.</li> </ul>  |
|  |  | <ul style="list-style-type: none"> <li>Partners will increase the number of neighbourhood specific basic needs groups comprised of community groups, organizations, and individuals from each neighbourhood.</li> </ul>  |
|  |  | <ul style="list-style-type: none"> <li>Partners will scale up the Holiday Toy and Food Collaborative by increasing the number of organizations participating in the initiative from 9 organizations to 15.</li> </ul>  |
|  |  | <ul style="list-style-type: none"> <li>Partners will work with the Ontario Student Nutrition Program to produce an environmental scan of all student nutrition programs by neighbourhoods. Based on the environmental scan, partners will explore options to increase the availability of student nutrition programs in schools.</li> </ul>  |
|  |  | <ul style="list-style-type: none"> <li>Partners will continue to participate as members of the Harvest Bucks Steering Committee to provide guidance for the ongoing evaluation of the Harvest Bucks program and to the Harvest Bucks Application Review Committee for funding decision criteria.</li> </ul>  |
|  Scale up the impact of Harvest Bucks | <ul style="list-style-type: none"> <li>Partners will scale up and support the implementation of Harvest Bucks at neighbourhood food depots and community programs, including the Good Food Box program (London for All, 7.2-7.4).</li> </ul>   |  |
|  | <ul style="list-style-type: none"> <li>Partners will support and investigate other possible funding sources to scale up the sponsored application program that provides Harvest Bucks to eligible organizations that operate community related food programs.</li> </ul>                             |  |
|  | <ul style="list-style-type: none"> <li>Partners will complete an environmental scan of free income tax clinics currently in operation in the community. Based on the results, partners will discuss options to increase the accessibility and use of income tax clinics in the community.</li> </ul> |  |
|  Breaking the Cycle of Poverty        |  Financial Empowerment  | <ul style="list-style-type: none"> <li>Partners will complete an environmental scan of free income tax clinics currently in operation in the community. Based on the results, partners will discuss options to increase the accessibility and use of income tax clinics in the community.</li> </ul>   |

| Strategy  | Initiative   | Action Steps   |
|---|--|--|
|   |  | <ul style="list-style-type: none"> <li>Partners will continue to participate in the community-wide conversation the development of a financial empowerment model for London.</li> </ul>  |
|   | <ul style="list-style-type: none"> <li>Supporting At-Risk Youth</li> </ul>   | <ul style="list-style-type: none"> <li>Partners will finalize and implement an online community resource hub that effectively connects young people and their mentors to appropriate programs and resources.</li> <li>Partners will support the development and implementation of a train the trainer program for youth to provide the youth connector training to natural mentors in the community.</li> </ul>  |
|   | <ul style="list-style-type: none"> <li>Supporting School-Aged Newcomers</li> </ul>   | <ul style="list-style-type: none"> <li>Partners will explore volunteer opportunities available for school-aged newcomers and promote them through partner organizations.</li> <li>Partners will utilize the findings from the evaluation of the targeted leadership program (City of London and partners) to understand the impact of the initiative and develop plans to refine and expand the initiative to partner organizations that offer leadership programs to young people.</li> </ul>   |
| <ul style="list-style-type: none"> <li>Changing Mindsets</li> </ul> | <ul style="list-style-type: none"> <li>Poverty Over London/ifyouknew.ca</li> </ul>   | <ul style="list-style-type: none"> <li>Partners will support Circles and London For All to leverage content for ifyouknew.ca from community service providers, individuals with lived experience, and others engaged in the issue in order keep the conversation going.</li> <li>Partners, through Circles and London for All, will develop new and refreshed tools that highlight past successes and engagement of the campaign to get new audiences involved.</li> </ul>   |
|   | <ul style="list-style-type: none"> <li>Community Workshops and Training</li> </ul>   | <ul style="list-style-type: none"> <li>Partners will offer training and workshop opportunities in our community including Indigenous Cultural Safety training and Rethink Poverty.</li> <li>Partners will pilot, implement, and evaluate the CYN Youth Mentor Curriculum to natural mentors in the community.</li> <li>Partners will support/facilitate and develop relevant training and other professional development opportunities for community service providers.</li> <li>Partners will continue to be responsive to new and emerging training and professional development opportunities.</li> </ul> |
| <ul style="list-style-type: none"> <li>System Change</li> </ul>     | <ul style="list-style-type: none"> <li>Research and Advocacy</li> </ul>  | <ul style="list-style-type: none"> <li>Partners will continue to participate in London for All Implementation Body Tables relevant to the strategies, goals and outcomes of the Child &amp; Youth Network.</li> <li>Partners will maintain awareness of upcoming provincial and federal policy initiatives, as well as opportunities to engage in issues relevant to ending poverty.</li> <li>Partners will support 2019 Ending Poverty Priority Action Steps through research and advocacy as required.</li> </ul>  |
|   | <ul style="list-style-type: none"> <li>Supporting Londoners with Lived Experiences to Lead/Participate in Community Decision Making</li> </ul> | <ul style="list-style-type: none"> <li>Partners will continue to identify, support and provide additional leadership roles for individuals with lived experience across the community.</li> <li>Partners will continue to support opportunities for people with lived experience to be active members of every level of the implementation of London for All.</li> </ul>   |

| Strategy | Initiative  | Action Steps   |
|----------|---|--|
|          |   | <ul style="list-style-type: none"> <li>■ Partners will support people with lived experience to participate in, and consult about Ending Poverty Priority initiatives and activities, including young people participating as experts on the CYN Youth Panel.</li> </ul>  |
|          | <ul style="list-style-type: none"> <li>▲ Vibrant Communities</li> </ul> | <ul style="list-style-type: none"> <li>■ In collaboration with over 50 communities across Canada, partners will continue to collectively advance the work of cities reducing poverty at municipal, provincial and federal levels.</li> <li>■ Partners will continue to be active members of Vibrant Communities by participating in bi-monthly conference calls, webinars, workshops and other resources and tools offered through their Communities of Practice.</li> <li>■ Partners will engage in in-person opportunities, such as the annual Cities Reducing Poverty National Conference.</li> </ul> |

## Healthy Eating/ Healthy Physical Activity

Healthy Eating & Healthy Physical Activity

### Introduction

2018 was a very exciting and busy year for the Healthy Eating/Healthy Physical Activity (HEHPA) priority. HEHPA continued to support ongoing initiatives such as the ACT-i-Pass program, the *in motion*<sup>TM</sup> School Challenge, and the Active and Safe Routes to School program in 2018. In addition, HEHPA partners supported new built environment pilot initiatives that promoted physical activity in a community centre. Moreover, the Healthy Kids Community Challenge, which came to an end in 2018, helped partners move forward community-led initiatives that focused on decreasing screen time and increasing play. Some community-led initiatives included Frisbee golf nets installed in Westminster neighbourhood, a playground leadership initiative implemented by two school boards to increase physical activity during recess, and a physical activity program focused on winter activities.

#### Chair(s)

Anita Gilvesy, London Resident

### Vision

To lead the nation in increasing healthy eating and healthy physical activity.

### Goal

To create environments, neighbourhoods, and opportunities that promote and support daily physical activity and healthy eating for all children, youth, and families in London.

### Examples of Success

- "Undertaking a policy assessment research study to understand the physical activity policies in childcare centres across Canada" - Western University
- "Participated and lead a collaborative session regarding food preparation for all schools nutrition program reps." - Investing in Children
- "Developed and delivered a parent information session on screen time use." - Family Centre Westmount/White Oaks
- "Display fruits/veggies child friendly cookbooks in our family kitchen informal sharing during family snacks." - Family Centre Westmount/ White Oaks
- "This past summer we offered a 'Lunch & Learn' for youth to learn to make healthy lunches. We realize that many buy their lunch or just skip it so encouraging them and showing them how easy and fast it is to make lunches was our goal. Great feedback from the youth!" -Neighbourhood Resource Association of Westminster Park



2018 Action Steps

Healthy Eating & Healthy Physical Activity

| Strategy   | Initiative  | Action Steps   | Accomplishments and Variance  |
|--|---|--|---|
| <p>Support (Local) Policy Development /Advocacy Projects Related to HEHPA Outcomes</p> | <p>Identify and Advocate for Policy Improvement Opportunities Within Local Organizations and Jurisdictions that Facilitate Better Healthy Eating and Physical Activity Outcomes</p> | <p>✓ Convene a working group of partners interested in local policy</p>  | <ul style="list-style-type: none"> <li>Discussed policies to be explored instead of forming a working group</li> </ul>  |
|  |   | <p>✓ HEHPA partners will continue to identify policy opportunities annually through advocacy initiatives</p>                             | <ul style="list-style-type: none"> <li>Explored two policies in 2018:                             <ul style="list-style-type: none"> <li>Shade policy in parks was led by ReForest London and the municipal Trees and Forest Advisory Committee, which recommended that organizations adopt a shade policy. In addition, ReForest London discussed shade policy during discussions around the new Parks and Recreation Master Plan</li> <li>A physical activity policy study in child care settings, was led by Dr. Trish Tucker at Western University. Results from this research will be presented in 2019</li> </ul> </li> </ul> |
|  | <p>Campaign Amongst CYN Partner Organizations to Model Healthy Lifestyle Habits</p>   | <p>✓ Based on need, partners will provide resources to help other partners model healthy lifestyle habits within their organizations</p> | <ul style="list-style-type: none"> <li>Leveraged HEHPA meetings to share resources that helped incorporate healthy habits in the workplace. One resource that was shared was the Middlesex-London Health Unit's <i>Workplace Health</i>, including a Guide to Planning Healthy Meetings. These resources were shared at one of the HEHPA meetings and provided to partners through meeting minutes as well.</li> </ul>  |
|  |   | <p>✓ Partners will continue to discuss modeling healthy lifestyle habits in their organizations</p>                                      | <ul style="list-style-type: none"> <li>Partners modeled healthy habits within their organization such as offering solely fruits, vegetables, and water during programming</li> <li>Discussed ways partners could implement different healthy lifestyle habits in their organizations.</li> </ul>  |
|  |   | <p>✓ Partners will continue to track changes within CYN partner organizations through the CYN moments completed at each meeting</p>      | <ul style="list-style-type: none"> <li>Tracked partners healthy habits through our CYN moments. A total of 46 CYN moments were collected in 2018</li> </ul>   |

