London's Child & Youth Network 2019 Progress Report



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How to read this document

As you read through this document, you will see the progress the Child & Youth Network has made this year toward reaching our collective goals. The first section of this document describes the CYN and what the Network aims to achieve. The second section outlines how the Network hopes to understand our impact in the community through three different levels of measurement. The third section describes the actions and accomplishments that were achieved throughout 2019, and the steps the CYN will take in 2020 to further this work.

You will notice different symbols used throughout the document. These symbols describe the status of each of the projects and initiatives. A legend has been provided that outlines what each of these symbols mean.

Legend	
✓ Complete	An action step is completed in line with the project plan
↑ In progress	An action step is in progress and carried over to the next year
Under review/ended	An action step is under review or has ended due to lack of evidence and/or resources to support implementation

Child & Youth Network Priorities and Outcomes



London's Child & Youth Agenda 2017-2021

Introduction

It has been over 10 years since the London community brought different perspectives, backgrounds, and interests to the table. For over a decade, the Child & Youth Network (CYN) has been thinking differently about how community partners work together to support families in London. The challenges the CYN has taken on – poverty, health, literacy, and service integration – are complex, yet change is happening.

Since 2017, CYN partners have been implementing *London's Child & Youth Agenda, 2017-2021*. This is the third collaboratively developed plan for change in our community. This agenda is the CYN's (re) commitment to London families, and it is with London families that this work is accomplished. Last year marked the completion of the third year of deepening the CYN's efforts in a more intentional and impactful way. The purpose of this report is to provide an overview of the progress and key achievements made in 2019. As well, this report highlights some community impacts and the allocation of resources to support implementation of the Child and Youth Agenda.

Vision

"Happy, healthy children and youth today; caring, creative, responsible adults tomorrow"

Network Membership

London's Child & Youth Network is proud to be made up of over 170 organizations and service providers. Please visit londoncyn.ca for a list of our partners.

2019 Highlights

- A recent program evaluation found that 82% of respondents reported the London Good Food Box saves them money on their monthly grocery budget
- Over 2, 200 views of Literacy...right from the start! video in 4 languages
- Nearly \$248,000 in Harvest Bucks were distributed in 2019, an amount that has increased each year since the beginning of the program
- Two new service providers recruited and signed on for ACT-i-Pass; Junction Climbing Gym and Palasad Social Bowl
- Over 120 community professionals participated in the 9th Annual Family Literacy Conference for Professionals to increase and exchange knowledge about honouring the voices of children and youth
- All 7 Family Centres participated in an exercise to increase the amount bilingual material available, including books, music, resources, and signage
- Over 150 community professionals participated in the Baby's Book Bag online webinar training
- The CYN Financial Empowerment Committee was established with community partners, including over 14 Community Volunteer Income Tax Clinic coordinators and representatives from the Canada Revenue Agency
- The Act-i-Pass Program had 2432 registrants in 2019, an increase of about 20% from previous years
- A Land Blessing Ceremony was held and construction started on the Nshwaasnangong Child Care and Family Centre, London's first Indigenous-led Child Care and Family Centre

Making Literacy a Way of Life

Making Literacy a Way of Life

Introduction

This year, Literacy priority partners focused their attention on planning and developing activities for system-wide impact. Together, partners created plans to support targeted and universal interventions to promote the importance of literacy to newcomer families and to engage all families with children starting school in play-based activities that explore literacy and life skills. Literacy partners ignited a network-wide conversation about what it means to truly honour children's voices in our community and explored community models, such as *CityStudio London* for engaging post-secondary students in sustainable solutions for increasing the awareness of literacy.

In 2020, system-wide changes with children, youth, and family literacy will continue to be the focus of Literacy Priority partners. Plans include:

- Exploring the feasibility of implementing training to create a common understanding of brain architecture and the impacts of effective brain development on achieving success
- Developing a strategy for the exploration of the integration of the voices of children in London
- Engaging 3rd Year Health Policy students from King's College via *CityStudio London*, to develop a local model for engaging healthcare providers in the promotion of the importance of literacy for families with children in the early years

Chair(s)

Lisa Manax Skikos, London Public Library

Vision Goal Literacy is a way of life in London. To ensure children, youth and families in London develop strong literacy skills and competencies

needed to fully participate, engage and thrive throughout their lives.

Examples of Success

- "As a part of the TVDSB Child Care Advisory Committee we were taking a look at their new Strategic Plan. As a group we were tasked with identifying programs/services that supported the TVDSB priorities. A couple of areas included supporting Secondary School students, helping them to successfully graduate. I was very pleased to be able to share info[rmation] about our literacy priority goals that align with this perfectly..."
- "22 schools in the Thames Valley District School Board continue to implement the Strong Start Letters, Sounds and Words program to SK, Gr.1 and Gr.2 students to give them a literacy boost to get them on track with literacy acquisition. Two grants from LCF and Sifton are enabling us to expand and the TVDSB will be increasing the number of schools involved in the fall of 2019. We continue to train community volunteers to be engaged in making a difference."
- "Childreach EarlyON staff completed *Baby's Book Bag* online training. The tool was easy to use, understandable and well received by staff (who) got a refresh and reminder of the value and benefit of reading, singing, playing, laughing, etc."
- "We have shared the Assessment Results of the *Letters, Sounds, and Words* program with the TVDSB, which indicated that 92% of the 328 children involved in the program have made considerable, excellent, or outstanding gains."

2019 Action Steps Making Literacy a Way of Life

Strategies	Initiatives	Action Steps	Accomplishments and Variance
Promote Literacy from Birth	Baby's Book Bag	 Partners will champion the online training through promotion, engagement, and sharing through their networks and online platforms. 	 Engaged partners and groups of multiple individuals in the Baby's Book Bag webinar, with over 159 views in total Promoted the Baby's Book Bag Webinar widely via CYN E-Bulletin, Family Centre EBlasts and to partners in Social Services and Children's Services
		Partners will develop solutions for continuing to share the resource with expecting parents.	• Explored various solutions including direct mailout to parents and a Community Baby Shower Program, which was launched by the London Public Library
		 Partners will increase the number and diversity of organizations trained and distributing the resource including: staff from Family Centres, settlement services organizations, Social Services caseworkers, Doulas, Midwives and other healthcare providers, and others who have trusting relationships with expecting and new parents. 	 Partners participating in training (and distributing key messages) included Public Health, Library, Child Care, Settlement Services, Neighbourhood Resource Centres and more
		 Partners will refine production, logistics, and distribution systems to increase efficiencies. 	• Refinements and continuous improvements to Baby's Book Bag included amendments to distribution processes and the implementation of increased and more regular schedules for assembling and shipping the resource
	Healthcare Provider Engagement	Partners will assess and evaluate the Healthy Words pilot initiative and refine accordingly.	 Partners and providers met in Spring 2019 to complete cycle of Plan Do Study Assess (PDSA) Refined the initiative to make it easier to distribute to more families
		 Partners will continue to build the network of healthcare provider champions. 	 Partners focused their efforts on developing the plans and syllabus for King's University College students participating in Building Better Communities, a 3rd Year Health Policy class starting Winter 2020 The class will work collaboratively with healthcare providers, community partners, and others to understand the landscape and then develop a local model to increase healthcare provider engagement in promoting literacy to families with young children in London
		 Partners will continue to use opportunities such as Grand Rounds, conferences, and others to share key messages about the connections between health and literacy with healthcare providers. 	• Partners presented about CYN early/emergent literacy initiatives and community supports (such as EarlyON and Family Centres) to Year 1 medical students at the Schulich School of Medicine and Dentistry
		Partners will engage the healthcare sector to lead this initiative.	• Middlesex London Health Unit agreed to be a partner in this initiative

Strategies	Initiatives	Action Steps	Accomplishments and Variance
		Partners will explore where there is potential for the inclusion of more and different key literacy messages into programming and curriculum.	 Thames Valley Family Health Teams in London shared <i>Healthy Words</i> kits and key messages with parents of babies (9M-18M) There are now 5 sites in locations across London
		 Partners will work with post-secondary institutions to understand programs that are connected to the healthcare and education fields. 	• Through <i>CityStudio London</i> , partners have confirmed that a 3rd Year Health Policy class (Winter 2020) at King's College will develop a local model for engaging health care providers in the promotion of literacy to families with young children in London
		 Partners, with the Thames Valley Family Health Team, will deliver the Healthy Words pilot to families with babies at the 15 month well baby visit in two sites. 	• Healthy Words is delivered in five sites across London to families with children between the ages of nine months and 18 months
Improve Literacy in the School Age Years	Literacy- focused Wraparound Project	Partners will address gaps in core intervention elements.	• This action step is on hold as partners are exploring the integration of this initiative with the Community-wide, Coordinated Model to increase Secondary School Graduation Rates
		Partners will draft a program model for endorsement by Literacy Priority partners and in turn, CYN membership.	• Same as above
		Partners will finalize the mapping of existing activities, supports and interventions for young people in Grades 7 and 8 in the pilot neighbourhood (Argyle).	• Same as above
		Partners will initiate and implement a process to determine whether each of the developed literacy interventions include core intervention elements (identified in Literacy and Transitions to High School: A Review of the Literature).	• Same as above
		Partners will review community programs and supports and approach organizations currently offering literacy interventions to determine their interest in becoming a partner. If partners determine that appropriate interventions do not exist, partners will identify new initiatives to develop that will support young people involved in the initiatives.	• Same as above
Improve Youth Literacy	CYN Youth Project Design (YDP)	 Refer to the following initiatives in the Ending Poverty section: Supporting At-Risk Youth, Supporting School Aged Newcomers, Community Workshops and Training. 	 Refer to Ending Poverty priority section for update

Strategies	Initiatives	Action Steps	Accomplishments and Variance		
	Community- wide, Coordinated model to Increase	• Determine if there are stable, viable sources of support to meet the expected annual costs of a typical Pathways to Education program. (3/3)	• Partners are in the process of seeking commitment from system and other partners for scaling up the Boys and Girls Club's Senior My Action Plan to Education (MAP) Program		
	Increase Secondary School Graduation Rates	Determine which organization can serve as host and identify stable resources for long-term investment in the program, determine how the significant and instrumental Student Parent Support Worker role will be integrated into the model. (2/3)	• These considerations are to be addressed following endorsement by CYN General members and confirmation of engagement to scale up Boys and Girls Club of London's Senior My Action Plan to Education (MAP) Program for the community-wide, coordinated model to increase secondary school graduation rates		
		 Partners will address considerations for developing a Pathways to Education parallel for London (if endorsed) identified in Pathways to Education Research, Analysis, and Implementations for London's Child & Youth Network (October 2017) with appropriate stakeholders. (1/3) 	 CYN Literacy Partners endorsed developing a Pathways to EducationTM parallel for London in January 2019 Endorsement from CYN General members was delayed as in person meetings were cancelled due to COVID-19 in 2020 		
		Partners will conduct and evaluation of Boys and Girls Club's Senior My Action Plan to Education (M.A.P.) to understand the program's alignment to the evidence based Pathways to Education program.	 Completed the Boys and Girls Club of London My Action Plan to Education (MAP) Program - Program Evaluation and Comparison to Pathways to EducationTM in March 2019 Recommendations included strengthening the existing program, increasing consistency in staffing, enhanced tracking system and strengthen other areas, such a community partnerships, system relationships and referrals to further replicate Pathways to EducationTM 		
				Partners will discuss, select and seek endorsement to develop a Pathways to Education parallel for London with Ending Poverty partners, and subsequently seek endorsement from CYN membership.	 Endorsed by CYN Literacy Priority Partners in January 2019 Endorsement at CYN General Partners meeting is in progress
		 Partners will utilize the results of the evaluation to determine the fit of My Action Plan for Education (M.A.P.) for the community-wide, coordinated model to increase secondary school graduation rates, and if deemed appropriate, partners will address identified gaps and recommendations for proceeding with the development of an effective model for London. If deemed not appropriate, partners will determine next steps for developing a Pathways to Education parallel (if endorsed) for London. 	• Partners are seeking commitment from the system and other partners to scale up Boys and Girls Club of London's Senior My Action Plan to Education (MAP) Program as a local community-wide model to increase secondary school graduation rates in London		

