

# POPULAR TYPES OF VEGETABLE GARDENING

There are many different types of vegetable gardens. Here are some basic ideas related to three of the more popular gardening methods.

## 1. **Traditional Gardening**

A traditional vegetable garden is a planned space, usually set outdoors, and set aside for the cultivation of food crops. Traditional vegetable gardens are also known as residential gardens. Food-producing gardens are distinguished from farms by their smaller scale, more labour intensive methods, and their purpose (i.e. enjoyment of a hobby, rather than produce for sale).

## 2. **Raised-Bed Gardening**

Raised-bed gardening is a form of gardening in which the soil is formed in three to four foot wide beds, which can be of any length or shape. The soil is raised above the surrounding soil. Raised-bed gardening is beneficial because they extend the planting season, they often reduce the threat of weeds, and they barely touch each other, creating a microclimate in which weed growth is suppressed and moisture is conserved. Soil is also not compacted in raised-bed gardening because the gardener does not typically walk on the raised beds.

## 3. **Container Gardening**

Container gardening, or pot gardening, is the practice of growing plants, including edible plants, exclusively in containers instead of planting them in the ground. Containers can range from simple plastic pots or teacups to complex automatic watering irrigation systems. The flexibility of design is another reason container gardens are gaining popularity with growers. They can be found on front porches, back patios and steps, and on rooftops and balconies.