| Strategy   | Initiative   | Action Steps  | Accomplishments and Variance   |
|--|--|---|--|
| <p>↑ Increase Education and Awareness Opportunities Throughout The Community</p> | <p>↑ Support the Middlesex-London in motion™ Social Marketing Strategy</p>       | <p>✓ Annually, partners will evaluate the in motion™ social marketing strategy and update the social marketing strategy as needed</p>   | <ul style="list-style-type: none"> <li>Evaluated the in motion™ Community Challenge. Partners suggested that although there were many successes from the challenge, it was hard to get the community involved due to competition with much larger campaigns and newer physical activity tracking technologies</li> <li>Decided not to continue the in motion™ Community wide challenge in 2018 based on evaluation results</li> <li>Continued the inmotion™ school challenge part of the larger initiative given success in schools</li> <li>All 4 school boards participated in the school challenge in 2018 with over 750 children participating in the school challenge and accumulated over 386 000 minutes</li> </ul> |
|  |  | <p>✓ Partners will continue to monitor and revise previous year's activities as needed</p>  | <ul style="list-style-type: none"> <li>Monitored and revised previous year's activities</li> <li>Continued to use social media to promote events and programs</li> </ul>   |
|  | <p>↑ Explore Development and Implementation of a Community Cooking Challenge</p> | <p>✓ Partners will continue to explore the feasibility of the community cooking challenge</p>   | <ul style="list-style-type: none"> <li>Concluded exploration of the community cooking challenge and decided it was not feasible at this moment</li> <li>Instead, it was decided to focus on exploring the development of a cooking program resource</li> </ul>   |
|  |  | <p>↑ Partners will convene a working group of interested partners to establish a feasible action plan outlining the core components and timelines of initiatives</p>  | <ul style="list-style-type: none"> <li>Initiated the development of a resource of all the cooking programs happening in the community. This resource will be shared with other partners and with families once developed</li> <li>Creation of the resource will be completed in 2019</li> </ul>  |
|  | <p>↑ Provide Coordinated Training and Education Opportunities</p>                | <p>✓ HEHPA partners are consulted on a schedule of public education presentations for the year that will cover topics such as healthy eating, healthy physical activity, environments, mental health, and cultural sensitivity among others</p> | <ul style="list-style-type: none"> <li>Partners organized a Loose Parts Workshop that involved free training opportunities conducted for community agencies to learn how best to use loose parts, structure adventure-play events, and improve the learning outcomes associated with this form of play</li> <li>310 people attended the workshop</li> </ul>  |
|  |  | <p>✓ Partners will continue, monitor, and revise previous year's activities as needed</p>   | <ul style="list-style-type: none"> <li>Continued to monitor and revise previous year's activities as needed</li> </ul>   |

| Strategy | Initiative  | Action Steps  | Accomplishments and Variance   |
|----------|---|---|--|
|          |   | <ul style="list-style-type: none"> <li>✓ Partner-to-partner training include: continuing to have partners present at each HEHPA priority meeting; and, developing an annual presentation schedule at the beginning of the year</li> </ul>   | <ul style="list-style-type: none"> <li>• Three organizations provided partner-to-partner training on the work they do in the community to increase knowledge and opportunities for alignment and collaboration</li> <li>• Presentation in 2018 included: <ul style="list-style-type: none"> <li>• Reforest London</li> <li>• London Children's Museum</li> <li>• Active and Safe Routes to School</li> </ul> </li> </ul>   |
|          | <ul style="list-style-type: none"> <li>↑ Improve Networking and Coordination Amongst Existing Food and Physical Literacy Programming</li> </ul> | <ul style="list-style-type: none"> <li>✓ Partners will continue to monitor and revise the food literacy programming resource</li> </ul>   | <ul style="list-style-type: none"> <li>• Revised the food literacy programming resources</li> <li>• Discussed best practices and how to integrate these into their respective work</li> </ul>  |
|          |   | <ul style="list-style-type: none"> <li>▢ Partners will create resources illustrating physical literacy opportunities</li> </ul>   | <ul style="list-style-type: none"> <li>• Due to the number of effective existing resources that already exist, decided not to create resources illustrating physical literacy opportunities</li> <li>• Instead, partners focused on promoting physical literacy through other avenues including physical literacy kits, the Fitness Matters: Be A Sport resource, and the design of the Kid Fit tool kit.</li> </ul>   |
|          |   | <ul style="list-style-type: none"> <li>✓ Partners will develop and implement a communication strategy for ongoing dialogue between interested partners</li> </ul>   | <ul style="list-style-type: none"> <li>• Partners and program leaders met to discuss/share best practices and how to integrate these into their respective work, as well as how to use similar language, messaging, and curriculum that reinforces the same evidence-based outcomes</li> </ul>   |
|          | <ul style="list-style-type: none"> <li>↑ Support and Enhance <a href="http://www.inmotion4life.ca">www.inmotion4life.ca</a></li> </ul>          | <ul style="list-style-type: none"> <li>✓ HEHPA and broader CYN partners will continue to internally review their marketing materials and social media strategies to identify appropriate opportunities to promote <a href="http://www.inmotion4life.ca">inmotion4life.ca</a></li> </ul> | <ul style="list-style-type: none"> <li>• Identified opportunities to integrate healthy living messaging into social media feeds, and who within organizations could help support this messaging</li> <li>• Reviewed CYN's online planning presence and determined that a more streamlined presence is required. As a result, required content from <a href="http://www.inmotion4life.ca">inmotion4life.ca</a> will be integrated into the more streamlined presence</li> </ul> |
|          |   | <ul style="list-style-type: none"> <li>✓ Partners to include resources/support to the website</li> </ul>  | <ul style="list-style-type: none"> <li>• Partners included resources to the website, including updated ACT-i-Pass schedules and service provider information</li> </ul>  |
|          |   | <ul style="list-style-type: none"> <li>✓ Partners will continue to review the website for any updates to content/resource</li> </ul>  | <ul style="list-style-type: none"> <li>• Discussed any website content that needed to be updated or reviewed, provided context, and made recommendations when needed</li> </ul>  |

| Strategy  | Initiative  | Action Steps  | Accomplishments and Variance   |
|---|---|---|--|
| <p>Support Improvement to the Built Environment Impacting HEHPA Desired Outcomes</p> <p>↑</p> | <p>Support and Scale Up Built Environment Changes that Facilitate Better Physical Activity and Healthy Eating Outcomes</p> <p>↑</p> | <p>✓ For newly identified projects, partners will develop action plans outlining evaluation, funding, and sustainability strategies</p> | <ul style="list-style-type: none"> <li>Installed floor decals in one community centre and outdoor games focused on physical activity were also painted on the outdoor track</li> <li>Conducted an evaluation of the pilot with a total of 80 surveys completed by staff of the community centres as well as residents</li> <li>The evaluation indicated that 90% people liked the new additions</li> </ul>   |
|   |   | <p>✓ Partners will continue to share information about built environment projects amongst HEHPA partners</p>                            | <ul style="list-style-type: none"> <li>Shared information about built environment projects with other partners</li> </ul>  |
|   |   | <p>✓ Partners will continue, monitor, and revise previous year's activities as needed</p>   | <ul style="list-style-type: none"> <li>Continued to monitor and revise previous year's activities when needed</li> </ul>   |
|   |   | <p>✓ Partners will seek funding opportunities to build the capacity of projects when appropriate</p>                                    | <ul style="list-style-type: none"> <li>Sought funding opportunities to build on the capacity of projects, including the Healthy Kids Community Challenge for a total of \$27,000 in funding</li> </ul>   |
|   |   | <p>✓ Partners will support Healthy Kids Community Challenge (HKCC) Theme 4 built environment projects</p>                               | <ul style="list-style-type: none"> <li>The following projects were supported through the Healthy Kids Community Challenge: <ul style="list-style-type: none"> <li>Reforest London planted 542 trees and shrubs</li> <li>Reforest London installed two play circles reaching over 250 families</li> <li>Five new playground pieces were installed at Pond Mills Complex through London Middlesex's Housing Corporatio</li> <li>Updated the playground at Mornington Park</li> <li>Installed six Frisbee golf nets in three parks in Westminster neighbourhoods</li> <li>Two basketball courts upgraded at Earl Nichols</li> </ul> </li> </ul> |
| <p>Support Existing Collaborative Programs to Enhance Impact</p> <p>↑</p>                     | <p>Support and Enhance Active and Safe Routes to School</p> <p>↑</p>  | <p>✓ Partners will support evaluation of way-finding signs project</p>  | <ul style="list-style-type: none"> <li>Evaluated the way-finding sign pilot project</li> <li>The evaluation from the pilot project provided information to update signage as well as the process of implementation</li> <li>This evaluation provided information to expand the project to other schools</li> <li>Installed signs in one school</li> <li>Five schools have been identified for signs in 2019</li> </ul>   |
|   |   | <p>✓ Partners will support ongoing recruitment of schools to the School Travel Planning program</p>                                     | <ul style="list-style-type: none"> <li>Supported the ongoing recruitment of schools to the School Travel Planning program</li> <li>For elementary schools in Middlesex London there were 5 new School Travel Planning initiatives and 23 active School Travel Planning schools</li> </ul>  |