Strategies	Initiatives	Action Steps	Accomplishments and Variance
Engage Parents and Caregivers in Awareness and	Community- wide Literacy Education Campaign	 Partners will implement strategies for the existing campaign to be fully accessible and operational by the community. Partners will gather all existing digital materials from past iterations of the campaign into one digital location, and work with backbone staff involved with CYN online presence to determine the digital footprint for 2000wordstogrow.ca and related content on thisisliteracy.ca and how it will be effectively accessed. 	 It all Starts with Words / 2000 Words to Grow digital and print assets are accessible in the Resources section of LondonCYN.ca
Promotion of Literacy	Build Literacy- Rich	 Partners will align the Blue Boxes for Books initiative with CYN Literacy principles and approaches and launch a revised model. 	 Refined and updated the Blue Boxes for Books initiative Distributed new kits to over 25 partners across the city
	Environmen ts and Integrate	Partners will develop and pilot a story stroll in the outdoor space at White Oaks park.	• On hold to allow for lighting installation in White Oaks Park to be completed
	Literacy into Community Spaces Across the City	Partners will engage with family service providers to increase literacy-rich components of reception and waiting areas.	 One busy existing waiting area with a literacy-rich space was replenished several times with a new stock of quality picture books and dual language picture books
		 Partners will scale up existing Let's Start Talking Conversations initiatives to spaces and places across the city and incubate new conversation settings including waiting rooms and restaurants. 	• Let's Start Talking Conversations Meal Time card created and launched in Fall 2019
		 Partners will work with Healthy Eating and Healthy Physical Activity (HEHPA) partners to increase the number of community facilities and other gathering spaces with literacy and HEHPA elements and features integrated into build environment spaces. 	• Literacy-rich fixtures and activities integrated into the community spaces at Kinsmen Recreation Centre and Byron Optimist Community Centre
	Make it Easier for Families to Access Literacy Services, Supports and Programs	Partners will investigate collaborative school readiness programs for families with children entering Kindergarten at Family Centres.	 Partners met and determined that a new program would not be the solution for increasing school readiness in our community Partners agreed that collaborative school readiness efforts should focus on promoting the importance of play, play-based learning, self-regulation, belonging, etc. to parents and key influencers of babies and children A collaborative one page, accessible, information and activity sheet was created and distributed to parents with preschool children via Family Centres, London Public Library, City of London Social Services and Children's Services and more In collaboration with Honours Bachelor in Early Learning Leadership students at Fanshawe College, English School Board partners developed a program in which families registering for school receive information about Family Centres. Upon visiting the Family Centre, each family will receive a quality picture book along with their tour

Strategies	Initiatives	Action Steps	Accomplishments and Variance				
			 Partners will investigate the development of resources and campaigns to educate newcomer families about the importance of literacy. 	 Partners met and agreed to focus less on the development of a new program or tool, and more on enhancing existing resources for newcomer families in London In addition, partners agreed to increase awareness of and access to these services and supports that promote the importance of literacy 			
		Partners will refine the tool based on the evaluation of Literacy Resources in London: A Resource for Professionals.	• The tool will be updated in 2020-21				
		 Partners will take the opportunity during the refinement and redevelopment of the CYN's online presence to undertake a comprehensive review of thisisliteracy.ca to determine what information is no longer required, what content is important and/or necessary to retain, and where this content will be housed. 	 Partners determined critical information for families on thisisliteracy.ca, such as information about programs and services to be integrated into community-based website parents access This includes londonpubliclibrary.ca and familyinfo.ca 				
Support Community Partners with Professional Learning and Practices	Continuous Learning/Ed ucation, Knowledge Mobilization and Supports for Community Partners and Professional	Learning/Ed ucation,	Learning/Ed ucation,	Learning/Ed ucation,	Learning/Ed ucation,	 Partners will explore, promote and deliver training/capacity building that supports inter-priority connections and opportunities in cooperation with other CYN priority areas. 	• Delivered the CYN Youth Framework training to 45 participants in June 2019
		Partners will host the annual CYN Family Literacy Conference for Professionals.	 The 9th Annual Family Literacy Conference for Professionals in October hosted over 120 educators and other community professionals The focus for the day was Honouring the Voices of Children and featured Karyn Callaghan and others who initiated Hamilton's Charter of Rights for Children and Youth 				
	S	 Partners will meet with key stakeholders from post-secondary institutions to establish collaborative relationships to integrate literacy into student learning and to explore partnerships. 	 Through <i>CityStudio London</i>, partners were matched with a sociology professor from King's University College and developed plans to engage a 3rd Year Health Policy class in developing effective solutions for engaging healthcare providers in London in the promotion of literacy to families with young children Fanshawe College's Innovation Village engaged the Child & Youth Network and their School of Health Sciences to work collectively in developing and implementing activities and initiatives to support the vision for children, youth, and families in London 				
		 Partners will take the opportunity during the refinement of the CYN's online presence to undertake a comprehensive review of thisisliteracy.ca to determine what information is no longer required, what content is important and/or necessary to retain, and where this key content will be hosted. 	 Partners determined critical information for families on thisisliteracy.ca, such as information about programs and services to be integrated into community-based website parents access This includes londonpubliclibrary.ca and familyinfo.ca 				

Strategies	Initiatives	Action Steps	Accomplishments and Variance
	Participatio n and Alignment with Existing	Partners will design a strategy to connect and drive collective efforts.	• Partners continued to implement the strategy of sharing connections and updates as part of standing agenda at Literacy Priority Partners meetings
	Networks and Partnerships in London to Increase	Partners will reach out to networks, partnerships, and other groups to learn about common efforts and mutual partners who can act as liaisons.	• Network and partnership connections included: London Middlesex Local Immigration Partnership, Nurse-Family Partnership, and the Community Early Years Partnership
	Collective Effectivenes s	Partners will understand where work is taking place and where gaps exist.	 Partners collaborated across networks to share activities and initiatives and explore opportunities to interconnect This activity included Family Centre Lead Agencies increasing the integration of CYN Literacy activities into neighbourhood activities and practices

2020 Action Steps Making Literacy a Way of Life

Initiatives	Strategies	Action Steps
Baby's Book Bag	Promote Literacy from Birth	Collaborate to create and implement strategies and systems for distributing Baby's Book Bag and key literacy messages to families across the Family-Centred Service system. Include teen parents, ESL families, and other key population groups.
		Develop a strategy to integrate the face-to-face brand into more early literacy marketing and promotions activities.
		Explore feasibility of bringing evidence-informed Dolly's Imagination Library to families in London.
		Maintain and enhance operational aspects of Baby's Book Bag, including partner training, promotion, Baluçhon de lecture pour bébé, and Aboriginal Baby's Book Bags.
 Healthcare Provider Engagement 		Develop and implement a strategy to increase the number of sites distributing Healthy Words kits to parents.
		Develop strategy for engaging healthcare providers (including pharmacists) in each Family Centre catchment to share literacy messages with patients via Baby's Book Bags and Healthy Words.
		Implement CityStudio project to determine best practices and critical strategies for engaging London's Healthcare providers in promoting literacy from birth to families.
Literacy-focused Wraparound Project	 Improve Literacy in the School Age Years 	Develop a strategy for engaging young people from across the Family-Centred Service System in learning about youth-focused activities and resources available to them prior to transitioning to secondary school.
		Explore collaboration with the community-wide, coordinated model to increase secondary school graduation rates initiative to develop a collaborative initiative that integrates the Literacy-focused Wraparound Project into the comprehensive plan for developing a Pathways to Education™ parallel for London.
CYN Youth Project Design (YDP)	▲ Improve Youth Literacy	With the Ending Poverty priority, develop, implement, and refine activities to support at-risk young people and newcomer young people. Projects include the Youth Connector Training (including Atlas London Youth Services Hub).
Community-wide, Coordinated model to Increase Secondary School Graduation Rates		■ With the Ending Poverty priority, determine community readiness for the creation of a Pathways to Education [™] parallel in London.
Community-wide Literacy Education Campaign	Engage Parents and Caregivers in Awareness and	Collaborate to create and implement strategies for sharing 2000 Words to Grow messaging with families across the Family-Centred Service System.
Build Literacy-Rich Environments and Integrate Literacy	Promotion of Literacy	Connect with Settlement Workers in School (SWIS) teams to understand what is currently taking place and to develop a strategy to intentionally engage newcomer families in activities that increase literacy acquisition for children and youth, as well as, educating parents about the importance of literacy for their children's success.
 into Community Spaces Across the City 		Develop plan for sustaining "Let's Start Talking" Conversations campaign/promotion in Family Centre neighbourhoods. Determine feasibility of creating new cards, such as one for waiting rooms.

Initiatives	Strategies	Action Steps
		Explore development of multiple portable Story Walk exhibits to be used at family-focused events and activities across the city.
		Explore opportunities for using the built environment in Family Centres to support children on the ASD Spectrum.
		Explore revisions to the Thames Valley District School Board's "Ready for School" booklet so distribution can be expanded to families across the Family-Centred Service System.
		Explore strategies, such as developing site templates that can be shared across the system to guide the creation of literacy-rich environments in spaces across the community that families access.
		Implement program plan for connecting families to Family Centres when they register their child for school.
		Install Story Walk exhibit in White Oaks Park.
		Integrate literacy-rich elements into the built environment at North London Optimist Community Centre.
Make it Easier for Families to Access		Finalize and launch the development of familyinfo.ca. Promote the resource to families across the system.
 Literacy Services, Supports and Programs 		Translate literacy materials and program information to increase access of ESL and ELL families to literacy resources and services.
Continuous Learning/Education,	Support Community Partners with Professional Learning and Practices	Deliver the 10th Annual Family Literacy Conference for Professionals.
 Knowledge Mobilization and Supports for 		Determine the feasibility of scaling out London Catholic District School Board's Mind Up and program to support mental health in children.
Community Partners and Professionals		Develop a strategy for integrating critical key literacy messages and information about CYN literacy initiatives into student learning at post- secondary institutions (Doula program, ECE, ELD, Education, etc.).
		Develop a strategy/ plan for the exploration of the integration of the voices of children and youth in London. Include arts-based leaders and community development experts in strategy development.
		Explore the interest and feasibility of implementing Alberta Family Wellness' The Brain Story Online Certification with professionals across the service system in London.
Participation and Alignment with		Develop strategies to increase and improve continuous communication activities (CYN Ebulletin, Family Centre EBlasts, Family Centre and organizational Social Media Channels, in-person meetings, etc.) and information sharing across the Family-Centred Services system.
 Existing Networks and Partnerships in London to Increase Collective Effectiveness 		Partners will increase efforts to understand where literacy-focused work is taking place and where gaps exist with networks, partners and other groups to increase collective activities.

Introduction

The Ending Poverty priority partners have a lot to be proud of in 2019. This year was a year of growth and continued exploration of how to align community partners efforts and resources with the Child & Youth Network Agenda. Partners were able to scale up a number of basic needs supports in additional neighbourhoods, including the "All About Food" neighbourhood food asset maps, the London Good Food Box, and the Food Families program. The Ending Poverty priority table also worked collaboratively to support a number of steering committees working on youth-at-risk strategies and financial empowerment initiatives.

While the Ending Poverty priority partners look back on 2019, partners will be looking for opportunities in 2020 to scale up initiatives that have been proven to be successful. Partners will be supporting the implementation of the Youth Connector curriculum and Atlas London. Partners have also committed to continuing to explore the development of a financial empowerment model for London, and scaling up basic needs supports in neighbourhoods.

Chair(s)

Deb Peckham, London Resident

Cheryl Smith, The City of London

Vision

Goal

To support and empower children, youth, and families to break the cycle of poverty.

To support the vision of *London for All*: London to reach its full potential by ending poverty in a generation (*London for All: A Roadmap to End Poverty*).

