

**IT ALL STARTS WITH
WORDS**
2000wordstogrow.ca

2000 Words to Grow is focused on creating happy, healthy children and youth in our community. Outdoor play and 2000 words can help children reach their full potential. Join in the discussion on social! Choose posts from the list below that are important to you or write your own to contribute to the conversation.

Please include hashtags like #Idnont and #2000Words to extend the reach of your posts. Feel free to include a photo or an image from the assets provided on the campaign toolkit to generate higher engagement.

Posts:

Going camping this summer? Telling stories around a campfire is a great way to add more words. www.2000WordstoGrow.ca [#2000Words](#) [#Idnont](#)

Rainy day blues? Get outside anyway! Sing, dance and play together in the rain. [#2000Words](#) [#Idnont](#) www.2000WordstoGrow.ca

We all want our kids to reach their full potential. [#2000Words](#) an hour can help. www.2000WordstoGrow.ca [#Idnont](#)

School is out. Don't forget that you're one of your child's most important teachers! www.2000WordstoGrow.ca [#2000Words](#) [#Idnont](#)

Help them climb their way to the top with [#2000Words](#) an hour. www.2000WordstoGrow.ca [#Idnont](#)

Take a hike! Find a new trail to explore this summer and talk about the trees, birds and animals you see. [#2000Words](#) [#Idnont](#)

Spending time outdoors with your kids is a great way to give them a new perspective. [#2000Words](#) [#Idnont](#)

Spending time outdoors exploring nature can lead to happier, healthier kids. And great conversations! www.2000WordstoGrow.ca [#2000Words](#)

When they grow up, they'll teach their children what you taught them. Make [#2000Words](#) part of your daily life. www.2000wordstogrow.ca

Give them [#2000Words](#) an hour and they'll be less afraid to try something new! [#Idnont](#) www.2000wordstogrow.ca