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|--|--|---|---|
|  |  | <ul style="list-style-type: none"> <li>✓ Partners will support the Active and Safe Routes to School action plan</li> </ul>  | <ul style="list-style-type: none"> <li>Supported the Active and Safe Routes to School (ASRTS) action plan</li> <li>Representatives from the HEHPA and ASRTS table sit on both committees</li> </ul>   |
|  | <ul style="list-style-type: none"> <li>↑ Support and Enhance the Grade 5 Act-I-Pass Program</li> </ul>   | <ul style="list-style-type: none"> <li>✓ Based on ongoing evaluation of the program, partners will consider development of resources/strategies to reduce barriers identified in ACT-i-Pass evaluation (i.e. map of programming available)</li> </ul> | <ul style="list-style-type: none"> <li>Discussed strategies to assist in promoting the program and new ways of promoting were used which included a target mail out to specific service providers and organizations promoting the program more intentionally by distributing posters and post cards. Organizations who offer summer camps or after school programming provided promotional materials to children in grade 5 to make sure we reached all students</li> <li>1608 students registered for the 2017-2018 year</li> <li>To date there are over 1400 students registered for the 2018-2019 school year</li> </ul> |
|  |  | <ul style="list-style-type: none"> <li>✓ Partners will continue to actively recruit new partners using the ACT-i-Pass Partner Engagement Guide as well as new resources developed to recruit new service providers</li> </ul>                         | <ul style="list-style-type: none"> <li>The steering committee met once to discuss recruitment strategies for new service providers</li> <li>The partner's engagement guide was used for a targeted mail out to specific service providers</li> <li>Priority was put on areas of the city with low ACT-i-Pass programming</li> <li>Two service providers joined ACT-i-Pass: YMCA Bostwick and Palasad South</li> </ul>   |
| <ul style="list-style-type: none"> <li>↑ Create, Distribute and Promote Tools &amp; Resources</li> </ul> | <ul style="list-style-type: none"> <li>↑ Share and Encourage Consistent Use of Existing CYN/HEHPA Resources Across Partner Organizations</li> </ul>                  | <ul style="list-style-type: none"> <li>✓ Partners will actively involve partners to bring new resources to meetings</li> </ul>  | <ul style="list-style-type: none"> <li>Leveraged HEHPA meetings for partners share any new and/or relevant resources to the group</li> </ul>  |
|  |  | <ul style="list-style-type: none"> <li>▢ Partners will compile a list of resources available and review resources annually</li> </ul>   | <ul style="list-style-type: none"> <li>Partners decided that given that resources are shared on a continual basis at meetings and that they can change often, it was not a feasible action to review and compile a list of resources annually</li> </ul>  |
|  | <ul style="list-style-type: none"> <li>↑ Create, Adapt, and Translate Tools and Resources that Support Healthy Eating and Physical Activity Opportunities</li> </ul> | <ul style="list-style-type: none"> <li>✓ Partners will develop recommendations for specific resource items to develop, modify, and/or translate based on available resources and priority needs for the year</li> </ul>                               | <ul style="list-style-type: none"> <li>Updated the Recreation and Healthy Living Resource</li> <li>Distributed over 600 copies to families in the community in 2018</li> <li>Translated ACT-i-Pass information package into Spanish and Arabic.</li> <li>Partner created toolkits were professionally designed and made accessible for the community to use</li> </ul>  |

| Strategy                                       | Initiative  | Action Steps  | Accomplishments and Variance   |
|--|---|---|--|
| <p>↑ Create Healthy, Active Neighbourhoods</p> | <p>↑ Engage London's Family Centre Neighbourhoods in Promoting Resources and Initiatives that Align with HEHPA Goals and Outcomes</p> | <p>↑ Partners will develop and implement communication strategies to connect neighbourhood working groups and organizations with Family Centres</p>                                     | <ul style="list-style-type: none"> <li>Discussed communication strategies to connect neighbourhood working groups and organizations with Family Centres. The strategies included: continuing to have Family Centres engage at HEHPA meetings as well as engaging the City of London's neighbourhood team to make sure information about Family Centres is passed onto neighbourhood working groups</li> </ul>  |
|  |   | <p>✓ Partners will review existing interventions and initiatives in Family Centres, and support identified opportunities for integration and alignment of HEHPA tools and resources</p> | <ul style="list-style-type: none"> <li>Created physical activity event kits to be used at Family Centres to engage residents in physical activity during their events</li> <li>Adaptive physical activity equipment was added to existing physical literacy kits</li> </ul>  |
|  | <p>↑ Support Events and Initiatives of HEHPA Members that Contribute to a Culture of Healthy Living in Local Neighbourhoods</p>       | <p>✓ HEHPA partners will utilize the HKCC resources to support neighbourhood projects improving physical activity, healthy eating, and sedentary behaviour outcomes</p>                 | <ul style="list-style-type: none"> <li>Utilized HKCC resources to support the following projects: <ul style="list-style-type: none"> <li>The Playground Activity Leaders in Schools (P.A.L.S.) program <ul style="list-style-type: none"> <li>encourages students to be physically active at school</li> <li>2100 students and 58 teachers/staff participated</li> <li>11 schools participated</li> <li>19 pieces of physical activity equipment was purchased</li> </ul> </li> <li>Loose Parts Adventure Play <ul style="list-style-type: none"> <li>Groups/organizations rented out the loose parts tool kit throughout the summer, and over 3100 children and families engaged with the equipment at various events</li> </ul> </li> <li>True North Pilot Project <ul style="list-style-type: none"> <li>Non-screen-based play material was provided to existing free after-school programs to enhance opportunities for children to experience new forms of winter play and activity</li> <li>materials included supplies for outdoor physical activity</li> <li>400 people benefitted from the equipment; 50 unique households</li> </ul> </li> <li>Lending Equipment Library <ul style="list-style-type: none"> <li>This lending library was intended for resident groups to add physical activity components to their events</li> </ul> </li> </ul> </li> </ul> |

| Strategy | Initiative   | Action Steps  | Accomplishments and Variance  |
|----------|--|---|---|
|          |  | <ul style="list-style-type: none"> <li>✓ Partners interested in creating new collaborative neighbourhood projects will work with relevant neighbourhood resident groups and partners to create an action plan outlining leads, funding opportunities, and sustainability plans</li> </ul> | <ul style="list-style-type: none"> <li>• Created the physical activity Lending Equipment library following a resident survey on the type of equipment they would like to use at neighbourhood events</li> <li>• Resident feedback was also used to support the upgrades to Mornington Park and to the basketball courts at Earl Nichols</li> </ul>  |
|          |  | <ul style="list-style-type: none"> <li>✓ Partners will continue to monitor and revise previous year's activities as needed</li> </ul>   | <ul style="list-style-type: none"> <li>• Continued to monitor and revise previous year's activities as needed</li> </ul>  |
|          |  | <ul style="list-style-type: none"> <li>✓ Partners will promote community-led and partner-led initiatives and activities that facilitate HEHPA habits at the neighbourhood level</li> </ul>  | <ul style="list-style-type: none"> <li>• Impacted over 3500 children and their families by working together to implement existing, and develop new, programs tailored to neighbourhood needs, such as: <ul style="list-style-type: none"> <li>• True North Pilot Project</li> <li>• Loose Parts events</li> <li>• Family Nights and Health Wellness Fairs at schools</li> <li>• Food Families</li> <li>• London Good Food Box</li> <li>• Harvest Bucks</li> </ul> </li> </ul> |
|          | <ul style="list-style-type: none"> <li>↑ Support Neighbourhood-Level, Resident-Driven Working Groups in CYN Priority Neighbourhoods</li> </ul> | <ul style="list-style-type: none"> <li>✓ Partners will begin a new neighbourhood engagement strategy, while providing sufficient support to previous neighbourhoods throughout the transition</li> </ul>  | <ul style="list-style-type: none"> <li>• Began a new neighbourhood engagement strategy focused on a city wide approach instead of a neighbourhood specific approach</li> <li>• Continued to support neighbourhoods through various means, such as Healthy Kids Community Challenge funding opportunities</li> </ul>   |
|          |  | <ul style="list-style-type: none"> <li>✓ Partners will develop a resident engagement strategy using a community development approach and outline the roles they believe they can play in the project as it unfolds</li> </ul>   | <ul style="list-style-type: none"> <li>• Developed a resident engagement strategy</li> </ul>  |
|          |  | <ul style="list-style-type: none"> <li>↑ Partners will participate in the development of HEHPA related tool-kits for resident driven groups</li> </ul>  | <ul style="list-style-type: none"> <li>• Developed the physical activity lending equipment library</li> <li>• Feedback from residents led to exploring the development of tool-kits to assist resident driven groups to use the physical activity lending equipment to the fullest</li> <li>• This tool-kit will be completed in 2019</li> </ul>  |

| Strategy  | Initiative   | Action Steps  | Accomplishments and Variance  |
|---|--|---|---|
| <p>Supporting and Promoting Local Research to Increase the Evidence Foundations of Local Initiatives</p> <p>↑</p> | <p>Identify and Evaluate Local Community Based Initiatives that Demonstrate Promising Practices Believed to Positively Impact Healthy Eating and Physical Activity Outcomes</p> <p>↑</p> | <p>↑ Convene a working group of interested partners to determine need for new research projects to be supported by HEHPA priority</p> | <ul style="list-style-type: none"> <li>Discussed new research projects to potentially be supported by the HEHPA priority including physical activity policy in child care settings and active and safe routes to school</li> <li>Evaluated the <i>in motion™</i> community challenge</li> </ul> |
| <p>Continuous Evolution of the HEHPA Plan to Reflect Emerging Issues and Promising Practices</p> <p>↑</p>         | <p>↑ Research and Reflection</p>   | <p>✓ Convene interested partners to identify what areas of research are of interest for the HEHPA priority</p>                        | <ul style="list-style-type: none"> <li>Discussed different areas of research that were of interested to partners including best practices regarding healthy eating and physical activity, outdoor play, and screen time</li> </ul>  |
|   |  | <p>↑ Partners will continue to reflect and review topics for literature reviews</p>   | <ul style="list-style-type: none"> <li>Began an environmental scan on healthy eating programs and interventions from across the country</li> <li>This review will be completed in 2019 and provide actionable steps to explore in 2019</li> </ul>   |
|   |  | <p>✓ Partners will continue, monitor, and revise previous year's activities as needed</p>   | <ul style="list-style-type: none"> <li>Discussed the potential topics for scoping reviews which led to the scoping review on healthy eating programs and intervention</li> </ul>  |