Examples of Success

- "The Harvest Bucks program continues to grow year after year and we on track to surpass last years record in regards to the investment on vouchers in our community."
- "The centre has recently transitioned its emergency food cupboard into a 'market' in which individuals can choose items they may need. Along with fresh produce partnership we are able to provide fresh fruits and vegetables as a free option as well. We are also including some of the CYN food based resources to our clients shopping in the market, such as fact sheets, recipes, and further resources" Glen Cairn Community Resource Centre
- "Through a flow of support to and from Harvest Bucks and Food Families we continue to transition families to self-lead lower cost access to fresh food. This results in more resources in new areas of reducing barriers to support families transitioning out of poverty" South London Neighbourhood Resource Centre
- "I have been a clinic coordinator for many years in London helping people file their taxes. The clinic coordinators have never collaborated in a way like we were asked to do today. Thank you for bringing us all together."

2019 Action Steps

Ending Poverty

Food		
Families	 Partners will continue to implement and expand the equipment lending program to support the Food Families and community cooking programs. 	 The equipment lending program was offered to four Food Families programs in 2019 The CYN Basic Needs committee will continue to expand the program in 2020
	 Partners will continue to integrate additional and alternative content into modules, as appropriate. 	• Partners continued to integrate additional content into the modules, including updating the Canada's Food Guide and integrating new mobile applications as they become available
	 Partners will continue to support programs in priority neighbourhoods through the Food Families subsidy model. 	• Provided subsidies to six organizations that hosted a Food Families program in 2019
	Partners will increase the number of community organizations trained to deliver and delivering Food Families by offering train the trainer sessions.	• 10 new organizations ran a Food Families program in 2019
	 Partners will review the Food Families proposed budget, provide options to some modules in order to maximize resources and minimize delivery costs and engage private sector partners to provide sponsorships, donations, and making bulk purchases. 	 The CYN Basic Needs group: Reviewed and revised the budget range to run a Food Families program Discussed the Food Families evaluation and continued to brainstorm effective solutions at each meeting to expand the program, including the addition of a peer to peer training component Impacted 40 participants of Food Families Programming through the take home equipment program Will explore sponsorship options in 2020
	Partners will utilize evaluation feedback to understand gaps in program implementation to develop and implement solutions to increase effectiveness.	 Partners utilized the evaluation feedback and brainstormed solutions at the CYN Basic Needs Committee Moving forward in 2020, partners are recommending one on one train the trainer sessions to continue scaling up the program
		 Partners will continue to support programs in priority neighbourhoods through the Food Families subsidy model. Partners will increase the number of community organizations trained to deliver and delivering Food Families by offering train the trainer sessions. Partners will review the Food Families proposed budget, provide options to some modules in order to maximize resources and minimize delivery costs and engage private sector partners to provide sponsorships, donations, and making bulk purchases. Partners will utilize evaluation feedback to understand gaps in program implementation to develop and implement solutions to increase

Strategies	Initiatives	Action Steps	Accomplishments and Variance
	Access to Basic Needs Supports in Neighbourh oods	 Partners will evaluate the "All about Food" Neighbourhood Food Map initiative and use results to develop a process to engage residents and service providers to create a food map for their own neighbourhood. Partners will scale up the initiative to four more neighbourhoods in the city. Partners will plan a platform to share and promote each neighbourhood map throughout London. 	 An evaluation of the "All about Food" Asset maps will take place in late 2020, once all of the identified maps are complete Five neighbourhoods participated in this initiative in 2019 through the following partners: Glen Cairn Neighbourhood Resource Centre Northwest London Resource Centre Family Centre Carling-Thames Family Centre Argyle Family Centre Westmount
		 Partners will continue to increase community partnerships and scale up the London Good Food Box program to 6 more neighbourhoods in London. Partners will evaluate the effectiveness of the current London Good Food Box program. 	 The London Good Food Box committee conducted a program evaluation of the program 82% of surveyed residents reported that the London Good Food Box saves them money on their monthly grocery budget To date, 14 host organizations are participating in this program On average, about 350 food boxes are distributed monthly
		Partners will increase the number of neighbourhood specific basic needs groups comprised of community groups, organizations, and individuals from each neighbourhood.	 CYN Partners continued to look for opportunities to bring together neighbourhood specific basic needs groups and collaborated with established neighbourhood basic needs committees including: Argyle Basic Needs Committee Westmount Basic Needs Committee Northeast London Basic Needs Committee Hamilton Road Basic Needs Committee
		Partners will scale up the Holiday Toy and Food Collaborative by increasing the number of organizations participating in the initiative from 9 organizations to 15.	 Developed a one page summary of the background, purpose, and call to action to help engage additional organizations to participate in the collaborative Held two community meetings with over 45 organizations to promote the initiative and grow the collaborative 15 organizations participated in 2019

Strategies	Initiatives	Action Steps	Accomplishments and Variance
		 Partners will work with the Ontario Student Nutrition Program to produce an environmental scan of all student nutrition programs by neighbourhoods. Based on the environmental scan, partners will explore options to increase the availability of student nutrition programs in schools. 	 CYN Partners, through the CYN Basic Needs Committee and the Ontario Student Nutrition Program, produced an environmental scan to identify gaps in student nutrition programs in London Based on the results of the scan, CYN Partners will explore strategies in 2020 to address the gaps identified
	Scale up the Impact of Harvest Bucks	 Partners will continue to participate as members of the Harvest Bucks Steering Committee to provide guidance for the ongoing evaluation of the Harvest Bucks program and to the Harvest Bucks Application Review Committee for funding decision criteria. 	• Continued guidance provided by partners through the Harvest Bucks Steering Committee
		 Partners will scale up and support the implementation of Harvest Bucks at neighbourhood food depots and community programs, including the Good Food Box program (London for All, 7.2-7.4). 	 Eight locations now exist for Harvest Bucks to be redeemed Approximately \$248,000 was available for this program in 2019, up from about \$205,000 in 2018
		 Partners will support and investigate other possible funding sources to scale up the sponsored application program that provides Harvest Bucks to eligible organizations that operate community related food programs. 	• The London Food Bank purchased Harvest Bucks to provide at the London Food Bank, and in addition, provided funding to go towards emergency food cupboards in London
★ Breaking the Cycle of Poverty	Financial Empowerme nt	Partners will complete an environmental scan of free income tax clinics currently in operation in the community. Based on the results, partners will discuss options to increase the accessibility and use of income tax clinics in the community.	 CYN Partners, through the Financial Empowerment subcommittee, met monthly to plan an engagement session with the Community Income Tax Volunteer Program coordinators Through this engagement session, a number of successes, areas for improvement, and strategies to move forward with were discussed As a result of these coordinated efforts: individuals with low income will have increased access to income tax clinics in 2020 (offered virtually due to COVID-19 pandemic) additional education and awareness activities will be implemented to promote the program
		the development of a financial empowerment model for London. established in 2019 to continue monthly planning	• Through CYN Partners, a new Financial Empowerment Subcommittee was established in 2019 to continue monthly planning conversations on a community financial empowerment model for London

Strategies	Initiatives	Action Steps	Accomplishments and Variance
	Supporting At-Risk Youth	Partners will finalize and implement an online community resource hub that effectively connects young people and their mentors to appropriate programs and resources.	 Worked with the Healthline to develop this online resource hub to support the natural mentorship program Connected with the young people through London Youth Advisory Council for feedback and direction Consulted with CYN Partners throughout the process, including the Atlas London steering committee and service providers throughout London
		 Partners will support the development and implementation of a train the trainer program for youth to provide the youth connector training to natural mentors in the community. 	 Developed, designed, and piloted the Youth Mentorship Curriculum to over 60 partners so far Partners will explore options to implement the curriculum in 2020
	Supporting School-Aged Newcomers	Partners will explore volunteer opportunities available for school-aged newcomers and promote them through partner organizations.	• Partners continued to promote volunteer opportunities through the Network, including the promotion of these opportunities through avenues such as the bi-weekly CYN e-bulletin
		 Partners will utilize the findings from the evaluation of the targeted leadership program (City of London and partners) to understand the impact of the initiative and develop plans to refine and expand the initiative to partner organizations that offer leadership programs to young people. 	 Partners reviewed the evaluation of the Targeted Leadership Program and worked with the London Youth Advisory Council to implement the program to 10 young people in the Argyle neighbourhood As a result of the latest pilot in 2019, 4 young people have secured employment directly related to the leadership skills that were taught through this program Based on the program evaluation completed from the pilot in 2019, partners will explore options to continue this initiative moving forward
Changing Mindsets	Poverty Over London/ifyo uknew.ca	 Partners will support Circles and London For All to leverage content for ifyouknew.ca from community service providers, individuals with lived experience, and others engaged in the issue in order keep the conversation going. 	 London for All - Changing Mindsets Table is continuing this work through: Recommendation 1.1 - Develop a campaign to educate and engage the community on poverty Recommendation 1.2 - Grow existing awareness and engagement initiatives
		 Partners, through Circles and London for All, will develop new and refreshed tools that highlight past successes and engagement of the campaign to get new audiences involved. 	• Same as above
	Community Workshops and Training	 Partners will offer training and workshop opportunities in our community including Indigenous Cultural Safety training and Rethink Poverty. 	 Offered training on the new curriculum for Rethink Poverty Continued to offer and support individuals to complete Indigenous Cultural Safety Training and Roots of Tolerance Workshops

Strategies	Initiatives	Action Steps	Accomplishments and Variance
		 Partners will pilot, implement, and evaluate the CYN Youth Mentor Curriculum to natural mentors in the community. 	 Developed, designed, and piloted the Youth Mentorship Curriculum to over 60 partners so far Partners will explore options to implement the curriculum in 2020
		 Partners will support/facilitate and develop relevant training and other professional development opportunities for community service providers. Partners will continue to be responsive to new and emerging training and professional development opportunities. 	• In addition to offering training on the new curriculum for Rethink Poverty, partners also supported other professional development opportunities including Facilitation Skills for Effective Meetings
▲ System Change	Research and Advocacy	Partners will continue to participate in London for All Implementation Body Tables relevant to the strategies, goals and outcomes of the Child & Youth Network.	 Met monthly with London for All about how the CYN can help with the implementation of the plan, which now has 105 recommendations completed in the third year of implementation Participated in London for All leadership table to support connections and alignment of London for All plans with CYN action steps and activities
		 Partners will maintain awareness of upcoming provincial and federal policy initiatives, as well as opportunities to engage in issues relevant to ending poverty. 	 Met regularly with the local advocacy groups to learn more about local advocacy efforts Maintained an awareness of both provincial and federal poverty reduction efforts
		 Partners will support 2019 Ending Poverty Priority Action Steps through research and advocacy as required. 	• Continued to support the Ending Poverty Action Steps through research and advocacy as required
	Supporting Londoners with Lived Experiences to Lead/Partici	Partners will continue to identify, support and provide additional leadership roles for individuals with lived experience across the community.	 Deb Peckham continued to provide strategic leadership and support as the co- chair of the CYN Ending Poverty Priority table Continued to support people with lived and living experience to participate in Ending Poverty Priority initiatives and activities
	pate in Community Decision Making	 Partners will continue to support opportunities for people with lived experience to be active members of every level of the implementation of London for All. 	 Supported the implementation of London for All through monthly meetings with the project manager Provided honorariums valued at over \$25,000 to honor the time people put into the implementation of this community plan
		Partners will support people with lived experience to participate in, and consult about Ending Poverty Priority initiatives and activities, including young people participating as experts on the CYN Youth Panel.	• Supported people with lived experience to participate in Ending Poverty Priority initiatives and activities
	Vibrant Communitie s	In collaboration with over 50 communities across Canada, partners will continue to collectively advance the work of cities reducing poverty at municipal, provincial and federal levels.	• Child & Youth Network partners attended the 2019 Cities Reducing Poverty Conference

Strategies	Initiatives	Action Steps	Accomplishments and Variance
		 Partners will continue to be active members of Vibrant Communities by participating in bi-monthly conference calls, webinars, workshops and other resources and tools offered through their Communities of Practice. 	 Renewed annual membership Continued to participate on monthly conference calls and monthly webinars to stay up to date on new and emerging poverty reduction efforts across Canada
		Partners will engage in in-person opportunities, such as the annual Cities Reducing Poverty National Conference.	Attended the 2019 Cities Reducing Poverty conference