**2019 Action Steps**

Healthy Eating & Healthy Physical Activity

| Strategy  | Initiative  | Action Steps  |
|---|---|---|
| <p>Support (Local) Policy Development/Advocacy Projects Related to HEHPA Outcomes</p> | <p>Identify and Advocate for Policy Improvement Opportunities Within Local Organizations and Jurisdictions that Facilitate Better Healthy Eating and Physical Activity Outcomes</p> | <ul style="list-style-type: none"> <li>HEHPA partners will continue to identify policy opportunities annually through advocacy initiatives.</li> <li>Local policy initiatives that have been identified by HEHPA partners include but are not limited to shade policy in parks/shade policy in schools and physical activity policy in child care settings.</li> </ul>  |
|   | <p>Campaign Amongst CYN Partner Organizations to Model Healthy Lifestyle Habits</p>   | <ul style="list-style-type: none"> <li>Based on need, partners will provide resources to help other partners model healthy lifestyle habits within their organizations.</li> <li>Partners will continue to monitor partners modeling healthy lifestyle habits in their organizations.</li> <li>Partners will continue to track changes within CYN partner organizations through the CYN moments completed at each meeting.</li> </ul> |
|   |   |   |
|   | <p>Increase Education and Awareness Opportunities Throughout The Community</p>  | <p>Support the Middlesex-London in motion™ Social Marketing Strategy</p>  |
| <p>Explore Development and Implementation of a Community Cooking Challenge</p>        |   | <ul style="list-style-type: none"> <li>Partners will explore the development of a cooking program resource guide - move to Create, adapt, and translate tools and resources initiatives.</li> </ul>   |
| <p>Provide Coordinated Training and Education Opportunities</p>                       |   | <ul style="list-style-type: none"> <li>Partners will continue to participate in partner-to-partner training.</li> </ul>   |

| Strategy   | Initiative   | Action Steps  |
|--|--|---|
|  | <p>↑ Improve Networking and Coordination Amongst Existing Food and Physical Literacy Programming</p>                         | <ul style="list-style-type: none"> <li>Partners will continue, monitor, and revise previous year's activities as needed.</li> </ul>   |
|  |  | <ul style="list-style-type: none"> <li>Partners will explore, based on need, a schedule of public education presentations for the year that will cover topics that are relevant to the partners and can include but not limited to: healthy eating, healthy physical activity, environments, mental health, mindfulness, and cultural sensitivity.</li> </ul>                 |
|  |  | <ul style="list-style-type: none"> <li>Partners will develop and implement a communication strategy for ongoing dialogue between interested partners.</li> </ul>  |
|  |  | <ul style="list-style-type: none"> <li>Partners will work collaboratively to promote food and physical literacy components into their programming.</li> </ul>   |
|  | <p>↑ Support and Enhance <a href="http://www.inmotion4life.ca">www.inmotion4life.ca</a></p>                                  | <ul style="list-style-type: none"> <li>Partners will continue to review the website for any updates to content/resource.</li> </ul>   |
|  |  | <ul style="list-style-type: none"> <li>Partners will take the opportunity during the refinement and redevelopment of the CYN's online presence to undertake a comprehensive review of <a href="http://www.inmotion4life.ca">www.inmotion4life.ca</a> to determine what information is important and/or necessary to retain, and where this content will be housed.</li> </ul> |
| <p>↑ Support Improvement to the Built Environment Impacting HEHPA Desired Outcomes</p> | <p>↑ Support and Scale Up Built Environment Changes that Facilitate Better Physical Activity and Healthy Eating Outcomes</p> | <ul style="list-style-type: none"> <li>Partners will collaborate with literacy partners to increase the number of community facilities with literacy and HEHPA elements and integrate features into built environment spaces.</li> </ul>  |
|  |  | <ul style="list-style-type: none"> <li>Partners will explore built environment opportunities in parks including but not limited to working with literacy partners on story strolls.</li> </ul>  |
|  |  | <ul style="list-style-type: none"> <li>Partners will support accessibility opportunities in built environments.</li> </ul>  |
| <p>↑ Support Existing Collaborative Programs to Enhance Impact</p>                     | <p>↑ Support and Enhance Active and Safe Routes to School</p>  | <ul style="list-style-type: none"> <li>Partners will support activities toward sustainability of the Active and Safe Routes to School partnership program.</li> </ul>   |
|  |  | <ul style="list-style-type: none"> <li>Partners will support the Active and Safe Routes to School action plan.</li> </ul>   |
|  | <p>↑ Support and Enhance the Grade 5 Act-I-Pass Program</p>  | <ul style="list-style-type: none"> <li>Partners will continue to actively recruit new partners using the ACT-i-Pass Partner Engagement Guide and new resources developed to recruit new service providers</li> </ul>  |
|  |  | <ul style="list-style-type: none"> <li>Partners will continue to explore resources/strategies to reduce barriers identified in ACT-i-Pass evaluation (i.e. map of programming available)</li> </ul>   |

| Strategy   | Initiative   | Action Steps  |
|--|--|---|
|  |  | <ul style="list-style-type: none"> <li>Partners will explore new opportunities for ACT-i-Pass information to be distributed.</li> </ul>   |
| <ul style="list-style-type: none"> <li>Create, Distribute and Promote Tools &amp; Resources</li> </ul> | <ul style="list-style-type: none"> <li>Share and Encourage Consistent Use of Existing CYN/HEHPA Resources Across Partner Organizations</li> </ul>                              | <ul style="list-style-type: none"> <li>Partners will continue to bring resources to meetings to share with partners.</li> </ul>   |
|  | <ul style="list-style-type: none"> <li>Create, Adapt, and Translate Tools and Resources that Support Healthy Eating and Physical Activity Opportunities</li> </ul>             | <ul style="list-style-type: none"> <li>Partners will bring forward resource items to develop, modify, and/or translate based on available resources and priority needs for the year.</li> </ul>                                   |
|  |  | <ul style="list-style-type: none"> <li>Partners will explore designing toolkits that were created by partners to be added to the HEHPA resource list.</li> </ul>  |
| <ul style="list-style-type: none"> <li>Create Healthy, Active Neighbourhoods</li> </ul>                | <ul style="list-style-type: none"> <li>Engage London's Family Centre Neighbourhoods in Promoting Resources and Initiatives that Align with HEHPA Goals and Outcomes</li> </ul> | <ul style="list-style-type: none"> <li>Partners will develop and implement communication strategies to connect neighbourhood working groups and organizations with Family Centres.</li> </ul>                                     |
|  |  | <ul style="list-style-type: none"> <li>Partners will review existing interventions and initiatives in Family Centres, and support identified opportunities for integration and alignment of HEHPA tools and resources.</li> </ul> |
|  | <ul style="list-style-type: none"> <li>Support Events and Initiatives of HEHPA Members that Contribute to a Culture of Healthy Living in Local Neighbourhoods</li> </ul>       | <ul style="list-style-type: none"> <li>Partners will continue, monitor, and revise previous year's activities as needed.</li> </ul>   |
|  | <ul style="list-style-type: none"> <li>Support Neighbourhood-Level, Resident-Driven Working Groups in CYN Priority Neighbourhoods</li> </ul>                                   | <ul style="list-style-type: none"> <li>Partners will promote community-led and partner-led initiatives and activities that facilitate HEHPA habits at the neighbourhood level.</li> </ul>   |
|  |  | <ul style="list-style-type: none"> <li>Partners will explore collaboration with neighbourhood-level, resident driven working group.</li> </ul>  |

| Strategy   | Initiative  | Action Steps   |
|--|---|--|
| <p>Supporting and Promoting Local Research to Increase the Evidence Foundations of Local Initiatives</p> | <p>Identify and Evaluate Local Community Based Initiatives that Demonstrate Promising Practices Believed to Positively Impact Healthy Eating and Physical Activity Outcomes</p> | <ul style="list-style-type: none"> <li>Partners will convene a working group to determine need for new research projects to be supported by HEHPA priority.</li> </ul>   |
| <p>Continuous Evolution of the HEHPA Plan to Reflect Emerging Issues and Promising Practices</p>         | <p>Research and Reflection</p>  | <ul style="list-style-type: none"> <li>Partners will convene to identify what areas of research are of interest for the HEHPA priority. Areas of investigative interest identified by partners include but not limited to: youth perception of play, interrupting/reducing sedentary behaviour, overcoming risk aversion to outdoor play.</li> <li>Partners will reflect on findings from scoping review to identify new emerging issues and promising practices.</li> </ul> |

## Family-Centred Service System

Family-Centred Service System

### Introduction

2018 was a year of significant change for the Family-Centred Service System. The CYN focused on stability and being responsive to what was happening in and around our local system. Family Centre Fanshawe opened its doors to families in January, and work began on the selection of lead agencies for Family Centre East London and our Indigenous-led Child Care and Family Centre. The CYN developed an implementation plan for our Family Centres that contributes to moving our entire family-centred service system to high-performance. This plan built off our past 10 years of experience, and focused our attention on identifying where we want to be and how we are going to get there. Partners began operationalizing transformative opportunities, such as EarlyON Child and Family Centres and examining our governance system. 2019 is the year the CYN moves its plans into action as we continue on our journey to high-performance.

#### Chair(s)

Lynne Livingstone, The City of London

### Vision

In every London neighbourhood residents will open a single door to multiple opportunities that support children and families in achieving their full potential. These opportunities will be identified by the neighbourhood and implemented according to evidence-informed best practices using an integrative, inclusive, and holistic approach.

### Goal

To make it easier for London's children, youth, and families to participate fully in their community and to find and receive the services they need.

## Examples of Success







### Families

- "We come often to the Family Centre as we only have one car and can walk with the kids. I am home schooling and the EarlyON programs give us a chance to meet other families in the neighbourhood. It also gives me a chance to meet the facilitators who have knowledge on childhood development. We especially enjoy when the library comes to do storytime. We are lucky that we have a Family Centre in our neighbourhood."
- "I cannot thank you enough for the memories and experiences that I have had with my son during playgroup. These days at playgroup have been such a great part of my maternity leave! I have been surprised at his ability to complete tasks, proud to watch him explore on his own and enjoyed being able to share this with him. The staff here is awesome at what they do and I just wanted to let you know how much you are appreciated."
- "The EarlyON program at Crouch is a great investment to the community. It gives preschool age children opportunities to interact and socialize with their peers, getting them ready for kindergarten. It gives parents and caregivers an opportunity to find out about workshops and events going on in the community. The staff run an excellent program at Crouch."

### Service Providers

- "The Parent And Infant Relationship (PAIR) Clinic has been an amazing addition to our programs. [The facilitator's] adaptive approach with families has removed so many barriers for families to seek support. We find in our community parents are extremely hesitant to seek help or acknowledge they are struggling and having to make an appointment is something they are not willing to do. Having Dana in the playroom making authentic connections and building trust with families, allows families to open-up and share their issues and concerns which would otherwise go unassisted. We have received countless comments about the life-changing affects families have experienced after connecting with Dana. This program is vital in ensuring the well-being of children and their families".
- "The school has been constantly using different spaces within the Family Centre since we opened, but as the relationship has developed, we have become much more intentional and collaborative. We have begun collaborating about the interests and inquiries of the children and working with the school to set our environments to expand and extend the children's interests seamlessly between spaces. We have started to expand these connections to other grades outside of just the early years. We have been collaborating with the school about potential leadership opportunities that would make a meaningful learning opportunity for the senior grades and better serve the students".

| Strategy  | Initiative              | Action Steps  | Accomplishments and Variance   |
|---|-------------------------|---|--|
| <p>Develop a Network of Family Centres to Provide Identifiable, Accessible, Family-Friendly Access Points to the Service System</p> | <p>↑ Family Centres</p> | <p>✓ Partners will develop integrated services plan for new Family Centres using tools that build interprofessional capacity, reduce duplication, and increase seamless service for families.</p>           | <ul style="list-style-type: none"> <li>• Conducted Service Planning for Family Centre Fanshawe with 21 partners</li> <li>• This process included a review of common experiences to be put in place at the Family Centre, and involved discussions with partners at the outset</li> <li>• This process made use of <i>How Does Learning Happen?</i> and other tools that build interprofessional capacity and support our journey to high performance</li> </ul>  |
|   |                         | <p>✓ Partners will open new Family Centres in priority neighbourhoods leveraging provincial opportunities for capital projects, including one at Blessed Sacrament Catholic Elementary School</p>           | <ul style="list-style-type: none"> <li>• Opened doors to Family Centre Fanshawe in January 2018</li> <li>• Began the community development process for Family Centre East London; this work is scheduled to continue in 2019</li> </ul>  |
|   |                         | <p>✓ Partners will work to align EarlyON Child and Family Centres within our local Family-Centred Service System approach as outlined in the London-Middlesex OEYCFC Needs Assessment and Initial Plans</p> | <ul style="list-style-type: none"> <li>• Began integrating EarlyON Child and Family Centres within our local Family-Centred Service System</li> <li>• Established an implementation plan and delivery model during 6 network wide meetings to sustain the system and support seamless quality services for families</li> <li>• Developed and endorsed 3 system-wide models: EarlyON, Literacy, and Francophone</li> <li>• Each model required, significant engagement of partners, planning, and review prior to being endorsed</li> </ul> |

| Strategy | Initiative  | Action Steps   | Accomplishments and Variance  |
|----------|---|--|---|
|          | <p> Community Connectors</p>   | <p> Partners will continuously upgrade the Community Connector learning platform to improve content and accessibility</p> <p> Partners will develop an assessment framework and data collection methodology for understanding quality and consistency of Community Connector function leveraging a broader system evaluation approach</p> <p> The Community Connector System Coordinator will engage funders in supporting the Community Connector function across the service system</p> | <ul style="list-style-type: none"> <li>Supported delivery of the Community Connector Curriculum to 39 individuals across the Family-Centred Service System; as a result, 100% of currently active Community Connectors have participated in this foundational training</li> <li>Piloted first annual ReConnect event for Connectors, to continue learning and strengthen the community of practice</li> <li>Activities to deepen Connector knowledge of community services for referrals included: <ul style="list-style-type: none"> <li>3 site visits to partner agencies attended by 25 individuals</li> <li>4 presentations by service partners at quarterly Connector meetings, attended by 52 individuals</li> <li>Hosted public Kairos Blanket Exercise events at all seven Family Centres for over 140 participants including Family Centre staff, partner agencies and members of the community; to build awareness of early Canadian history and the lasting impact of colonization on Indigenous peoples</li> <li>Launched annual self-care event for Connectors attended by 18 individuals in recognition of mental health care for staff</li> </ul> </li> <li>Initiated the development of action plans for 2019 based on the results of the Family Centre and Community Connector survey results</li> <li>Received a one-time grant to develop a workshop for 100 licensed child care providers based on the Community Connector Curriculum, that will further their ability to consistently deliver high quality service information and referrals to families</li> <li>Facilitated four Intercultural Education workshops with 59 participants in 2018</li> </ul> |
|          | <p> Community Engagement</p> | <p> Partners will continually seek additional leadership opportunities for residents in existing Family Centre neighbourhoods</p>   | <ul style="list-style-type: none"> <li>Linked to leadership opportunities within the Family Centres and within other community organizations whenever possible based on the results of Family Centre surveys and other engagement opportunities; this included the Kairos Blanket Exercise, volunteer opportunities, and participation at the resident engagement tables, where applicable</li> </ul>   |



| Strategy | Initiative                      | Action Steps   | Accomplishments and Variance   |
|----------|---------------------------------|--|--|
|          |                                 | <p>✓ Partners will continue to engage more London families in the development of service plans for new Family Centre neighbourhoods, connecting with them at places they already gather</p>  | <ul style="list-style-type: none"> <li>• Family Centre staff constantly engaged families in natural gathering places</li> <li>• Family Centre staff attended community events and neighbourhood parties to learn from residents about what Family Centres can do to best meet the needs of children, families, and caregivers</li> <li>• Family Centre staff began engaging residents in the East London community through the use of surveys, community events, face-to-face conversations, play based interactions and an online platform; more than 100 people were engaged in this initial phase</li> <li>• Approximately 36 surveys were completed to date about programming and services that should be offered at Family Centre East London, this work will continue in 2019</li> </ul> |
|          |                                 | <p>↑ Partners will continue to use a community development approach when engaging residents in new Family Centre neighbourhoods to understand assets and opportunities</p>   | <ul style="list-style-type: none"> <li>• Learned from each other about successful approaches to community development, on an ongoing basis</li> <li>• Best practices were continuously evaluated and updated when needed</li> <li>• As per the CYN's approach to engaging residents in neighbourhoods, new Family Centres such as Family Centre Fanshawe and Fox Hollow, utilized community development principles to engage families in their communities</li> <li>• Developed workplans to review engagement approaches; to be continued in 2019</li> </ul>  |
|          |                                 | <p>↑ Partners will provide community development resources and training to new staff engaged in the Family-Centred Service System</p>  | <ul style="list-style-type: none"> <li>• Partners are in the process of determining which resources need to be updated and who should be engaged in the process</li> <li>• Workplans have been developed to complete this work; to be continued in 2019</li> </ul>   |
|          | <p>↑ Neighbourhood Planning</p> | <p>↑ Partners will conduct targeted engagement of all elementary schools in Family Centre neighbourhoods to increase participation in service planning</p>   | <ul style="list-style-type: none"> <li>• FCSS engagement and onboarding tools are being updated to ensure their usefulness for reengaging community partners; to be completed in 2019</li> </ul>   |
|          |                                 | <p>✓ Partners will continue to develop and renew neighbourhood service plans to reflect evolving needs and opportunities in neighbourhoods</p>   | <ul style="list-style-type: none"> <li>• Investigated opportunities to update services plans to reflect evolving neighbourhood needs</li> <li>• Processes for strategic conversations were established to make sure appropriate engagement is conducted that is reflective of the needs of the community</li> <li>• The newest Family Centre's Family Centre's Fox Hollow and Fanshawe worked to further develop their service plans with community partners to reflect the needs of the community</li> </ul>  |
|          |                                 | <p>↑ Partners will engage new organizations and families in neighbourhood planning through one-to-one mentorship and relationship-building using FCSS engagement and onboarding tools</p>  | <ul style="list-style-type: none"> <li>• FCSS engagement and onboarding tools are being updated to ensure their usefulness for reengaging community partners; tools will be completed in 2019</li> </ul>   |
|          |                                 | <p>↑ Partners will streamline the Partnership Agreement template and process to facilitate easier completion by system partners. Partners will assess feasibility of a digital platform for completing the partnership agreement</p> | <ul style="list-style-type: none"> <li>• Recommended deferring work on service planning, particularly around engagement to 2019</li> <li>• Plans for community engagement will be explored further in the next planning cycle</li> </ul>   |