2020 Action Steps

Ending Poverty

Strategies	Initiatives	Action Steps
Reducing the Impact of Poverty	✤ Food Families	Partners will continue to implement and expand the equipment lending program to support the Food Families and community cooking programs.
		Partners will continue to integrate additional and alternative content into modules, as appropriate.
		Partners will continue to support programs in priority neighbourhoods through the Food Families subsidy model.
		Partners will increase the number of community organizations, including non-traditional groups, trained to deliver and delivering Food Families by offering train the trainer sessions.
		Partners will maximize resources and minimize delivery costs and engage private sector partners to provide sponsorships, donations and making bulk purchases.
		Partners will utilize evaluation feedback to understand gaps in program implementation to develop and implement solutions to increase effectiveness.
	Access to Basic Needs Supports in	Partners will continue to increase community partnerships and scale up the London Good Food Box program to five more neighbourhoods in London.
	Neighbourhoods	Partners will evaluate the "All about Food" Neighbourhood Food Map initiative and use results to develop a process to engage residents and service providers to create a food map for their own neighbourhood.
		Partners will evaluate the effectiveness of the current London Good Food Box program.
		Partners will increase the number of neighbourhood specific basic needs groups comprised of community groups, organizations and individuals from each neighbourhood.
		Partners will scale up the "All about Food" Neighbourhood Food Map initiative to four more neighbourhoods in the city. Partners will plan a platform to share and promote each neighbourhood map throughout London.
		Partners will scale up the Holiday Toy and Food Collaborative by increasing the number of organizations participating in the initiative to 20 organizations.
		Partners will work with the Ontario Student Nutrition Program and HEPHA partners to utilize the school nutrition environmental scan and explore options to increase the availability of student nutrition programs in schools.
	Scale up the Impact of Harvest Bucks	Partners will continue to participate as members of the Harvest Bucks Steering Committee to provide guidance for the ongoing evaluation of the Harvest Bucks
		Partners will scale up and support the implementation of Harvest Bucks at neighbourhood food depots and community programs (London for All, 7.2-7.4).
		Partners will support and investigate other possible funding sources to scale up the sponsored application program that provides Harvest Bucks to eligible organizations that operate community related food programs.

Strategies	Initi	atives	Acti	on Steps
Breaking the Cycle of Poverty		Financial Empowerment	-	Based on the results of the Community Volunteer Income Tax Program environmental scan, partners will continue to discuss options to increase the accessibility and use of income tax clinics in the community.
			-	Partners will continue to participate in a community-wide conversation around the development of a financial empowerment model for London.
	+	Supporting At-Risk Youth		Partners will champion Atlas London in their organizations and promote the resource to other youth connectors in the community.
				Partners will continue to explore possibilities to provide enhanced supports to at-risk young people in London.
			-	Partners will implement Atlas London, an online community resource hub that effectively connects young people and their mentors to appropriate programs and resources.
			-	Partners will support the implementation of a train the trainer program for young people to provide the Youth Connector Training to youth connectors in the community.
	1	Supporting School- Aged Newcomers		Partners will explore volunteer opportunities available for school-aged newcomers and promote them through partner organizations.
			-	Partners will scale up the targeted leadership program to expand the initiative to partner organizations that offer leadership programs to young people in neighbourhoods.
1 Changing Mindsets	•	Poverty Over London/ifyouknew.ca	-	Partners will support Circles and London For All to leverage content for ifyouknew.ca from community service providers, individuals with lived/living experience and others engaged in the issue in order keep the conversation going.
			-	Partners, through Circles and London for All, will launch new and refreshed tools that highlight past successes and engagement of the campaign to get new audiences involved.
	•	Community Workshops and	-	Partners will implement and evaluate the CYN Youth Connector Training to the community. Partners will champion the training in their organizations and promote the curriculum to others in the community.
		Training	-	Partners will offer training and workshop opportunities in our community including Indigenous Cultural Safety training and Rethink Poverty.
			-	Partners will support/facilitate and develop relevant training and other professional development opportunities for community service providers. Partners will continue to be responsive to new and emerging training and PD opportunities.
System Change	•	Research and Advocacy		Partners will continue to participate in London for All Implementation Body Tables relevant to the strategies, goals and outcomes of the Child & Youth Network.
				Partners will maintain awareness of upcoming provincial and federal policy initiatives, as well as opportunities to engage in issues relevant to ending poverty.
			-	Partners will support 2020 Ending Poverty Priority Action Steps through research and advocacy as required.

Strategies	Initiatives	Action Steps		
	Supporting Londoners with Lived	Partners will continue to identify, support and provide additional leadership roles for individuals with lived/living experience across the community.		
	 Experiences to Lead/Participate in Community Decision 	Partners will continue to support opportunities for people with lived/living experience to be active members of every level of the implementation of London for All.		
	Making	Partners will support people with lived/living experience to participate in, and consult about Ending Poverty Priority initiatives and activities, including grassroots groups led by lived experience individuals.		
	Vibrant Communities	In collaboration with over 50 communities across Canada, partners will continue to collectively advance the work of cities reducing poverty at municipal, provincial and federal levels.		
		Partners will continue to be active members of Vibrant Communities by participating in bi-monthly conference calls, webinars, workshops and other resources and tools offered through their Communities of Practice.		
		Partners will engage in in-person opportunities, such as the annual Cities Reducing Poverty National Conference.		

Introduction

2019 was a very exciting and busy year for the Healthy Eating/Healthy Physical Activity (HEHPA) priority. HEHPA continued to support ongoing initiatives such as the ACT-i-Pass program, the *in motion*TM School Challenge, and the Active and Safe Routes to School program. In addition, HEHPA partners supported new built environment pilot initiatives that promoted physical activity in two community centres.

Middlesex-London Health Unit and Southwestern Public Health, in partnership with Strive, held a *Fueling the Spark to Play and Learn* workshop November 16, 2019 for early childhood educators. Dr. Trish Tucker, Western University, shared work of the Physical Activity (PLAY) policy study in creating supportive environments for physical activity in child care settings. Lynn Campanella, of Playocracy demonstrated ways to intentionally teach and create environments that support Fundamental Movement Skills. Peers shared how policy supports their practice for creating environments that encourage children to learn through play.

In 2020, partners will continue to create environments and neighbourhoods that promote and support daily physical activity and healthy eating, scaling up and exploring additional innovative solutions.

Chair(s)

Trish Tucker, Community Partner

Vision	Goal
To lead the nation in increasing healthy eating and healthy physical activity.	To create environments, neighbourhoods, and opportunities that promote and support daily physical activity and healthy eating for all children, youth, and families in London.

Examples of Success

- Developed additional Active and Safe Routes to School (ASRTS) resources with partners including the Roundabout Toolkit, climate change videos, and Wayfinding sign tool kit.
- Significantly higher number of registrations for Act-i-Pass in the 2019-20 year (2432 registrants) vs. the 2018-19 year (1639 registrants).
- "HEAL received a 5 year grant from the Canadian Institute of Health Research to conduct a longitudinal research on the influence of the school travel plan on children's travel behaviors, physical activity and exposure to pollution around schools."
- "Go Green Travel Clean project was implemented at Sir Arthur Currie. Partners worked with Grade 10 students from the Environmental Leaders Project at TVDSB and grade 5 students from Sir Arthur Currie with the objective of increasing active travel and reducing vehicular emissions around the school."
- Shared successes and resources with ASRTS community partners and stakeholders at a 2019 Sharing event.

2019 Action Steps Healthy Eating & Healthy Physical Activity

Strategies	Initiatives	Action Steps	Accomplishments and Variance
Support (Local) Policy Developmen t/Advocacy Projects Related to HEHPA Outcomes	Identify and Advocate for Policy Improvemen t Opportuniti es Within Local Organizatio ns and	HEHPA partners will continue to identify policy opportunities annually through advocacy initiatives.	 Local policy initiatives that have been identified by partners include: Shade policy in parks/shade policy in schools Physical activity policy in Childcare setting The intent is to determine if and when identified policies can be implemented and what actions would be required to implement them successfully
	Jurisdictions that Facilitate Better Healthy Eating and Physical Activity Outcomes	▲ Local policy initiatives that have been identified by HEHPA partners include but are not limited to shade policy in parks, shade policy in schools and physical activity policy in child care settings.	 HEHPA Chair and her research team from Western are exploring grant opportunities for a physical activity policy in child care settings Partners would like to pilot a project in 2020/2021 that brings the Play Policy to child care centres in London
	Campaign Amongst CYN Partner	Based on need, partners will provide resources to help other partners model healthy lifestyle habits within their organizations.	• Partners provided information to the MLHU website for resources on healthy workplaces
	Organizatio ns to Model Healthy Lifestyle	 Partners will continue to monitor partners modeling healthy lifestyle habits in their organizations. 	• Partners continue to monitor the modelling of healthy lifestyle habits within their organizations
	Habits	 Partners will continue to track changes within CYN partner organizations through the CYN moments completed at each meeting. 	CYN Moments were gathered and discussed during each HEHPA meeting
Increase Education and Awareness Opportuniti es Throughout The	Support the Middlesex- London in motion™ Social Marketing Strategy Partners will evaluate the in motion social marketing strategy annually are update the social marketing strategy as needed. 	 Following a lengthy discussion, HEHPA partners decided that there will not be a specific HEHPA social marketing strategy InMotion social media will not exist after this year The CYN website and other projects will be promoted individually (i.e., ASRTS and ACT-i-Pass social media) 	
Community		✔ Partners will explore new branding opportunities for HEHPA.	• Following a comprehensive review and thorough exploration of options, HEHPA did not need its own branding since the national ParticipACTION campaign has a strong evidence informed message and a national presence

Strategies	Initiatives	Action Steps	Accomplishments and Variance
	Explore Developmen t and Implementa tion of a Community Cooking Challenge	Partners will explore the development of a cooking program resource guide - move to create, adapt, and translate tools and resources initiatives.	• Partners will continue with this initiative in 2020
	 Provide Coordinated Training and Education Opportuniti es 	Partners will continue to participate in partner-to-partner training.	 There have been 4 partner-to-partner presentations this year: Camps on TRACKS Thames Valley Children Centre YMCA Youth Gambling Awareness Program HEALab Partner-to-Partner training will continue, as identified, in 2020
		Partners will continue, monitor, and revise previous year's activities as needed.	• This initiative has been carried forward annually and was completed in 2019
		 Partners will explore, based on need, a schedule of public education presentations for the year that will cover topics that are relevant to the partners and can include but not limited to: healthy eating, healthy physical activity, environments, mental health, mindfulness, and cultural sensitivity. 	• Potential topics of interest were discussed and education on the new Canada Food Guide was developed
	Improve Networking and Coordinatio n Amongst Existing	 Partners will develop and implement a communication strategy for ongoing dialogue between interested partners. 	 HEHPA partners began strategizing what a communications strategy could look like based on Food and Physical Literacy Programming Partners decided to alter this activity and develop a series of presentations that showcase ongoing work; this will be completed in 2020/2021
	Food and Physical Literacy Programmin g	Partners will work collaboratively to promote food and physical literacy components into their programming.	 Tangible ways to incorporate food and physical literacy into programming were discussed Several organizations expressed interest in holding a Food Families program, or components of the program This initiative will continue in 2020/2021