| Strategy  | Initiative  | Action Steps   | Accomplishments and Variance   |
|---|---|--|--|
|   | <p>Public Awareness of Family Centres</p> <p>↑</p>                                | <p>Based on branding approach and impact assessment data, partners will develop a tactical marketing plan that includes: events, earned media, social media, and other approaches</p> <p>↑</p> <p>Partners will assess the feasibility of merging the existing digital strategy with emerging provincial directions related to EarlyON Child and Family Centres</p> <p>↑</p> <p>Partners will develop a strategy to marry the new EarlyON Child and Family Centres branding with our local existing Family Centre brand</p> <p>↑</p> <p>Partners will develop assessment plans to understanding the impact of the marketing campaign</p> <p>■</p> <p>Partners will finalize a branding approach that articulates the value of the Family-Centred Service System</p> <p>↑</p> | <ul style="list-style-type: none"> <li>• Preliminary planning occurred for the development of a marketing approach</li> <li>• This work will be continued in 2019 by the Marketing and Communications Sub-Committee with the endorsement of the Family-Centred Service System</li> <li>• This work will be continued in 2019 by the Marketing and Communications subcommittee with the endorsement of the Family-Centred Service System</li> <li>• Preliminary planning has occurred for the development of a marketing approach</li> <li>• Began the process of integrating the new EarlyON branding with the existing Family Centre brand</li> <li>• Used new EarlyON/ON y va logos and promoted the new brand within the Family Centres and programs</li> <li>• Campaign will be executed in 2019</li> <li>• Began integrating the new EarlyON/ON y va branding with the existing Family Centre brand</li> <li>• Began using new logos and promoting the new brand within the centres and programs</li> <li>• Campaign will be executed in 2019</li> <li>• Began the process of marrying the new EarlyON/ON y va branding with that of the existing Family Centre brand</li> <li>• Partners used new logos and promoting the new brand within the centres and programs</li> <li>• Partners will execute the campaign in 2019</li> </ul> |
| <p>Move Beyond Collaboration, Coordination and Co-Location to an Integrated, Family-Centred Model of Service Delivery*</p> <p>↑</p> | <p>Continuous Communication and Information Sharing Between Partners</p> <p>↑</p> | <p>Partners will embed FCSS information, updates, and opportunities in appropriate organizational communications</p> <p>✓</p>  | <ul style="list-style-type: none"> <li>• Included FCSS information in both internal and external communications and on appropriate social media vehicles</li> </ul>  |

| Strategy | Initiative                       | Action Steps  | Accomplishments and Variance   |
|----------|----------------------------------|---|--|
|          |                                  | <p>Partners will support the development of an information sharing strategy that aligns with provincial legislation and considers the following types of information sharing: availability of programs and services; shared intake process across organizations; Family Centre usage; “warm” referrals and tracking; and, case management where appropriate</p> | <ul style="list-style-type: none"> <li>Developed a shared calendar that clearly advertises all EarlyON/ON y va programs in one clear, concise place</li> <li>The calendar will be expanded to include other family programming and will be considered as part of digital marketing strategies</li> <li>Began discussing how to incorporate shared intake processes and case management tools into a digital platform</li> <li>Familyinfo.ca was identified as a priority tool for review, and potentially updating to include digital platforms</li> </ul>   |
|          |                                  | <p>Partners will update CYN referral maps to enhance service providers’ capacity to provide accurate and timely referrals for families.</p>   | <ul style="list-style-type: none"> <li>Began ongoing conversations about referral maps, including what elements to include and which partners will assume leadership for this initiative</li> <li>The bulk of the work will be completed in 2019</li> </ul>  |
|          | <p>System Capacity Building</p>  | <p>A new members guide will be widely distributed and processes documented for sharing with new members</p>   | <ul style="list-style-type: none"> <li>Plans are underway for the redevelopment of a new member’s guide and accompanying tool kit</li> <li>The bulk of the work will be completed by the newly formed FCSS Sub-Committee in 2019</li> </ul>  |
|          |                                  | <p>Partners will continuously upgrade the Community Connector learning platform to improve content and accessibility (also noted in Community Connector initiative)</p>   | <ul style="list-style-type: none"> <li>Provided content to the Community Connector Platform</li> </ul>   |
|          |                                  | <p>Partners will hold professional development opportunities in line with FCSS priorities and emerging provincial directions to build their organizational capacity to support the Family-Centred Service System</p>  | <ul style="list-style-type: none"> <li>Attended and held several professional development opportunities during 2018, including facilitation skills (approximately 15-20 partners attended this session), Cultural Competency Training (approximately 15 partners attended this session), Bridges out of Poverty (10-15 partners attended this session), Indigenous Cultural Competency Training (24 partners participated in online training) and networking opportunities</li> <li>Held regular learning sessions within their organizations</li> <li>Plans are underway to create more network wide opportunities</li> </ul> |
|          |                                  | <p>Partners will use the InterProfessional Community of Practice curriculum as the foundation for service planning</p>  | <ul style="list-style-type: none"> <li>Continued to use an interprofessional approach to ongoing planning for the Family Centres as part of their regular Strategic Collaboration Table Process including; approaches to better understand each other’s scope of practice and involving parents and care givers in decision making about activities, programs and services at the Family Centre</li> </ul>   |
|          | <p>Service System Governance</p> | <p>Partners will hold an annual review meeting to share results and plan for the next year</p>  | <ul style="list-style-type: none"> <li>Met regularly to plan, evaluate, and course correct when necessary</li> <li>Discussed service plans at Strategic Collaboration Tables</li> </ul>  |

| Strategy | Initiative                          | Action Steps  | Accomplishments and Variance  |
|----------|-------------------------------------|---|---|
|          |                                     | <p>✓ Partners will refine, if necessary, FCSS structures and processes to: maximize the benefit of emerging provincial directions related to service integration and community hubs. Partners will align with other integration strategies occurring regionally, particularly including mental health, special needs, and the CYN Youth Framework</p> | <ul style="list-style-type: none"> <li>Began discussing the most efficient and effective ways to adjust FCSS structures and processes (where necessary) to meet local needs and continue to be responsive to the needs of the network</li> <li>Provided recommendations for the revision of model for Family Centre implementation; planning to implement the model in 2020 as part of reaching our goal of high performance</li> </ul> |
|          |                                     | <p>↑ Partners will review and update FCSS Governance documentation to maintain relevance and impact, including the Memorandum of Understanding, Business Practices, and Service Plan Agreement templates</p>  | <ul style="list-style-type: none"> <li>Began planning for an overhaul of FCSS governance documents, including; the memorandum of understanding, service plans, common experience document and others</li> <li>Work will be initiated in 2019</li> </ul>   |
|          |                                     | <p>↑ Partners will review the operational and start-up cost model for Family Centre operations and start up</p>   | <ul style="list-style-type: none"> <li>Provided recommendations for the revision of model for Family Centre implementation</li> <li>Provided input into costs for fixturing and furniture to guide the development of our implementation plan</li> <li>Planning to implement the model in 2020</li> </ul>   |
|          | <p>↑ Measurement and Evaluation</p> | <p>■ Partners will develop and embed an annual data collection process to support continuous learning and track progress</p>  | <ul style="list-style-type: none"> <li>Used a variety of methods to collect data</li> <li>Process is currently under review and will be updated by the Measurement and Evaluation Sub-Committee in 2019</li> </ul>  |
|          |                                     | <p>✓ Partners will incorporate provincial directions related to integration and measurement (e.g. those related to OEYCFCs, mental health, and special needs) to inform the development of a refined measurement and evaluation framework.</p>  | <ul style="list-style-type: none"> <li>The City of London engaged over 1, 250 families to better understand their concerns and expectations for the child care and early years system</li> <li>This information, along with provincial direction, FCSS outcomes, and a shared measurement framework will be used by the Measurement and Evaluation Sub-Committee to further define a measurement framework</li> </ul>                   |
|          |                                     | <p>↑ Partners will refine and simplify the measurement and evaluation framework and tools in line with the CYN assessment and provincial directions</p>   | <ul style="list-style-type: none"> <li>Held preliminary discussions about how to simplify existing evaluation tools to be more user friendly while at the same time incorporating provincial measurement and evaluation requirements</li> </ul>   |
|          |                                     | <p>↑ Partners will re-form the Measurement &amp; Evaluation subcommittee when needed, to address evaluation needs</p>   | <ul style="list-style-type: none"> <li>Participated in early planning stages for the re-development of a Measurement and Evaluation Sub-Committee</li> <li>The committee will begin meeting in 2019</li> </ul>  |
|          |                                     | <p>✓ Partners will support the creation of a streamlined data collection method to capture Family Centre usage rates.</p>   | <ul style="list-style-type: none"> <li>Begun providing input for the creation of a streamlined data collection method for Family Centres</li> </ul>   |

| Strategy | Initiative | Action Steps   | Accomplishments and Variance   |
|----------|------------|--|--|
|          |            | <p>✓ Partners will support the CYN's Shared Measurement Committee to develop a shared measurement strategy to articulate impact in our community</p> | <ul style="list-style-type: none"> <li>Invited to participate in the Shared Measurement Working Group to support the testing phase and tool development</li> </ul> |

| Strategy  | Initiative                    | Action Steps  |
|---|-------------------------------|---|
| <p>Develop a Network of Family Centres to Provide Identifiable, Accessible, Family-Friendly Access Points to the Service System</p> | <p>Family Centres</p>         | <p>Partners will open Family Centre East London at Blessed Sacrament Catholic Elementary School.</p>  |
|   |                               | <p>Partners will work with SOHAC and the Journey Together Indigenous Planning Committee to open an Indigenous-led licensed Child Care and Family Centre.</p>  |
|   | <p>Community Connectors</p>   | <p>The Community Connector System Coordinator will expand delivery of the Community Connector Curriculum to increase the number of trained Community Connectors in Family Centres and partner organizations throughout the community.</p> |
|   |                               | <p>The Community Connector System Coordinator will increase public visibility of the Community Connector to ensure families understand and access services through this role.</p>   |
|   | <p>Community Engagement</p>   | <p>Family Centre lead agencies, with support from other partners, will participate in a collaborative planning to ensure that families have seamless and easily accessible supports and services.</p>                                     |
|   |                               | <p>Partners will confirm a common approach to engaging parents/caregivers using a community development approach.</p>   |
|   |                               | <p>Partners will continue to seek leadership opportunities for residents in existing Family Centre Neighbourhoods.</p>  |
|   |                               | <p>Partners will contribute to a comprehensive review of Resident Engagement Tables.</p>  |
|   |                               | <p>Partners will contribute to an in depth review of the Strategic Collaboration Table Process in order to ensure consistency across the system in line with a common experience.</p>   |
|   |                               | <p>Partners will contribute to embedding children's voices in their day-to-day practice and will work towards strengthening child voice in practice across the Family-Centred service system.</p>   |
|   |                               | <p>Partners will participate in a high-level review of Campus for Communities Training as it aligns with current community development practices.</p>   |
|   | <p>Neighbourhood Planning</p> | <p>Partners will provide advice and support for the revision of common neighbourhood engagement policies and protocols and marketing and communication policies and protocols.</p>  |
|   |                               | <p>Partners will provide support for the review and revision of Service Plan Agreements and other relevant policies and protocols to bring them in line with current trends while making sure they comply with relevant regulations.</p>  |

| Strategy  | Initiative  | Action Steps  |
|---|---|---|
|   |  Public Awareness of Family Centres                                | <ul style="list-style-type: none"> <li data-bbox="819 152 2072 180">— Partners will co-lead a review of current system tools and their appropriate usage within the community.</li> <li data-bbox="819 228 2333 256">— Partners will contribute ideas, suggestions, and resources where applicable to the redesign and redevelopment of familyinfo.ca.</li> <li data-bbox="819 305 2147 332">— Partners will participate in the development and promotion of a Public Awareness Campaign for Family Centres.</li> </ul>   |
|  Move Beyond Collaboration, Coordination and Co-Location to an Integrated, Family-Centred Model of Service Delivery* |  Continuous Communication and Information Sharing Between Partners | <ul style="list-style-type: none"> <li data-bbox="819 376 2010 404">— Partners will actively participate in reviewing/ revising the Interprofessional Community of Practice.</li> <li data-bbox="819 620 1784 647">— Partners will assist in reviewing appropriate uses for the IPCP Facilitator Toolkit.</li> <li data-bbox="819 696 2413 724">— Partners will provide strategic advice and establish networks to ensure system-wide continuous communication is in place at all levels.</li> </ul>  |
|   |  System Capacity Building  | <ul style="list-style-type: none"> <li data-bbox="819 764 2118 792">— Partners will develop, implement, and participate in capacity building for How Does Learning Happen (HDLH).</li> <li data-bbox="819 841 2489 894">— Partners will hold a network wide capacity building opportunity for CYN partners to learn more about the services other partners provide and potential points of intersection.</li> </ul>   |
|   |  Service System Governance   | <ul style="list-style-type: none"> <li data-bbox="819 915 2569 976">— Partners will co-lead a detailed review and update of the Common Experiences document including: Roles/ responsibilities, Approach, Core and Non-Core Functions, Quality Standards, Definitions, Functions, Programs, Services, Design/Specs, etc.</li> <li data-bbox="819 992 1731 1019">— Partners will participate in redefining structures, roles, and responsibilities.</li> <li data-bbox="819 1068 2564 1122">— Partners will provide support for a review and update of the Memorandum of Understanding to ensure that it continues to reflect the services of all our partners.</li> <li data-bbox="819 1138 2126 1166">— Partners will support the development and implementation of the Family Centre EarlyON Francophone model.</li> <li data-bbox="819 1214 2067 1242">— Partners will support the development and implementation of the Family Centre EarlyON Literacy model.</li> <li data-bbox="819 1291 1970 1318">— Partners will support the development and implementation of the Family Centre EarlyON model.</li> </ul> |
|   |  Measurement and Evaluation                                      | <ul style="list-style-type: none"> <li data-bbox="819 1357 1795 1385">— Partners will co-lead a review of the Common Referral Tool to identify next steps.</li> </ul>   |

| Strategy | Initiative | Action Steps   |
|----------|------------|--|
|          |            | <ul style="list-style-type: none"> <li>■ Partners will contribute to the re-development of a FCSS Measurement &amp; Evaluation Framework.</li> </ul>   |
|          |            | <ul style="list-style-type: none"> <li>■ Partners will participate in a review/redesign of a Family Centre Tracking System.</li> </ul>   |
|          |            | <ul style="list-style-type: none"> <li>■ Partners will participate in and advise on the CYN Shared Measurement Initiative and be responsible for implementing the new framework once developed.</li> </ul> |
|          |            | <ul style="list-style-type: none"> <li>■ Partners will provide evidence based information for the creation of an Integrated Intake process.</li> </ul>   |
|          |            | <ul style="list-style-type: none"> <li>■ Partners will provide strategic advice in order to review, edit, and expand Family Centre Surveys.</li> </ul>   |



### Community-level Impact

This section articulates what the CYN has learned about its community-level impact in 2018. At priority meetings, partners are asked to complete a *CYN Moments* worksheet. *CYN Moments* provide an opportunity for partners to share how they contribute to the collective work throughout the year. These stories have been themed to better understand how we are changing individually and collectively to make a larger impact in our community. Below are the overall themes that are consistent across all of our priorities. Each theme has 2-3 quotes taken directly from partners.

#### Theme 1: Programs

##### Partners are planning, implementing, promoting, and modifying their programs to align with our collective outcomes

- "We have been working with several Public Health Nurse's to start/support programs which teach children healthy cooking/eating. We pair this with the Ontario Student Nutrition Program (OSNP) and the OSNP funding as a model to help children make the healthy food they eat." -Ontario Student Nutrition Program
- "We launched our new "Seed to Forest" program for students in grades 4-6. The program builds upon our previous School Community Tree Challenge program. Participating classes will get to do 4 activities with us: seedling growing, site planning and species selection workshop, shade tree plantings in schoolyards (support the environment), and hike in a local environmentally significant area. The last two of which will both help encourage active lifestyles." -Reforest London
- "LTL - Learn to Learn - target group is kindergarten and grade 1 students - offered at 3 feeder schools where literacy skills are lagging. Program is 1 hour for 10 weeks; 3 rotations of 10 minutes; Focused on numeracy and literacy. In the final 25 minutes the group reads aloud. Mentoring parents as well during this time." -LDA London Region

#### Theme 2: Community Involvement

##### Partners are working directly with residents to better serve the community

- "Developed and delivered a parent information session on screen time use." -Family Centre Westmount/White Oaks
- "Working and being a part of the Community Connector Network helps us to assist families reduce storytelling and access a full range of services by providing them with the information, support, and help they need. Recently we have been supporting families to enroll children in various March Break camps and activities available within London. Accessing a full range of services while making informed choices improves all forms of literacy." -Family Centre Carling-Thames
- "We have held several Family Cooking Nights at local schools. We are beginning to see a shift in attitude from parents towards getting kids excited about healthy eating. Less excuses and more practical questions." - Growing Chefs! Ontario

#### Theme 3: Collaboration

##### Partners are working together on new initiatives and research projects

- "Participated and lead a collaborative session regarding food preparation for all schools nutrition program reps." -Investing in Children
- "Partnership between Conseil Scolaire Viamonde, its 3 elementary schools in London and the Schulich School of Medicine and Dentistry to bring their Teddy Bear Hospital program into the JK/SK and grade 1 classes. The program is delivered in French and promotes healthy hand washing, healthy and sanitary habits among young children and they also learn about doctor's visits and the wonders of the medicine field." -Conseil scolaire Viamonde
- "Collaborating with community partners to move a physical activity policy study forward." -Western University













## Child & Youth Network Impact



















In 2018, our Shared Measurement Committee met six times to complete a draft framework that captures the full range of work and impact our initiatives have in the community. The focus for 2018 was the development of two shared measurement tools: a planning tool and an impact review tool. Both tools were created using evidence informed research. In 2019, the focus will be the implementation of the shared measurement framework, including testing both the planning and the impact review tools with partners and developing a platform to collect all necessary information.



















**Child & Youth Network Budget**

















Below you will find a summary of the CYN's 2018 budget. The Strategy Budget column outlines the total financial allocation that was provided by different partners to support the various *strategies* under each priority. The green arrows indicate that CYN strategies and initiatives are still in progress; this aligns with the end date of the *Child & Youth Agenda: 2017-2021*. Please note that this summary does not include the thousands of in-kind hours CYN partners contribute annually to support each of these strategies and initiatives.