Strategies	Initiatives	Action Steps	Accomplishments and Variance		
	Support and Enhance www.inmoti on4life.ca	Enhance www.inmoti	Partners will continue to review the website for any updates to content and resources.	 After the CYN website overhaul and a comprehensive review of evidence informed best practices, www.inmotion4life will be decommissioned It was determined that in order to keep consistent messaging and have a trusted source, relevant content from www.inmotion4life will be merged into the new CYN website 	
		 Partners will take the opportunity during the refinement and redevelopment of the CYN's online presence to undertake a comprehensive review of www.inmotion4life.ca to determine what information is important and/or necessary to retain, and where this content will be housed. 	 Following an in-depth and thoughtful discussion among HEHPA partners, it was decided that relevant content would be integrated into the new CYN website and www.inmotion4life would be decommissioned 		
Support Improvemen t to the Built Environmen t Impacting HEHPA	Support and Scale Up Built Environmen t Changes that	 Scale Up Built Environment t Changes that Facilitate Better Physical Activity and Healthy Eating Community facilities with literacy and HEHPA elements and integrate features into built environment spaces. Kinsmen Arena Byron Optimist Community Centre Options were explored and it was decided that HEHPA Partner the Work of Literacy partners on story strolls. Several new locations were proposed for 2020, Westmount were option to put forward 	• Kinsmen Arena		
Desired Outcomes	Better Physical Activity and Healthy Eating		 Several new locations were proposed for 2020, Westmount was selected as the option to put forward HEHPA partners will continue to review the Parks and Rec Master Plan for possible areas of intersection with the built environment 		
		Partners will support accessibility opportunities in built environments.	 A list of accessible playgrounds in London was compiled Partners are sharing the list with the community 		
Support Existing Collaborativ	Support and Enhance Active and	Enhance V Routes to School partnership program.	 ASRTS Co-chair provides updates at HEHPA meetings Discussion around sustainability are held throughout the year 		
e Programs to Enhance Impact	Safe Routes to School	Partners will support the Active and Safe Routes to School action plan.	 HEHPA partners supported the implementation of the bike rack installation and the way finding signs Six schools in London received way finding signs in 2019 ASRTS committee provides updates at HEHPA meetings 		

Strategies	Initiatives	Action Steps	Accomplishments and Variance
	Support and Enhance the Grade 5 Act-	 Partners will continue to actively recruit new partners using the ACT-i-Pass Partner Engagement Guide and new resources developed to recruit new service providers 	 Palasad Socialbowl was added to the list of service providers Four other organizations were contacted
	I-Pass Program	Partners will continue to explore resources/strategies to reduce barriers identified in ACT-i-Pass evaluation (i.e. map of programming available)	 The HEALab conducted research to determine the most effective and efficient ways to reduce identified barriers Total of 2432 registrants for 2018/2019 school year At this time usage levels cannot be measured Partners would like to know where and how often the ACT-i-Pass is being used
		Partners will explore new opportunities for ACT-i-Pass information to be distributed.	 ACT-i-Pass is being consistently promoted through HEHPA partner organizations New partners have been asked to provide tweets and language for the ACT-i-Pass Facebook and Twitter accounts The HEALab is beginning work on a ACT-i-Pass website this will be a new way to disseminate important information to families and service providers Service providers will be able to submit their program schedules electronically Participants can gather information and review FAQ's
Create, Distribute and Promote Tools & Resources	Share and Encourage Consistent Use of Existing CYN/HEHPA Resources Across Partner Organizatio ns	Partners will continue to bring resources to meetings to share with partners.	 More than 600 Recreation and Healthy Living resources have been distributed to families New resources are shared with the group on a regular basis This often happens following partner-to-partner training
	Create, Adapt, and Translate Tools and Resources	 Partners will bring forward resource items to develop, modify, and/or translate based on available resources and priority needs for the year. 	 The menu makers were updated to reflect the changes to Canada's Food Guide A dissemination plan was developed and the menu makers are being distributed in 2020
	 Resources that Support Healthy Eating and Physical Activity Opportuniti es 	Partners will explore designing toolkits that were created by partners to be added to the HEHPA resource list.	• The intent moving forward is to create toolkits for the equipment lending library

Strategies	Initiatives	Action Steps	Accomplishments and Variance
Create Healthy, Active Neighbourh oods	Engage London's Family Centre Neighbourh oods in	Partners will develop and implement communication strategies to connect neighbourhood working groups and organizations with Family Centres.	 Family Centre representatives regularly attend HEHPA meetings Two-way communication with Family Centres is the result HEHPA partners would like to develop a plan to further engage resident groups A plan will be put in place in 2020
	Promoting Resources and Initiatives that Align with HEHPA Goals and Outcomes	 Partners will review existing interventions and initiatives in Family Centres, and support identified opportunities for integration and alignment of HEHPA tools and resources. 	 Family Centres share HEHPA tools and resources with community partners Family Centres encourage the use of HEHPA resources during programming Family Centres participated in the Community Better Challenge
	Support Events and Initiatives of	Partners will continue, monitor, and revise previous year's activities as needed.	• The ParticipAction Community Better Challenge was a HEHPA initiative that many community partners took part in and promoted
	HEHPA Members that Contribute to a Culture of Healthy Living in Local Neighbourh oods	Partners will promote community-led and partner-led initiatives and activities that facilitate HEHPA habits at the neighbourhood level.	• Partners promoted community-led and partner-led initiatives and activities that facilitate HEHPA habits at the neighbourhood level
	Support Neighbourh ood-Level, Resident- Driven Working Groups in CYN Priority Neighbourh oods	Partners will explore collaboration with neighbourhood-level, resident driven working group.	 Worked with the City of London neighbourhood team to share HEHPA resources and information In 2020 HEHPA will explore how to collaborate with resident groups to achieve HEHPA goals and outcomes

Strategies	Initiatives	Action Steps	Accomplishments and Variance
Supporting and Promoting Local Research to Increase the Evidence Foundations of Local Initiatives	Identify and Evaluate Local Communtiy Based Initiatives that Demonstrat e Promising Practices Believed to Positively Impact Healthy Eating and Physical Activity Outcomes	Partners will convene a working group to determine need for new research projects to be supported by HEHPA priority.	 Partners decided to explore research projects as a HEHPA table, instead of striking a working group It was determined that as part of the 2020 Action Steps, partners would provide regular updates on research projects of interest to them for potential collaboration at the HEHPA table
Continuous Evolution of the HEHPA Plan to	Research and Reflection	 Partners will convene to identify what areas of research are of interest for the HEHPA priority. Areas of investigative interest identified by partners include but not limited to: youth perception of play, interrupting/reducing sedentary behaviour, overcoming risk aversion to outdoor play. 	• This action step was carried forward to 2020 and has become a standing agenda item
 Reflect Emerging Issues and Promising Practices 		Partners will reflect on findings from scoping review to identify new emerging issues and promising practices.	 Action Steps were to have been identified from the scoping review This will be considered for 2020

2020 Action Steps Healthy Eating & Healthy Physical Activity

Strategies	Initi	atives	Actio	on Steps
Support (Local) Policy Development/Advoca		Identify and Advocate for Policy Improvement Opportunities Within Local Organizations and Jurisdictions that Facilitate Better Healthy Eating and Physical Activity Outcomes	-	Partners will advocate for physical activity and nutrition policy in childcare, school and camp settings.
cy Projects Related to HEHPA Outcomes			-	Partners will explore and identify local opportunities which support national or provincial nutrition and physical activity policies.
	1		-	Partners will work with the Ontario Student Nutrition Program and ending poverty partners to utilize the school nutrition environmental scan and explore options to increase the availability of student nutrition programs in schools.
		Campaign Amongst CYN Partner Organizations to Model Healthy Lifestyle Habits	-	Based on need, partners will provide resources/training to help other partners model healthy lifestyle habits within their organizations.
	T		-	Partners will adopt or advocate for policies that align with Canada's Food Guide, or another acceptable standard be implemented in all programming, events, camps, etc.
			-	Partners will advocate for healthy eating & healthy physical activity through modelling behaviours of front line staff including; camp counsellors and coordinators, and program facilitators.
			-	Partners will advocate for standards and policies for programming that aligns with Canada's Food Guide.
			-	Partners will consider school wellness programs/policies and celebrate those successes (or seek to improve them).
			-	Partners will continue to celebrate successes through the CYN moments completed at each meeting.
			-	Partners will continue to model healthy lifestyle habits in their organizations and implement or advocate for policy changes from within where possible.
			-	Partners will explore a standard to use such as the Canada Food Guide or High5/Physical and Health Education Healthy Eating Toolkit.
Increase Education and Awareness Opportunities	+	Provide Coordinated Training and Education Opportunities		Partners will develop a schedule of presentations, to be made to the HEHPA tables that will cover topics that may include but are not limited to: healthy eating, physical activity, built environment, mental health, mindfulness, and cultural sensitivity and others as identified by HEHPA members.
Throughout The Community			-	Partners will expand training opportunities and continue to participate in partner-to-partner training.
			-	Partners will explore standardization of social media practices to promote HEHPA & other CYN initiatives.
			-	Partners will seek out internal and external service providers for information sharing on valuable information and different topics relevant to HEHPA outcomes on a quarterly/seasonal basis.

Strategies	Initi	atives	Acti	on Steps
		Improve Networking and Coordination Amongst Existing Food and Physical Literacy Programming		Partners will conduct a needs assessment for resource development to build into the agenda.
	1			Partners will conduct an evaluation of existing tools and resources.
			-	Partners will develop a dissemination plan for menu makers.
			-	Partners will increase networking opportunities and information sharing.
Support Improvement to the Built Environment		Support and Scale Up Built Environment Changes that Facilitate Better Physical Activity and Healthy Eating Outcomes		Partners will continue to collaborate with literacy partners to increase the number of community facilities with literacy and HEHPA elements and features integrated into built environment space.
Impacting HEHPA Desired Outcomes	1		-	Partners will explore the opportunity to implement/advocate for relevant sections of the Parks and Recreation Master Plan, as appropriate.
			-	Partners will work with the literacy priority table to explore the possibility of installing story strolls including Jean Vanier Catholic Elementary School, Westmount Public School, Westmount Family Centre and Jean Vanier Childcare.
Support Existing Collaborative Programs to Enhance	+	Support and Enhance Active and Safe Routes to School	-	Partners will continue to find ways to increase sustainability of the program.
Impact			-	Partners will increase equity in the program to improve accessibility to the program across the region.
			-	Partners will support the HEALab in their evaluation of the School Travel Planning program.
				Partners will support the piloting and evaluation of programs, such as Walking School Bus and Mascot Drop Zones.
	•	Support and Enhance the Grade 5 Act-I- Pass Program		Partners will continue to actively recruit new service providers using the ACT-i-Pass Service Provider website.
			-	Partners will continue to explore resources/strategies to reduce barriers identified in ACT-i-Pass evaluation (i.e. map of programming available).
			-	Partners will explore new opportunities for ACT-i-Pass information to be distributed.
Create, Distribute and Promote Tools & Resources	•	Share and Encourage Consistent Use of Existing CYN/HEHPA Resources Across Partner Organizations		Partners will develop a library of resources created and used by HEHPA members.
Resources			-	Partners will share relevant and emergent resources and information on a regular basis.

Strategies	Initiatives		Action Steps
	•	Create, Adapt, and Translate Tools and Resources that Support Healthy Eating and Physical Activity Opportunities	Partners will explore opportunities to translate resources or research into tangible summaries.
Create Healthy, Active Neighbourhoods	+	Engage London's Family Centre Neighbourhoods in Promoting Resources and Initiatives that Align with HEHPA Goals and Outcomes	Partners will continue to support synergies between Family Centres and the HEHPA priority.
		Support Events and Initiatives of HEHPA	Partners will explore developing a new program (like ACT-i-Pass) for youth and high school students.
	1	Members that Contribute to a Culture of Healthy Living in Local Neighbourhoods	Partners will explore ways to work with neighbourhoods to identify barriers to physical activity and active travel.
			Partners will promote community-led and partner-led initiatives and activities that promote healthy eating and physical activity.
			Partners will work with neighbourhood associations and Family Centres to promote and strengthen ACT-i-Pass.
		Support Neighbourhood- Level, Resident- Driven Working Groups in CYN Priority Neighbourhoods	 Partners will explore collaboration with neighbourhood-led, resident driven groups.
	1		Partners will explore establishing a list of neighbourhood associations and groups.
			Partners will explore the option of providing funding for neighbourhood groups that support HEHPA initiatives; for example printing promotional items or provide resources/promotion to enhance established initiatives.
Supporting and Promoting Local		Identify and Evaluate Local Communtiy Based Initiatives that Demonstrate Promising Practices Believed to Positively Impact Healthy Eating and Physical Activity Outcomes	 Partners will establish a Nutri-pass working group to explore the feasibility of implemention.
Research to Increase the Evidence Foundations of Local Initiatives	•		Partners will explore adoption of the Childcare PLAY policy in London/Middlesex County with an evaluation

Str	ategies	Initiatives		Action Steps		
	Continuous Evolution of the HEHPA Plan to	1	Research and Reflection		Partners will bring promising research to the HEHPA table.	
	Reflect Emerging Issues and Promising Practices			-	Partners will support a standing agenda item that includes sharing current research interests and projects.	

Family-Centred Service System

Family-Centred Service System

Introduction

2019 was a year of hard work and accomplishment from our community partners in the Family-Centred Service System. The CYN focused on increasing stability and being responsive to what was happening in and around our local system. Southwest Ontario Aboriginal Health Access Centre (SOAHAC) was named the lead agency for our Indigenous - led Child Care and Family Centre. The CYN endorsed an implementation plan for our Family Centres that contributes to moving our entire family-centred service system to high-performance. This plan built off our past 10 years of experience and focused our attention on identifying where we want to be and how we are going to get there. Partners began operationalizing transformative opportunities, such as EarlyON Child and Family Centres and examining our governance system. 2019 was the year the CYN moved its Literacy, Francophone, and Family-Centred Service System plans into action as we continued on our journey to high-performance. Partners also developed and endorsed a new funding framework for our Family-Centred Service system. This framework comes with new reporting requirements and will bring about positive changes to the way our system operates.

2020 is shaping up to be a year of stability for the system as we focus on continuing to become a high-performance system.

Chair(s)

Cheryl Smith, The City of London

Vision

In every London neighbourhood residents will open a single door to multiple opportunities that support children and families in achieving their full potential. These opportunities will be identified by the neighbourhood and implemented according to evidence-informed best practices using an integrative, inclusive, and holistic approach.

Goal

To make it easier for London's children, youth, and families to participate fully in their community and to find and receive the services they need.

Examples of Success

Families

- "This space is so amazing to have access to. What a wonderful way to build relationships with partners in the community and families. "- From a teacher using the space for the first time with students.
- "I'm so happy I made the decision to come in for playgroup. I was so nervous and called first and the staff made feel like it was something I should try. Not only did that same person greet me when I came, she offered me a spot to just sit back and watch until I was comfortable to make my way into the playroom with the other children and families. I will definitely be back!"- A first time mom nervous to get out into the community after spending a long time at home.
- "I was nervous bringing my older son to a playgroup, he's supposed to be in kindergarten but has been having some major health issues and can't attend until supports are in place. I explained what was happening with him to a connector and to my surprise, she had a connection to support at the hospital I didn't know about, and she gave me the phone number and name of someone to contact. I was so appreciative and felt so good about the warm and welcoming way I was able to talk about our situation and get that extra support we really need."- A mom with a young child in need of services.
- "The staff at this centre are great, very caring and friendly with the children and parents. Love that there is a place for my baby to interact with other children and explore all the toys. The Infant Playgroup is so much fun and love the structure of the play group. It is one hour of fun packed play, singing and reading".

Service Providers

- "Wednesday afternoons at Family Centre Argyle are typically busy, Craigwood Youth Services runs their Talk-in Clinic and LUSO Community Services runs a girls group after school. It is because these two programs run simultaneously that we have been able to connect several girls to both programs with ease. On more than one occasion a young lady who is coming in to see the councilor at the Talk-in Clinic, has noticed the girls in the LUSO group laughing, singing and talking in our large group room. This has provided the connector an opportunity to tell them about LUSO's Shake and Bake program and introduce them to the leader and the group. It is rewarding to see girls return the following week to attend group and to watch as they develop friendships and relationships in a safe, welcoming space".
- "The Talk-in councilor, in turn, also checks in with the group every couple of weeks to see how everyone is doing which has resulted in several girls meeting with her on their own before or after group. It is because both these programs are being offered at the same time that we have been able to connect girls both programs in a warm, intentional way that feels almost seamless".
2019 Action Steps Family-Centred Service System

Strategies	Initiatives	Action Steps	Accomplishments and Variance
Develop a Network of	Family Centres	Partners will open Family Centre East London at Blessed Sacrament Catholic Elementary School.	• The construction of Family Centre East London has not yet started
Family Centres to Provide Identifiable, Accessible, Family- Friendly Access Points to the Service System		Partners will work with SOAHAC and the Journey Together Indigenous Planning Committee to open an Indigenous-led licensed Child Care and Family Centre.	 Land was purchased by the City of London Land was cleared and ownership was transferred to SOAHAC to construct a child care and family centre The name Nshwaasnangong Family Centre and Child Care was given through a ceremony led by Visiting Healer Richard Assinewai (Animkii-Ankwad/Thunder Cloud) from Wikwemikong Land Blessing Ceremony held and construction started for the building of Nshwaasnangong Child Care and Family Centre in 2019
	Community Connectors	The Community Connector System Coordinator will expand delivery of the Community Connector Curriculum to increase the number of trained Community Connectors in Family Centres and partner organizations throughout the community.	 Held one Community Connector Training session Welcomed five new members to the Community Connector community: Two from the City of London Two from Childreach One from Family Centre Westminster Initiated the Community Connector in Licensed Child Care Initiative, with the help of the Licensed Child Care Affordability Pilot - Capacity Building/Specialty Projects grant This workshop is based off of the Community Connector curriculum The workshop helped to build bridges with the child care sector to increase their awareness and understanding of the Family Centres and provide the educators with additional tools and supports (including access to Community Connectors) as they support the families in their centres Held 11 workshops in Family Centres and one in Middlesex 118 individuals were in attendance, 95 of whom represented the licensed child care sector in London and Middlesex

Strategies	Initiatives	Action Steps	Accomplishments and Variance
		The Community Connector System Coordinator will increase public visibility of the Community Connector to ensure families understand and access services through this role.	 The Community Connectors were highlighted through a series of conversations with Fanshawe College via their Innovation Village concept Fanshawe College is exploring the possibility of developing a network of connectors on campus; this raises the visibility of Community Connectors
	▲ Community Engagement	Family Centre lead agencies, with support from other partners, will participate in a collaborative planning to ensure that families have seamless and easily accessible supports and services.	 Collaborative planning took place with over 50 community partners, through our network of subcommittees, particularly: Measurement and Evaluation Neighbourhood Engagement Governance and Accountability Strategic Collaboration Tables Lead Agency Meetings Through this collective planning, the System was able to continue to provide seamless access to supports and services across London. The City of London launched a comprehensive engagement strategy for our Child Care and Early Years plan Members of the public told partners and lead agencies what services and supports require strengthened accessibility
		 Partners will confirm a common approach to engaging parents/caregivers using a community development approach. 	 The Neighbourhood Engagement subcommittee developed and received endorsement for a common definition of community engagement This definition will now be used throughout the Family-Centred Service System
		Partners will continue to seek leadership opportunities for residents in existing Family Centre Neighbourhoods.	 Partners sought opportunities for residents to improve their skills The components of How Does Learning Happen and Child Voice were included in community events and resident meetings
		Partners will contribute to a comprehensive review of Resident Engagement Tables.	 The Neighbourhood Engagement subcommittee focused on other priorities in 2019 This action step will be revisited in 2020, where it will be decided what a review could look like and whether or not it is necessary

Strategies Initiatives	Action Steps	Accomplishments and Variance
	Partners will contribute to an in depth review of the Strategic Collaboration Table Process in order to ensure consistency across the system in line with a common experience.	 The Neighbourhood Engagement subcommittee focused on other priorities in 2019 This work will continue in 2020, as part of the Common Experiences Document, as to: Whether the Strategic Collaboration Table process needs to be reviewed and revised for consistency across the system
	Partners will contribute to embedding children's voices in their day-to-day practice and will work towards strengthening child voice in practice across the Family-Centred service system.	 The focus of the 2019 Literacy Conference was Child Voice. Karyn Callaghan delivered a keynote address, focusing on listening to the many voices of children and using documentation to reflect back to them that they are important contributors The framing questions for the day were to: Understand how we honour children and youth in our community What more we can do locally Explore what it might look like to engage Londoners in the development of a local Charter of Rights of Children and Youth Some reflective answers that came up throughout the day included: Asking questions Being curious and not jumping in with solutions Helping challenge what children already know through the language we use Building a culture where adults effectively observe, listen to, and reflect on what children as competent and trusting their requests Providing environments where children can be free to express themselves Other areas where the Family-Centered Service System worked to embed Children's voices into daily work and practice was around: Indigenous Child Voice Youth Framework Youth Project Design Community Development Approach

Strategies	Initiatives	Action Steps	Accomplishments and Variance
		Partners will participate in a high-level review of Campus for Communities Training as it aligns with current community development practices.	 After careful analysis at the FCSS subcommittee level it was determined that the Interprofessional Community of Practice Subcommittee would evaluate the Campus for Communities training in 2020 to: Determine feasibility as a tool for training new staff and volunteers Provide refresher training for existing staff and volunteers
		Partners will work to update their existing service plans and seek consistency across Family Centre Neighbourhoods in collaboration with London families and service system partners.	• Preliminary discussion began at the Lead Agency Table about updating existing services plans; it was determined that further discussion is needed so the remainder of this action step has been deferred to 2020
	Neighbourh ood Planning	Partners will provide advice and support for the revision of common neighbourhood engagement policies and protocols and marketing and communication policies and protocols.	 Established a network of subcommittees including: Neighbourhood Engagement Marketing and Communications Began the process of developing common neighbourhood engagement policies and streamlined marketing and communication tools and resources A common definition of neighbourhood engagement was endorsed at the Family-Centred Service System level This work will continue in 2020
		Partners will provide support for the review and revision of Service Plan Agreements and other relevant policies and protocols to bring them in line with current trends while making sure they comply with relevant regulations.	 As part of the subcommittee process, partners discussed revisions to the service plan It was decided that this activity would be undertaken by the Governance and Accountability subcommittee and would occur in 2020 Other policies and procedures are being updated as needed by each subcommittee

Strategies	Initiatives	Action Steps	Accomplishments and Variance
	Public Awareness of Family Centres	Partners will co-lead a review of current system tools and their appropriate usage within the community.	 Partners took stock of current system tools and resources to understand how they are used and why they are used The overall goal is to create a new, streamlined system-wide reporting tool that would work for everyone Partners participated in a process to determine: What marketing and communications elements are being used What would be useful moving forward How best to address the need This work will continue in 2020
		Partners will contribute ideas, suggestions, and resources where applicable to the redesign and redevelopment of familyinfo.ca.	• Partners provided input into the redesign/redevelopment of familyinfo.ca
		 Partners will participate in the development and promotion of a Public Awareness Campaign for Family Centres. 	 Preliminary work on a campaign was started in 2019 Work will continue on this initiative in 2020
Move Beyond Collaboratio n, Coordinatio n and Co- Location to an Integrated, Family- Centred Model of Service Delivery*	Continuous Communicat ion and Information Sharing Between Partners	 Partners will actively participate in reviewing/ revising the Interprofessional Community of Practice. 	 The Interprofessional Community of Practice subcommittee reviewed and revised the IPCP Tool Kit Began exploring the development of activities to support ongoing engagement in interprofessional communities of practice at the neighbourhood and governance levels Finalized the new members checklist Work in all of these areas will continue in 2020
		 Partners will assist in reviewing appropriate uses for the IPCP Facilitator Toolkit. 	 The interprofessional Community of Practice subcommittee reviewed and revised the tool kit Preliminary discussions were held to begin reviewing appropriate uses for the IPCP facilitators tool kit These conversations will continue in 2020

trategies	Initiatives	Action Steps	Accomplishments and Variance
		Partners will provide strategic advice and establish networks to ensure system-wide continuous communication is in place at all levels.	 Developed a network of subcommittees in areas such as: Common Experiences Marketing and Communications Governance and Accountability Lead Agency Table System-wide continuous communication should be built into each subcommittee and happen over time More purposeful discussion will happen in 2020
	System Capacity Building	 Partners will develop, implement, and participate in capacity building for How Does Learning Happen (HDLH). 	 Partners had an opportunity to focus on capacity building for how Does Learning Happen through the 2019 Literacy Conference The focus of the conference was Child Voice Other capacity building sessions were held including one on facilitation skills In the future, it is intended that individual organizational training, will be made available to all CYN members
		Partners will hold a network wide capacity building opportunity for CYN partners to learn more about the services other partners provide and potential points of intersection.	 This initiative was deferred to future FCSS meetings Opportunities to share and explore points of intersection will occur as part of the interprofessional Community of Practice Partners continued to use an interprofessional approach to ongoing planning for the Family Centres as part of their regular Strategic Collaboration Table Process including: approaches to better understand each other's scope of practice involving parents and care givers in decision making about activities, programs and services at the Family Centre
	Service System Governance	 Partners will co-lead a detailed review and update of the Common Experiences document including: roles/ responsibilities, approach, core and non-core functions, quality standards, definitions, functions, programs, services, design/specs, etc. 	 As part of a system of subcommittees to move our Family-Centred Service System to high performance, the Common Experiences Subcommittee redefined the FCSS Core Functions and began a complete revision of the Common Experiences Document Headings and proposed content were developed The report was not completed, as it requires input from other subcommittees The document will be completed in 2020