**Strategy and Initiative Budget Report**

| Strategy   | Initiatives   | Strategy Budget  |  |
|--|---|--|--|
|  <b>Promote Literacy from Birth</b><br>Making Literacy a Way of Life  |  <b>Baby's Book Bag</b><br>Making Literacy a Way of Life   | \$58,000 (City of London)<br>\$18,000 (Province of Ontario)<br>\$19,000 (Kiwanis Club of Forest City - London) |  |
|  |  <b>Healthcare Provider Engagement</b><br>Making Literacy a Way of Life  |  |  |
|  <b>Improve Literacy in the School Age Years</b><br>Making Literacy a Way of Life                               |  <b>Literacy-focused Wraparound Project</b><br>Making Literacy a Way of Life   |  |  |
|  <b>Improve Youth Literacy</b><br>Making Literacy a Way of Life   |  <b>CYN Youth Project Design (YDP)</b><br>Making Literacy a Way of Life  |  |  |
|  |  <b>Community-wide, Coordinated model to Increase Secondary School Graduation Rates</b><br>Making Literacy a Way of Life               |  |  |
|  <b>Engage Parents and Caregivers in Awareness and Promotion of Literacy</b><br>Making Literacy a Way of Life |  <b>Community-wide Literacy Education Campaign</b><br>Making Literacy a Way of Life  | \$51,000 (City of London)<br>\$61,000 (Province of Ontario)  |  |
|  |  <b>Build Literacy-rich Environments and Integrate Literacy into Community Spaces Across the City</b><br>Making Literacy a Way of Life |  |  |
|  |  <b>Make it Easier for Families to Access Literacy Services, Supports and Programs</b><br>Making Literacy a Way of Life                |  |  |

|   |   |  |
|---|---|--|
|  <b>Support Community Partners with Professional Learning and Practices</b><br>Making Literacy a Way of Life                           |  <b>Continuous Learning/Education, Knowledge Mobilization and Supports for Community Partners and Professionals</b><br>Making Literacy a Way of Life   | \$2,000 (City of London)<br>\$9,000 (Strive)<br>\$17,000 (Province of Ontario) |
|   |  <b>Participation and Alignment with Existing Networks and Partnerships in London to Increase Collective Effectiveness</b><br>Making Literacy a Way of Life  |  |
|  <b>Reducing the Impact of Poverty</b><br>Ending Poverty   |  <b>Food Families</b><br>Ending Poverty  | \$35,000 (City of London)  |
|   |  <b>Access to basic needs supports in neighbourhoods</b><br>Ending Poverty   |  |
|   |  <b>Scale up the impact of Harvest Bucks</b><br>Ending Poverty   |  |
|  <b>Breaking the Cycle of Poverty</b><br>Ending Poverty  |  <b>Financial Empowerment</b><br>Ending Poverty  | \$8,000 (City of London)   |
|   |  <b>Supporting At-Risk Youth</b><br>Ending Poverty   |  |
|   |  <b>Supporting School-Aged Newcomers</b><br>Ending Poverty   |  |
|  <b>Changing Mindsets</b><br>Ending Poverty  |  <b>Poverty Over London/ifyouknew.ca</b><br>Ending Poverty   | \$40,000 (Youth CI)<br>\$22,000 (City of London)                               |
|   |  <b>Community Workshops and Training</b><br>Ending Poverty   |  |
|  <b>System Change</b><br>Ending Poverty   |  <b>Research and Advocacy</b><br>Ending Poverty   | \$37,000 (City of London)  |
|   |  <b>Supporting Londoners with Lived Experiences to Lead/Participate in Community Decision Making</b><br>Ending Poverty   |  |
|   |  <b>Vibrant Communities</b><br>Ending Poverty  |  |
|  <b>Support (Local) Policy Development/Advocacy Projects Related to HEHPA Outcomes</b><br>Healthy Eating & Healthy Physical Activity |  <b>Identify and Advocate for Policy Improvement Opportunities Within Local Organizations and Jurisdictions that Facilitate Better Healthy Eating and Physical Activity Outcomes</b><br>Healthy Eating & Healthy Physical Activity | \$5,000 (City of London)   |

|  |   |   |
|--|---|---|
|  | <p> <b>Campaign Amongst CYN Partner Organizations to Model Healthy Lifestyle Habits</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>   |   |
| <p> <b>Increase Education and Awareness Opportunities Throughout The Community</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>       | <p> <b>Support the Middlesex-London in motion™ Social Marketing Strategy</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>  | \$6,900 (City of London)  |
|  | <p> <b>Explore Development and Implementation of a Community Cooking Challenge</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>  |   |
|  | <p> <b>Provide Coordinated Training and Education Opportunities</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>   |   |
|  | <p> <b>Improve Networking and Coordination Amongst Existing Food and Physical Literacy Programming</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>                                    |   |
|  | <p> <b>Support and Enhance <a href="http://www.inmotion4life.ca">www.inmotion4life.ca</a></b><br/>Healthy Eating &amp; Healthy Physical Activity</p>   |   |
|  |   |   |
| <p> <b>Support Improvement to the Built Environment Impacting HEHPA Desired Outcomes</b><br/>Healthy Eating &amp; Healthy Physical Activity</p> | <p> <b>Support and Scale Up Built Environment Changes that Facilitate Better Physical Activity and Healthy Eating Outcomes</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>            | \$97,916 (Province of Ontario)<br>\$5,000 (City of London)  |
|  | <p> <b>Support Existing Collaborative Programs to Enhance Impact</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>  | <p> <b>Support and Enhance Active and Safe Routes to School</b><br/>Healthy Eating &amp; Healthy Physical Activity</p> |
|  | <p> <b>Support and Enhance the Grade 5 Act-I-Pass Program</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>   |   |
| <p> <b>Create, Distribute and Promote Tools &amp; Resources</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>                          | <p> <b>Share and Encourage Consistent Use of Existing CYN/HEHPA Resources Across Partner Organizations</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>                                |   |
|  | <p> <b>Create, Adapt, and Translate Tools and Resources that Support Healthy Eating and Physical Activity Opportunities</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>             |   |
| <p> <b>Create Healthy, Active Neighbourhoods</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>                                       | <p> <b>Engage London's Family Centre Neighbourhoods in Promoting Resources and Initiatives that Align with HEHPA Goals and Outcomes</b><br/>Healthy Eating &amp; Healthy Physical Activity</p> | \$43,000 (Province of Ontario)  |
|  | <p> <b>Support Events and Initiatives of HEHPA Members that Contribute to a Culture of Healthy Living in Local Neighbourhoods</b><br/>Healthy Eating &amp; Healthy Physical Activity</p>       |   |

|   |  |   |
|---|--|---|
|   | <p><b>Support Neighbourhood-Level, Resident-Driven Working Groups in CYN Priority Neighbourhoods</b><br/>  Healthy Eating &amp; Healthy Physical Activity</p>   |   |
| <p><b>Supporting and Promoting Local Research to Increase the Evidence Foundations of Local Initiatives</b><br/>  Healthy Eating &amp; Healthy Physical Activity</p>           | <p><b>Identify and Evaluate Local Community Based Initiatives that Demonstrate Promising Practices Believed to Positively Impact Healthy Eating and Physical Activity Outcomes</b><br/>  Healthy Eating &amp; Healthy Physical Activity</p> |   |
| <p><b>Continuous Evolution of the HEHPA Plan to Reflect Emerging Issues and Promising Practices</b><br/>  Healthy Eating &amp; Healthy Physical Activity</p>                   | <p><b>Research and Reflection</b><br/>  Healthy Eating &amp; Healthy Physical Activity</p>  | \$12,000 (City of London)   |
| <p><b>Develop a Network of Family Centres to Provide Identifiable, Accessible, Family-Friendly Access Points to the Service System</b><br/>  Family-Centred Service System</p> | <p><b>Family Centres</b><br/>  Family-Centred Service System</p>  | \$539,726 (City of London)<br>\$2,860,274 (Province of Ontario)   |
|   | <p><b>Community Connectors</b><br/>  Family-Centred Service System</p>  |   |
|   | <p><b>Community Engagement</b><br/>  Family-Centred Service System</p>  |   |
|   | <p><b>Neighbourhood Planning</b><br/>  Family-Centred Service System</p>  |   |
|   | <p><b>Public Awareness of Family Centres</b><br/>  Family-Centred Service System</p>  |   |
| <p><b>Move Beyond Collaboration, Coordination and Co-Location to an Integrated, Family-Centred Model of Service Delivery*</b><br/>  Family-Centred Service System</p>         | <p><b>Continuous Communication and Information Sharing Between Partners</b><br/>  Family-Centred Service System</p>  | \$276,900 (City of London)<br>*This also includes resources to support the administrative and backbone functions of the CYN |
|   | <p><b>System Capacity Building</b><br/>  Family-Centred Service System</p>  |   |
|   | <p><b>Service System Governance</b><br/>  Family-Centred Service System</p>   |   |
|   | <p><b>Measurement and Evaluation</b><br/>  Family-Centred Service System</p>  |   |

## Moving Forward

I look forward to the CYN Progress Report each year. It is a consistent reminder that, while the scope and scale of network projects vary, the cumulative effect of this work leads to genuine, positive impact on children, youth, and families in London. This is exactly what the CYN set out to accomplish in 2007. Over the past 11 years, strong relationships and a commitment to the vision have made these accomplishments possible.

This past year was exciting. The CYN focused on scaling up successful projects, refining the collective approach, and using new approaches to start initiatives that will continue to spark passion and excitement across the community.

When I think about 2019, I am reminded that we are at the halfway point of our third agenda. I am thoughtful about the good work that's been completed, and the momentum that that has been created in our community that continues to drive the CYN towards the collective vision. This energy is going to drive the good work that will come in 2019. The CYN works for families, and with families, by harnessing and focusing collective action. I am proud to serve as the chair for London's Child & Youth Network.

Lynne Livingstone

*Chair, London's Child and Youth Network*