Strategies	Initiatives	Action Steps	Accomplishments and Variance
		Partners will participate in redefining structures, roles, and responsibilities.	 The Governance and Accountability Subcommittee began reviewing and revising roles and responsibilities for all FCSS partners The subcommittee began to revise the structure of meetings, and subsequent documents such as the partnership agreement, service plans, and other relevant material
		 Partners will provide support for a review and update of the Memorandum of Understanding to ensure that it continues to reflect the services of all our partners. 	 The Governance and Accountability Subcommittee began reviewing and updating the Memorandum of Understanding to ensure that the roles and responsibilities are reflective of the service of all FCSS partners Work will continue in 2020 to finalize the agreement and ensure that every partner sees themselves in the document
		Partners will support the development and implementation of the Family Centre EarlyON Francophone model.	 A Family Centre EarlyON Francophone model was developed, endorsed and implemented La Ribambelle led the development and implementation; and partners participated in the roll-out French language books were purchased for all Family Centres; partners helped select relevant signage that would be displayed in both languages and the option to have French connectors was explored
		Partners will support the development and implementation of the Family Centre EarlyON Literacy model.	 A Family Centre EarlyON Literacy model was developed and endorsed, with implementation starting in January 2020 Developed a strategy to use Literacy funds within EarlyON Drafted a detailed implementation plan with Leads table and Literacy Priority table that was endorsed by FCSS
		Partners will support the development and implementation of the Family Centre EarlyON model.	 A Family Centre EarlyON model was developed and endorsed in 2019 Phase one of the funding model was implemented in January 2020, with phase two of implementation planned for 2021 Model changed some program locations and expanded catchment areas A new standard funding agreement between the City of London and community partners was developed and implemented to streamline process and decrease administrative burden

Measureme nt and		
Evaluation	Partners will co-lead a review of the Common Referral Tool to identify next steps.	 The FCSS Measurement & Evaluation Subcommittee engaged in a full review of data collection practices at each Family Centre Forms, tools used, tracking systems and data elements were collected and reviewed for consistency Partners identified the desire for consistent practices across all sites, which guided the Subcommittee to begin a redesign of data collection tools and processes A new suite of Common Tools was developed based on the engagement work that included the following: Referral Tracking Form and Referral Data Tracking Family Centre Tracking Form and Family Centre Data Tracking Adjustments to EarlyON Sign-In form Reference guides The implementation of the new Common Tools will incorporate regular checkins for feedback to ensure that the new tools and processes are working well for partners In the future, digital solutions to data collection and tracking will be further explored
	Partners will contribute to the re-development of a FCSS Measurement & Evaluation Framework.	 Preliminary brainstorming sessions were conducted to develop the structure and content of the FCSS Measurement & Evaluation Framework Draft indicators and metrics were created for the Family-level perspective and will need further review to refine and finalize In the future, the Measurement & Evaluation Framework will grow to encompass System-level indicators and metrics

Strategies	Initiatives	Action Steps	Accomplishments and Variance
		Partners will participate in a review/redesign of a Family Centre Tracking System.	 The FCSS Measurement & Evaluation Subcommittee engaged in a full review of data collection practices at each Family Centre The review identified inconsistencies across sites in terms of forms, tools used, tracking systems and data elements collected Partners identified the desire for consistent practices across all sites, which guided the Subcommittee to begin a redesign of data collection tools and processes A new suite of Common Tools was developed based on the engagement work that included the following:
			 Referral Tracking Form and Referral Data Tracking Family Centre Tracking Form and Family Centre Data Tracking Adjustments to EarlyON Sign-In form Reference guides
			• The implementation of the new Common Tools will incorporate regular check- ins for feedback to ensure that the new tools and processes are working well for partners
			 In the future, digital solutions to data collection and tracking will be further explored
	1 🛉 1	 Partners will participate in and advise on the CYN Shared Measurement Initiative and be responsible for implementing the new framework once developed. 	 FCSS partners were asked to sit on the Shared Measurement Advisory Committee to guide the development of the framework A lead was selected for each FCSS initiative Partners received an overview of the model
		Partners will provide evidence based information for the creation of an Integrated Intake process.	 This action step was put on hold as the priority for the Measurement & Evaluation Subcommittee was developing key foundational elements of the work plan prior to investigating the integrated intake process This action step will be explored in 2020

Strategies	Initiatives	Action Steps	Accomplishments and Variance
		Partners will provide strategic advice in order to review, edit, and expand Family Centre Surveys.	 Engagement with all Family Centre Strategic Collaboration Teams were conducted as a preliminary step to review the Family Centre Surveys Engagement discussions were focused on Participant/Family-Level surveys at this time and sought feedback from partners on format and questions In the future, feedback from Family Centres will be collated and presented to the Measurement & Evaluation Subcommittee for further review and to examine next steps in the survey re-development System-level surveys will be explored in 2020

2020 Action Steps Family-Centred Service System

Strategies	Initi	atives	Acti	on Steps
Develop a Network of Family Centres to Provide Identifiable,	1	Family Centres	-	Be responsive to directions and plans for neighbourhood engagement, service planning, construction, and/or opening of a new Family Centre in London East.
Accessible, Family- Friendly Access			-	Finalize construction and open doors to Nshwaasnangong Childcare and Family Centre.
Points to the Service System	+	Community Connectors	-	With partners, the Community Connector System Coordinator will assess the Community Connector function across the Family-Centred Service System and support adaptations that increase effectiveness and high performance.
			-	With partners, the Community Connector System Coordinator will continue to develop qualitative measurement practices for the Family- Centred Service System.
			-	With partners, the Community Connector System Coordinator will operationalize Referral and Tracking across the Family-Centred Service System.
			-	With partners, the Community Connector System Coordinator will provide sufficient Community Connector capacity to meet operational needs in Family Centres.
			-	With partners, the Community Connector System Coordinator will sustain the Community Connector training platform.
	•	Community Engagement	-	Partners will embed children's voices into day-to-day practices and will support the development of a strategy / plan for the exploration of the integration of voices of children and youth in London.
			-	Partners will engage as Family Centre Teams in each Family Centre catchment area for developing and implementing collaborative service plans to support the provision of seamless and accessible supports and services for families.
			-	Partners will evaluate the Campus for Communities training to determine feasibility as a tool for training new staff and volunteers, as well as, for providing "refresher training" for existing staff and volunteers.
			-	Partners will promote the updated design and functionality of familyinfo.ca as the first stop for families to access online information about services and supports.
			=	Partners will utilize community development approaches for understanding and supporting assets and opportunities when engaging children, youth, and families in Family Centre neighbourhoods.
	1	Neighbourhood Planning	-	Partners will conduct targeted engagement of elementary schools in Family Centre catchment areas to increase awareness in service planning.
			-	Partners will continue to develop and renew neighbourhood service plans to reflect evolving needs and opportunities in neighbourhoods.
			-	Partners will engage new organizations and families in neighbourhood planning through one-to-one mentorship and relationship building using Family-Centred Service System engagement and onboarding tools.
			-	Partners will finalize Neighbourhood Engagement section of the Service Plan, including the "Building a Neighbourhood Engagement Culture for Family Centres" and determine the best place to house this resource so it is accessible.

Strategies	Initiatives	Action Steps
	Public Awareness of Family Centres	Partners will articipate in the development and promotion of a Public Awareness Campaign for Family Centres.
		Partners will assess the implementation of the new guidelines within Family Centres and with staff and partners to ensure effectiveness and identify any emerging needs or roadblocks.
		Partners will communicate and rollout the new brand system and tools to all Family Centre and CYN partners, including email communication and in-person training session.
		Partners will complete the planning and development of the brand system and the development of visual assets, system-wide materials, and Family Centre tools and templates, including website design elements, functionality, and promotion for familyinfo.ca.
		Partners will finalize analysis and planning to identify the marketing and promotional needs of all Family Centres, including promotional templates and system-wide assets.
		Partners will implement guidelines for Family Centre promotion, including a voice, tone, and style guide, usage guidelines for the tools, and use of system by which all of the assets are categorized, stores and shared) into operational practice of Family Centres.
Move Beyond Collaboration, Coordination and Co-	Continuous Communication and Information Sharing	 Partners will facilitate effective communication to increase service system capacity through participation in system-level and neighbourhood-level meetings, promotion via online tools (including CYN e-bulletins, Family Centre Eblasts, and social media platforms, among others).
Location to an Integrated, Family- Centred Model of	Between Partners	Partners will finalize refinement of Inter-Professional Communities of Practice curriculum.
Service Delivery*		Partners will update CYN Referral Maps to ensure service providers' capacity to provide accurate and timely referrals to families.
	System Capacity Building	Partners will explore opportunities to promote system-wide professional learning opportunities.
		Partners will host a network-wide capacity building opportunity to share and celebrate collective efforts towards moving the Family-Centred Service System to high performance.
		Partners will use the Inter-Professional Communities of Practice curriculum as the foundation for service planning and neighbourhood planning across the system.
	Service System Governance	Partners will advise on the development of a digital solution for Family Centre participant and program tracking.
		Partners will contribute to the redevelopment of a Family-Centred Service System Measurement and Evaluation Framework.
		Partners will finalize, endorse, and implement policies and practices of the refined Family Centres Common Experiences Report.
		Partners will finalize, endorse, and implement policies and practices of the refined Family-Centred Service System Memorandum of Understanding.
		 Partners will hold an annual review meeting to share results and plan for the next year.

Strategies	Initiatives	Action Steps	
		Partners will participate in information and referral tracking and will use the data to make informed decisions about addressing service gaps.	
		Partners will participate in the Child and Youth Network Shared Measurement Framework.	
		Partners will provide strategic advice in order to review, edit, and operationalize Family Centre evaluations, including Family Centre Surveys.	
		 Partners will review and recommend updates to Family Centre Partnership Agreements. 	
		 Partners will support the implementation of The Early Years Funding Model. 	
		 Partners will support the implementation of The EarlyON Literacy Model. 	
		 Partners will support the implementation of The ON y va Francophone Model. 	

Community-level Impact

This section articulates what the CYN has learned about its community-level impact in 2019. At priority meetings, partners are asked to complete a *CYN Moments* worksheet. *CYN Moments* provide an opportunity for partners to share how they contribute to the collective work throughout the year. These stories have been themed to better understand how we are changing individually and collectively to make a larger impact in our community. Below are the overall themes that are consistent across all of our priorities. Each theme has 2-3 quotes taken directly from partners.

Theme 1: Programs

Partners are planning, implementing, promoting, and modifying their programs to align with our collective outcomes

- "(The Learning Disabilities Association London Region has a) 3 year focus on financial literacy and the creation of a multi-grade activity toolbox."
- "Go Green Travel Clean project was implemented at Sir Arthur Currie. Partners worked with Grade 10 students from the Environmental Leaders Project at TVDSB and grade 5 students from Sir Arthur Currie with the objective of increasing active travel and reducing vehicular emissions around the school."
- "Through a flow of support to and from Harvest Bucks and Food Families we continue to transition families to self-lead lower cost access to fresh food. This results in more resources in new areas of reducing barriers to support families transitioning out of poverty" South London Neighbourhood Resource Centre
- "HEAL received a 5 year grant from the Canadian Institute of Health Research to conduct a longitudinal research on the influence of the school travel plan on children's travel behaviors, physical activity and exposure to pollution around schools."

Theme 2: Community Involvement

Partners are working directly with residents to better serve the community

- "I was nervous bringing my older son to a playgroup, he's supposed to be in kindergarten but has been having some major health issues and can't attend until supports are in place. I explained what was happening with him to a connector and to my surprise, she had a connection to support at the hospital I didn't know about, and she gave me the phone number and name of someone to contact. I was so appreciative and felt so good about the warm and welcoming way I was able to talk about our situation and get that extra support we really need" A mom with a young child in need of services.
- "Salvation Army Westminster Park hired an iRead Director with the intent of expanding the school aged literacy support program in the area."
- "The centre has recently transitioned its emergency food cupboard into a 'market' in which individuals can choose items they may need. Along with fresh produce partnership we are able to provide fresh fruits and vegetables as a free option as well. We are also including some of the CYN food based resources to our clients shopping in the market, such as fact sheets, recipes, and further resources" Glen Cairn Community Resource Centre

Theme 3: Collaboration

Partners are working together on new initiatives and research projects

- "I have been a clinic coordinator for many years in London helping people file their taxes. The clinic coordinators have never collaborated in a way like we were asked to do today. Thank you for bringing us all together."
- "22 schools in the Thames Valley District School Board continue to implement the Strong Start Letters, Sounds and Words program to SK, Gr.1 and Gr.2 students to give them a literacy boost to get them on track with literacy acquisition. Two grants from LCF and Sifton are enabling us to expand and the TVDSB will be increasing the number of schools involved in the fall of 2019. We continue to train community volunteers to be engaged in making a difference."

Child & Youth Network Impact

In 2019, our Shared Measurement Committee met eight times to refine and approve the development of two shared measurement tools: a planning tool and an impact review tool. Both tools were created using evidence informed research. The second half of 2019 including testing both the planning and the impact review tools with partners and developing a platform to collect all necessary information. The Shared Measurement Committee is excited for 2020, which will include the launch of the online platform and partners will begin using the shared measurement tools that have been developed.

As part of the Shared Measurement implementation in 2020, the CYN Project Planning Process will be used moving forward to guide how the CYN plans, implements, assesses, and reports on initiatives and projects. This process will be integrated into CYN general meetings and CYN priority meetings to ensure process reinforcement.

There are four steps for using the project planning process, which include:

- 1. **Planning** The planning process is the first step to begin a CYN project or initiative. This includes completing the Planning Tool to identify the target group of a project or initiative, articulate the need and define the case for support, create a shared measurement framework and shared measurement plan, and prepare work plan for implementation. The CYN Shared Measurement online platform will be used to guide the planning process.
- 2. Implementation Once a plan is created, the CYN initiative or project will move to implementation, during which CYN partners will work collaboratively on project activities and actions. During this step, the developed plan should be regularly referred to and updated to ensure activities stay on track.
- 3. **Assessment** It is important to reflect on and assess the implementation of a project or initiative throughout the implementation process to ensure improvements or course corrections are made where needed. Ongoing assessment also helps to make reporting easier at the end of the year, as well as at the end of a project or initiative. CYN partners are encouraged to assess the implementation of a project or initiative and make course corrections where required on a quarterly basis. The questions found in the CYN Shared Measurement online platform will assist in the assessment process.
- 4. **Reporting** Annual reporting is the last step and this is supported by the Impact Review Tool in the online platform. On an annual basis, results from projects or initiatives will be reported on using the CYN Shared Measurement online platform.



Child & Youth Network Budget

Below you will find a summary of the CYN's 2019 budget. The Strategy Budget column outlines the total financial allocation that was provided by different partners to support the various strategies under each priority. The green arrows indicate that CYN strategies and initiatives are still in progress; this aligns with the end date of the *Child & Youth Agenda*: 2017-2021. Please note that this summary does not include the thousands of in-kind hours CYN partners contribute annually to support each of these strategies and initiatives.

Strategy and Initiative Budget Report

 Baby's Book Bag Making Literacy a Way of Life Healthcare Provider Engagement Making Literacy a Way of Life Literacy-focused Wraparound Project Making Literacy a Way of Life CYN Youth Project Design (YDP) Making Literacy a Way of Life Community-wide, Coordinated model to Increase Secondary School 	\$16,000 \$20,000
Making Literacy a Way of Life Literacy-focused Wraparound Project Making Literacy a Way of Life CYN Youth Project Design (YDP) Making Literacy a Way of Life	\$20,000
Making Literacy a Way of Life CYN Youth Project Design (YDP) Making Literacy a Way of Life	\$20,000
Making Literacy a Way of Life	\$20,000
Community-wide. Coordinated model to Increase Secondary School	
Graduation Rates Making Literacy a Way of Life	
Community-wide Literacy Education Campaign Making Literacy a Way of Life	\$13,500
Build Literacy-Rich Environments and Integrate Literacy into Community Spaces Across the City Making Literacy a Way of Life	
Make it Easier for Families to Access Literacy Services, Supports and Programs Making Literacy a Way of Life	
Continuous Learning/Education, Knowledge Mobilization and Supports for Community Partners and Professionals Making Literacy a Way of Life	\$10,000 (EarlyON Budget)
•	Community-wide Literacy Education Campaign Making Literacy a Way of LifeBuild Literacy-Rich Environments and Integrate Literacy into Community Spaces Across the City Making Literacy a Way of LifeMake it Easier for Families to Access Literacy Services, Supports and Programs Making Literacy a Way of LifeContinuous Learning/Education, Knowledge Mobilization and Supports for Community Partners and Professionals

	 Participation and Alignment with Existing Networks and Partnerships in London to Increase Collective Effectiveness Making Literacy a Way of Life 	
Reducing the Impact of Poverty Ending Poverty	Food Families Ending Poverty	\$40,792
	Access to Basic Needs Supports in Neighbourhoods Ending Poverty	
	Scale up the Impact of Harvest Bucks Ending Poverty	
Breaking the Cycle of Poverty Ending Poverty	Financial Empowerment Ending Poverty	\$52,623
	Supporting At-Risk Youth Ending Poverty	
	Supporting School-Aged Newcomers Ending Poverty	
Changing Mindsets Ending Poverty	Poverty Over London/ifyouknew.ca Ending Poverty	\$32,368
	Community Workshops and Training Ending Poverty	
System Change Ending Poverty	Research and Advocacy Ending Poverty	\$46,500
	Supporting Londoners with Lived Experiences to Lead/Participate in Community Decision Making Ending Poverty	
	Vibrant Communities Ending Poverty	
 Support (Local) Policy Development/Advocacy Projects Related to HEHPA Outcomes Healthy Eating & Healthy Physical Activity 	 Identify and Advocate for Policy Improvement Opportunities Within Local Organizations and Jurisdictions that Facilitate Better Healthy Eating and Physical Activity Outcomes Healthy Eating & Healthy Physical Activity 	
	Campaign Amongst CYN Partner Organizations to Model Healthy Lifestyle Habits Healthy Eating & Healthy Physical Activity	
 Increase Education and Awareness Opportunities Throughout The Community Healthy Eating & Healthy Physical Activity 	Support the Middlesex-London in motion [™] Social Marketing Strategy Healthy Eating & Healthy Physical Activity	\$2,442

	 Explore Development and Implementation of a Community Cooking Challenge Healthy Eating & Healthy Physical Activity 	
	Provide Coordinated Training and Education Opportunities Healthy Eating & Healthy Physical Activity	
	 Improve Networking and Coordination Amongst Existing Food and Physical Literacy Programming Healthy Eating & Healthy Physical Activity 	
	Support and Enhance www.inmotion4life.ca Healthy Eating & Healthy Physical Activity	
 Support Improvement to the Built Environment Impacting HEHPA Desired Outcomes Healthy Eating & Healthy Physical Activity 	 Support and Scale Up Built Environment Changes that Facilitate Better Physical Activity and Healthy Eating Outcomes Healthy Eating & Healthy Physical Activity 	
Support Existing Collaborative Programs to Enhance Impact Healthy Eating & Healthy Physical Activity	Support and Enhance Active and Safe Routes to School Healthy Eating & Healthy Physical Activity	\$10,321
	Support and Enhance the Grade 5 Act-I-Pass Program Healthy Eating & Healthy Physical Activity	
Create, Distribute and Promote Tools & Resources Healthy Eating & Healthy Physical Activity	 Share and Encourage Consistent Use of Existing CYN/HEHPA Resources Across Partner Organizations Healthy Eating & Healthy Physical Activity 	\$4,670
	 Create, Adapt, and Translate Tools and Resources that Support Healthy Eating and Physical Activity Opportunities Healthy Eating & Healthy Physical Activity 	
Create Healthy, Active Neighbourhoods Healthy Eating & Healthy Physical Activity	 Engage London's Family Centre Neighbourhoods in Promoting Resources and Initiatives that Align with HEHPA Goals and Outcomes Healthy Eating & Healthy Physical Activity 	
	 Support Events and Initiatives of HEHPA Members that Contribute to a Culture of Healthy Living in Local Neighbourhoods Healthy Eating & Healthy Physical Activity 	
	 Support Neighbourhood-Level, Resident-Driven Working Groups in CYN Priority Neighbourhoods Healthy Eating & Healthy Physical Activity 	
 Supporting and Promoting Local Research to Increase the Evidence Foundations of Local Initiatives Healthy Eating & Healthy Physical Activity 	 Identify and Evaluate Local Community Based Initiatives that Demonstrate Promising Practices Believed to Positively Impact Healthy Eating and Physical Activity Outcomes Healthy Eating & Healthy Physical Activity 	\$9,116

Continuous Evolution of the HEHPA Plan to Reflect Emerging Issues and Promising Practices Healthy Eating & Healthy Physical Activity	Research and Reflection Healthy Eating & Healthy Physical Activity	
 Develop a Network of Family Centres to Provide Identifiable, Accessible, Family-Friendly Access Points to the Service System 	Family Centres Family-Centred Service System	\$596,539
Family-Centred Service System	Community Connectors Family-Centred Service System	
	Community Engagement Family-Centred Service System	
	Neighbourhood Planning Family-Centred Service System	
	Public Awareness of Family Centres Family-Centred Service System	
Move Beyond Collaboration, Coordination and Co-Location to an Integrated, Family-Centred Model of Service Delivery*	Continuous Communication and Information Sharing Between Partners Family-Centred Service System	\$271,431 *This also includes resources to support the administrative functions of the CYN
Family-Centred Service System	System Capacity Building Family-Centred Service System	
	Service System Governance Family-Centred Service System	
	Measurement and Evaluation Family-Centred Service System	

Moving Forward

The CYN Progress Report is an opportunity for the Network to celebrate and take note of the great work that was achieved collectively. The cumulative effect of this work has led to positive impacts on children, youth, and families in London over the last 12 years.

This past year was one of strengthening partnerships and continued growth. The CYN focused on scaling up successful projects, refining the collective approach, and using new approaches to start initiatives that will continue to spark passion and excitement across the community.

I am thoughtful about the good work that's been completed, and the momentum that that has been created in our community that continues to drive the CYN towards the collective vision. This energy is going to drive the good work that will come in 2020 and beyond. The CYN works for families, and with families, by harnessing and focusing collective action. I am proud to serve as the chair for London's Child & Youth Network.

Cheryl Smith

Chair, London's Child and Youth Network